

## Practical Disposition Solutions For Kids



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## Practical Disposition Solutions For Kids

### *“Innovative alternatives to commitment”*

This manual is designed for judges, probation officers, state attorneys and juvenile defenders who interact with children in the delinquency system in Florida. It is designed to provide cost effective solutions as opposed to commitment. It gives imaginative and resourceful solutions that hold children accountable but still inspire them towards rehabilitation.

### **Probation**

For most misdemeanors and many nonviolent felonies, the judge may place the child on probation with the usual list of sanctions such as a being home by curfew, paying restitution, and attending school. The judge may also want to add child specific sanctions and tasks that help a child understand the natural consequences of his or her actions and to develop empathy for the victim. In other words, the court needs to determine what motivates the child and what serves as a deterrent in order to design the child’s tasks, much the same as a parent who knows that taking away TV for one child is not as effective as limiting the internet for another. Get enough input from the parents, probation officer and the child to design child specific plans. Some of the conditions of probation can also be a reward for certain behavior. As parents of teenagers know, it often helps to simply have a positive reward system for positive behavior. “If you unload the dishwasher, I will let you go to the mall for an hour.”

Most adolescents respond well to the same rewards as adults. If you do a good job, you get a raise. By having the parents participate in the conditions of probation, you are also getting them to buy into rewarding and enforcing them. Some of the reasons for juvenile crime are boredom, peer group pressure, low self esteem, anger, abuse at home and substance abuse. Replace the negative conditions surrounding the child with positive ones and help the child connect with the community. A lot of these ideas are what motivated parents already do to assist their children in becoming good law abiding citizens. Take the positive principles from these parents and make these ideas conditions of probation. You are then teaching the child and the family to enhance the child’s self esteem by helping them to learn new skills and by providing positive peer groups. Make probation two-fold: Acceptance of responsibility and replacement with positive behaviors. If the conditions of probation are effective, recidivism should be reduced.

## Powers of the Court at Disposition

The Florida Statutes provide great guidance for attorneys and courts. Judges are given many avenues for creative sentencing that promote rehabilitation but provide accountability. Most importantly, Florida judges are given authority to require the parents to be involved and accountable through the conditions of probation.

Upon the acceptance of a plea or a finding that the child has committed a delinquent act, the court may sentence the child at that time or may order a pre-disposition report.<sup>1</sup> If all the parties are prepared to provide a treatment plan to meet the child's needs in order to create a successful and rehabilitated child then the pre-disposition report may be waived. However, in many instances, it may be the child's wish to request the pre-disposition report so all of the parties may gather together to create a successful and well thought out probation treatment plan.<sup>2</sup>

Not only can the court require a predisposition report, the Court has the power to order a comprehensive evaluation for physical or mental health problems, for academic or educational issues, for vocational assistance or for children with substance abuse problems. Further, the court has the authority to order additional evaluations and studies to be performed by the Department of Juvenile Justice, the local school system or any relevant social, psychological or psychiatric agency of the state.<sup>3</sup> These evaluations must be provided as part of the pre-disposition report.<sup>4</sup>

Ideally, the attorney for the child began creating a proposed treatment plan for the child as soon as they were appointed to represent the child. As soon as a plea is entered on behalf of the child or the child is found to have committed a delinquent act and the court orders a pre-disposition report, the attorney for the child, the child and parent should make immediate contact with the probation officer to create a treatment plan that best meets the child and families' needs. The probation officers and the court often welcome any suggestions given by the attorney on behalf of the child so be creative and involved in the process. Make your recommendations known! The goal by all of the parties involved is to help the child. Look at the conditions of probation and see if they serve a dual purpose of addressing the underlying problems but also connecting the family to the community. Once the treatment plan has been created and

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<sup>1</sup> See Section 985.43, Florida Statutes (2007).

<sup>2</sup> See Section 985.43, Florida Statutes (2007).

<sup>3</sup> See Section 985.185, Florida Statutes (2007).

<sup>4</sup> See Section 985.185(3), Florida Statutes (2007).

incorporated into the predisposition report, the Department of Juvenile Justice must provide the report to all relevant parties forty-eight hours prior to the dispositional hearing.<sup>5</sup>

At the disposition hearing, the court can place the child on probation under the supervision of the Department of Juvenile Justice or any other person assigned by the court.<sup>6</sup> The court can allow for the child to be supervised in the child's own residence, a home of a relative or in some other appropriate place deemed by the court. The court has wide discretion as to the community based sanctions the court would require of the child to encourage both responsible behavior and to connect the child to the community. The duration of the probation should be consistent with the amount of time needed to complete treatment and should not exceed the amount of time if the child were committed for the offense.<sup>7</sup>

The court may also conduct judicial reviews to ensure compliance of the conditions of probation and foster accountability with both the child, the parent or guardian and the probation officer. If the child is doing well on probation and complying with the conditions of probation, the court may terminate the probation thus again allowing for positive reinforcement and the opportunity of the child to gain a sense of self accomplishment.<sup>8</sup>

Another resource the court has during disposition is to require the parent or guardian to get involved with the child and their conditions of probation. The court can order the parent to participate with the child in the community service requirement by giving assistance to a public service organization or work project.<sup>9</sup> The court can also order the "parent or guardian to perform community service if the court finds **that the parent or guardian did not make a diligent and good faith effort to prevent the child from engaging in delinquent acts.**"<sup>10</sup>

One of the standard conditions of probation is to require the child to pay back any restitution for the damages as a result of the incident. The court has jurisdiction over the parent or guardian to make the payments on behalf of the child until the amount is satisfied.

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<sup>5</sup> See Section 985.43(3), Florida Statutes (2007).

<sup>6</sup> See Section 985.435(1), Florida Statutes (2007).

<sup>7</sup> See Section 985.435(5), Florida Statutes (2007).

<sup>8</sup> See Section 985.435(6), Florida Statutes (2007).

<sup>9</sup> See Section 985.513, Florida Statutes (2007).

<sup>10</sup> See Section 985.513 (1)(a), Florida Statutes (2007) (emphasis added).

Jurisdiction can be retained over the parent indefinitely until the restitution order has been fulfilled.<sup>11</sup> It is always preferable though for the child to pay the restitution.

Lastly and more importantly, the court can compel the parent or guardian to be involved in the child's rehabilitation. The court can require the parent or guardian to comply with family counseling or any other counseling the court deems necessary to meet the needs of the child.<sup>12</sup> Further, the parent can be required to assist and support the child in the fulfillment of these conditions of probation. Failure of the parent to comply with these sanctions or the failure to ensure the child's abilities to complete the court imposed requirement may result in contempt of court.<sup>13</sup>

The Florida Statutes provide guidelines to allow for all those involved in the delinquency system to create a treatment plan for the child and parent to promote responsible behavior and connection to the community. Get involved as soon as the child enters the delinquency process to provide to both the parent and child possible solutions for their rehabilitation to prevent further involvement in the system.

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<sup>11</sup> See Section 985.513(1)(b), Florida Statutes (2007).

<sup>12</sup> See Section 985.513(2), Florida Statutes (2007).

<sup>13</sup> See *id.*

# Restorative Justice Solutions

## I. COMMUNITY SERVICE:

Community service should be designed to give back to the community but also to teach the child some new skills and improve self esteem. This is one of the most powerful ways a child can get familiar with programs and organizations in his/her community. Community service should not just be punitive such as picking up trash. Although clean roadways are good for the community, picking up trash does not enhance self esteem or teach the child new skills. All probation tasks should serve a dual purpose: to have the child understand the effects of their behavior and to connect them to community resources.

Make the task specific for the child. For example, a child having difficulty with reading will volunteer at the library for two hours every Saturday. For a child that loves sports, the community service is helping a coach. For a child that has a spiritual connection and already enjoys church have them volunteer to teach Vacation Bible School or a similar religious program during the summer. For a child that likes acting, have them volunteer at a local theater group. For a child that has good verbal skills and empathy, have them sign up to be a peer mediator at school. Make the community service help the community but also the child. Use it to provide an opening for the child to get involved in his or her community.

Get the parent involved with the child in their personal development. The parent can be ordered to participate in a community work project or volunteer with the child at a public service organization. This bonding experience between the parent and child can break down communication barriers in the family unit and provide positive reinforcement for the child.

### **Link them to:**

- [Girl Scouts](#)
- [Boy Scouts](#)
- [Peer Mediation Programs at School](#)
- [Teen Court](#)
- [Sports Teams](#)
- [Library \(See Appendix F and G for recommended books\)](#)
- [Church](#)
- [Local theater groups](#)
- [Red Cross](#)
  - Babysitting classes

- CPR/First Aid
- Lifeguard
- WSI (Water Safety Instruction)

*Ask the Red Cross to waive fees for disadvantaged youth*

- Big Brothers/Big Sisters  
*See Appendix I for phone numbers.*
- Boys and Girls Clubs  
After school programs that provide supervision, sports, tutoring, and mentoring
- Habitat for Humanity
  - Volunteer every Saturday.
  - Florida offices <http://apd.myflorida.com/area>

## II. RESTITUTION AND FINES:

### A. RESTITUTION

The purpose of restitution is to provide compensation to the victim, for the child to learn empathy for the victim, to understand the consequences of their actions and to understand the value of money. The fines are to pay for the court system. Many of the children going through the delinquency court system do not have a job and are too young to work.

- Volunteer to work it off for the victim.
- Do yard or pool work for neighbors.
- Work at a grocery store if 15.
- Babysit for family, friends or neighbors.

### B. FINES

Fines can be brought home to the child by researching how much a judge, attorney, clerk of the court, court reporter, court deputy and probation officer make per day and then calculating how many hours those people spent on his/her case and the cost.

- Submit a math sheet of how much their case cost the legal system and submit it to the probation officer.
- Open a savings account and put the restitution in it. Washington Mutual has free ones for kids in Florida. Foster parents can now sign for these.
- Give them an ATM card. (If they overdraw, they won't be able to get any more money out of it.)

Often times, parents end up paying the restitution for their child to avoid a violation of probation. Parents should do their best to not bail the child out by paying restitution or the fines for them. (The court can however, make the parent responsible and keep jurisdiction of the case open until the parent pays them). The child should, at the bare minimum, work it off for the parent with household chores.

### **III. LETTERS OF APOLOGY:**

#### **A. REQUIREMENTS:**

- Typed, spell checked and grammatically correct.
- Deliver them to probation officer and Court.

#### **B. PURPOSES:**

- Teach empathy.
- Compensate the victim psychologically.
- Give an example of child's abilities and deficits.

### **IV. ENCOURAGE LITERACY:**

#### **A. LIBRARY CARD:**

Since seventy percent of the children in delinquency court also have a learning disability, getting them interested in reading and books is essential.

- Get a library card.
- Use it.
- Enjoy it.

#### **B. ADDITIONAL PROGRAMS:**

- **Summer Reading Programs:**  
Have them sign up for the summer reading program at the library and read every day. There are usually prizes and recognition at the end of the summer.
- **Research Projects:**  
Design research projects for them that involve checking out books and using the internet at the library. Have the child who stole something, research the ways people are punished worldwide for theft. It teaches him or her diversity, research skills, writing skills and understanding of

different legal systems. For a child that bit someone, have them research the medical consequences of the human bite. For a child that hits someone, have them research and write a paper on proper parenting techniques other than corporal punishment since they most likely have experienced it. For a child who has anger outbursts and has been sexually abused, have them do the Courage to Heal Workbook. Buy extras on Amazon.com and have them available in the courtroom.

- **Sanctioned To Read Program**

Start one in your jurisdiction similar to the one in the [Ninth Judicial Circuit, Orange County Sanctioned to Read](#) is an individualized, highly motivational, diagnostic and prescriptive reading program. Each child is provided with a distinctive plan of action or “prescription.” It is not a one-size-fits-all program. The program helps youth master reading skills by using an innovative curriculum, reward and incentive program. The program is designed to make learning a positive experience.

- **Book Reports**

- Know their reading level.
- Know their issues.
- Pick an appropriate book. (*See Appendix F and G for ideas*)
- Tell them to write a two page report on their reaction to the book

## V. PROMOTE SPORTS INVOLVEMENT:

- Participate every semester in school on a team.
- Little league
- YMCA
- [Girls and Boys Clubs](#)
- Local parks and recreation centers

## VI. PROMOTE SCHOOL INVOLVEMENT:

### A. CLUBS AND TEAMS:

- Yearbook, newspaper
- Dance teams
- Social clubs
- Math teams
- Drama groups

- Have the child pick one and attend.
- Have the probation officer make sure they attend.
- Email the teacher running the club.
- Many schools have an activity bus that runs later than the others.

**B. DRIVER'S EDUCATION:**

- Require them to get their permit.
- Give them the driver's manual. Have them in the courtroom.
- Driver's Education in the summer. Have a list of the high schools that offer it and the contact person. They usually have to sign up in the middle of April. The cost of the course is only \$20. It usually runs for three weeks in the summer for half days.

**C. WORK PROGRAMS IN HIGH SCHOOL**

- DECA
- Career Education Clubs
- Future Farmers of America
- Skills USA

**VII. REQUIRE EMPLOYMENT:**

- Create a resume and turn it into probation officer.
- Fill out three job applications a day.
- Apply at a Onestop Career Center
- Read: What Color Is Your Parachute for Teens: Discovering Yourself, Defining Your Future by Richard Nelson Bolles, Carol Christen, and Jean M. Blomquist
- Have them buy an interview outfit: a polo shirt and khaki or black pants. Plato's closet, which is all over Florida, sells good used clothes for teenagers.
- Fill out the career interests inventory and do education planning on DISCOVER or SIGI PLUS high school guidance offices, colleges and some public libraries).

**A. JOB CORPS:**

- Free
- Ages 16-24
- Residential
- Learn a trade and get GED or high school diploma.
- Monthly allowance given.
- Transition services for a year.  
**Call 1-(800) 733-JOBS or (800) 733-5627**

**B. APPRENTICESHIPS:**

If you have a child who is **turning 18** and has a GED or high school diploma, they can apply for an apprenticeship program which is usually 4 years of working and going to school.

- List of employers in Florida:  
<http://www.fldoe.org/workforce/apprenticeship/sponsors.asp>
- Check local community colleges for programs.
- Hospitals have work and school programs.

**VIII. SUGGESTIONS FOR PARENTS/FOSTER PARENTS/CUSTODIANS:**

**A. MONITOR INTERNET USE :**

Parent can download free software to restrict use of internet.

**B. CURFEWS:**

- Make them reasonable.
- Make exceptions if they are involved in the school or community.

**C. ALLOWANCE:**

- Foster kids are entitled to an allowance to learn independent living skills. Request a copy of their master trust accounting from case worker. See what money is left for services for the child.
- Parents should give kids the equivalent of their age, per week.

**D. FAMILY TREE:**

- Order the child to do one (all children should know who their parents are and their family history)

- Parents, probation officer and case workers can help them.
- Make them detailed. Put in dates of birth and death, level of education, medical problems, phone numbers and addresses.
- Have sample ones in the courtroom.  
*See appendix A for sample.*

**E. NUMBERS FOR KIDS:**

- Give the child the 800 number for abandonment, abuse and neglect in Florida and Nationally.
  - **1-800-96Abuse**
  - **CHILDHHELP USA 1-800-4AChild**
- Put 1-800-96 abuse on every court order.
- Give them Teen Crisis [hotline numbers](#) for your area (*see Appendix Q*)

**IX SPECIFIC ISSUES TO ADDRESS:**

**A. ADHD or ADD**

- Psychiatric evaluation to rule out depression, sensory integration problem, gifted and other disorders.
- Counseling with possible biofeedback, working memory training, social skills training, relaxation training.
- Physical exercise: join a team.
- Have parents take a parenting class about ADHD kids.
- School evaluation and IEP.
- Medication possibility once other methods tried.
- Have them write a two page paper on strategies to keep track of their personal belongings.
- *See Appendix O and P for links and camps*

**B. AUTISM SPECTRUM DISORDERS:**

- Refer them to the autism center in your region for an evaluation. They are very low cost or free. Case workers can be assigned to help.

- [Central Florida: UCF: Center for Autism and Related Disorders](#)
- [Florida Atlantic University: Center for Autism and Related Disorders](#)
- [University of Florida: CARD](#)
- [Central Florida Autism Institute in Lakeland](#)
- [Florida State University](#)
- [FACE: Florida Autism Center for Excellence; Tampa](#)
- [Florida Autism Resources](#)
- [University of Miami: CARD](#)
- **STATE TOLL FREE: 1-800-9-AUTISM**
- Intensive Behavior Therapy
- Communication Training

### **C. BEHAVIOR PROBLEMS**

- **Counseling:**
  - Assertiveness Training
  - Behavior Therapy
  - Multisystemic Therapy,
  - Parent Management Training
  - Social Skills
  - Anger Control
  - Client Centered Therapy,
  - Communication Skills,
  - Functional Family Therapy
  - Rational Behavior Therapy
  - Rational Emotive Therapy
- **Exercise**
- **Removal to foster care if parents totally uncooperative.**

### **D. DEPRESSION AND ANXIETY**

- **Counseling:**
  - Cognitive Behavior Therapy
  - Behavior Therapy and Medication
  - Client Centered Therapy, Cognitive
  - Behavior Therapy with Parents,
  - Interpersonal Therapy, Family Therapy,
  - Relaxation skills taught
  - Anger management classes
  - Life skills classes
- **Psychiatric evaluation for medication**

#### **E. DRUG AND ALCOHOL USE BY CHILD:**

- [AA/NA for teens.](#) (free)
- Random UA's.
- Get a sponsor in AA/NA
- Fill out a log with dates and subject of each meeting.
- Counseling:
  - Outpatient : Cognitive Behavioral Therapy, Family Therapy, Family Systems Therapy, Group therapy
  - Residential treatment
- Complete a physical.
- Supervise, supervise, and supervise.
- Limit allowance and access to money.
- Get a copy of their attendance records at school.
- Address dual diagnosis of ADHD, depression etc.
- Restrict or eliminate driving.
- Judge can get a copy of the Comprehensive Behavioral Health Assessment from case worker for foster child.

#### **F. OUTPATIENT COMMUNITY TREATMENT:**

*See Appendix H for all contracted treatment programs in Florida.*

#### **G. DRUG AND ALCOHOL USE BY PARENT:**

**Alateen: support group for adolescents.**

1-800-344-2666 (for meeting information)

1-800-356-9996 (literature)

Both numbers: 8 a.m. - 6 p.m. (EST), M-F

- <http://www.alateen.org/alateen.html>
- <http://www.al-anon.alateen.org/alateen.html>
- **National Association for Children of Alcoholics**  
1-888-554-COAS (2627)  
8:30 a.m. - 5 p.m. (EST), M-F

<http://www.nacoa.org/kidspage.htm>

**Recommended books:**

- **Alateen—A Day At A Time.** Virginia Beach, VA: Al-Anon Family Group Headquarters, Inc. This book offers a thought for every day.
- **Alateen—Hope for Children of Alcoholics.** New York: Al-Anon Family Group Headquarters, Inc., 1980. This book explains what Al-Anon is all about.
- **Living Today in Alateen.** Virginia Beach, VA: Al-Anon Family Group Headquarters, Inc., 2001. This book is a collection of personal sharings from Alateen members around the world. There is a different page for each day of the year.
- **My Dad Loves Me, My Dad has a Disease.** Claudia Black. Bainbridge Island, WA: MAC third Edition 2000. A workbook that helps young people learn about themselves, their feelings, and the disease of addiction in their families through art therapy. Children between the ages of 6 and 14 share what it is like for them to live in a family with alcoholism or drug addiction.
- **Something's Wrong in My House.** Katherine Leiner. New York: Franklin Watts, 1988. A book about domestic violence and alcoholism and how it affects children. The book deals with the universal feelings of fear, anger, and hopelessness and looks for ways to help people cope.

## H. EATING DISORDERS:

See Appendix C and E for links and therapists in Florida

### A. Order the following medical tests:

- Complete Blood Count (CBC) with differential
- Urinalysis
- Complete Metabolic Profile: Sodium, Chloride, Potassium, Glucose, Blood Urea Nitrogen, Creatinine, Total Protein, Albumin, Globulin, Calcium, Carbon Dioxide, AST, Alkaline Phosphates, Total Bilirubin
- Serum magnesium
- Thyroid Screen (T3, T4, TSH)
- Electrocardiogram (ECG)

### B. Order a psychological evaluation to specifically address additional issues:

- Depression
- PTSD
- Obsessive compulsive behavior
- Substance abuse

### C. Make suggestions about therapists or treatment centers in Florida.

- Review information on the [National Eating Disorders Association](#) website.
- Free support groups in Florida.
- Find a therapist or treatment center in Florida that specializes in eating disorders.
- Find a residential treatment center in Florida.
- [Overeaters Anonymous](#)

## I. GANGS:

- Write their own obituary.
- Plan their own funeral.
- Read: **Always Running: La Vida Loca: Gang Days in L.A.** by Luis J. Rodriguez and write a report on their reaction to it.
- Wear only khaki pants and polo type shirts to school. No jewelry.
- Have them participate in a [G.R.E.A.T.](#) program (school based, law enforcement program).

## **J. RUNNING AWAY:**

- Court order a photo and fingerprints be taken.
- Have the child write an essay, “I belong.....
- Have the child write an essay, “In five years, I will be...
- Have the child write an essay on “What Could Happen to Me While Living on the Streets...”
- Get them into the Big Brother or Big Sister program.
- Have them volunteer at a Missing Children’s Center.
- Get them out of the home if they are sexual or physical abuse victims. Judges are free to call the abuse hotline.
- Ask the parent to install caller id on their phone.
- Give the child phone numbers:
  - **National Runaway Switchboard**  
**1-800-621-4000**
  - **National Youth Crisis Hotline**  
**1-800-448-4663**
  - **Florida Abuse Hotline: 1- 800-96ABUSE**
- Florida Missing Children’s Clearinghouse: 1-888-356-4774.  
<http://www3.fdle.state.fl.us/MCICSearch/>
- <http://thefamilycompass.com/teenrunaways.htm>

## **K. SEXUALITY**

- Have the child write a two page paper about the different types of birth control.
- Have the girls buy a female condom.
- Have the child participate in a program at school where they carry around a baby doll for a week.
- Have the child write a two page paper about the available places for free or low cost birth control in their area.
- Have the child submit a budget with the cost of taking care of a child and living on their own.
- Have the child write a two page paper about AIDS.

- Have girls watch the movie: **Mom at 16**, 2005 and write a 2 page paper on their reaction to it.
- Have boys watch the movie, **Too Young to Be a Dad** 2002 and write a 2 page paper on it.
- Have them interview an employee of an adoption center and write a report about how the process works.
- Have the child enroll in the **Beta Center** or similar program and go observe the school for the day.
  - **Places to Live**
    - **Beta Center** in Orlando
    - **Our Mother's Home**: southwest Florida
    - **B.E.T.A.** Titusville
    - **St. Gerard's** in St. Augustine
  - **Medical Care:**
    - **Medicaid in Florida**
    - **Florida Healthy Start**
    - **Florida Crisis Pregnancy Centers**
    - **Pro Life pregnancy centers in Florida:**
    - **PATH project**
  - **Food and Cash**
    - **Food Stamps in Florida**
    - **Temporary Cash Assistance in Florida**

**L. SEXUAL ABUSE AND POST TRAUMATIC STRESS FOR GIRLS:**

- Counseling: Cognitive Behavioral Therapy and EMDR
- Self defense classes or karate.
- Sports at school...
- Kickboxing at a YMCA (have scholarship forms in the courtrooms).

- Yoga at the YMCA.
  - **Have her read:**

**The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse** (first published in 1988) is a book written by Ellen Bass and Laura Davis, aimed at a female audience who have suffered child sexual abuse and who seek to overcome the associated trauma generated by it.

**The Courage to Heal Workbook** by Laura Davis

The workbook is a combination of checklists, open-ended questions, writing exercises, art projects, and activities.

**I Know Why the Caged Bird Sings** by Maya Angelou is a 1969 autobiographical novel about the early years of author Maya Angelou's life. It deals with rape, racism and sexism.

**The Bluest Eye**, by Toni Morrison is a 1970 novel by American author and Nobel Prize recipient Toni Morrison. It deals with racism and molestation.

#### **M. SMOKING:**

- Write a two page essay on the effects of smoking.
- Tour a cancer ward at a local hospital.
- Pick up cigarette butts for volunteer work.
- Interview someone with emphysema or chronic obstructive pulmonary disease from smoking and write a two page paper.
- Keep a log of how much it is costing.
- Make them aware that the antidepressant Wellbutrin SR also known as Zyban can help with nicotine addiction.

#### **N. SUICIDAL TEEN:**

- **Baker Act**
- Psychiatric evaluation
- Monitor medication.
- Request firearms and weapons be removed from the house.
- Counseling
- Give the child **hotline numbers** (see Appendix Q).

**X. SCHOOL CONCERNS:**

- Have a county school liaison at every courthouse with access to student records.
- Court order a psycho educational evaluation within 60 school days.
- Court order an IEP meeting to be done within 10 days after the evaluation.
- Court order a surrogate parent if no parent able to participate in IEP.
- Court order the child to cooperate with the testing.
- *See Appendix O and P for resources.*

**A. TUTORING:**

- Current school and teachers
- Peer
- High school honor societies provide free tutors.
- Family members
- Online tutors for free
- College student majoring in education
- Upward Bound: Free tutoring and mentoring. FSU, Univ. of Florida, FIU, Rollins, USF, UCF, Univ. of Miami, Florida A&M University St. Thomas University, Daytona Beach Community College, Miami-Dade College, Florida Atlantic University

**B. GIFTED CHILDREN:**

- Many children who are gifted have behavior problems.
- If a child seems three years older than his chronological age, ask for an evaluation.
- Other characteristics are: excellent memory, good sense of humor, very curious and prefers adults to peers. Many minority children are not identified in schools because their parents don't recognize that they are gifted and therefore do not request an evaluation.
- The younger they are tested in elementary school, the better. Most middle schools have a separate all day program for gifted students in Florida. The child will be with a group of more motivated smart students who will provide a positive peer group that has goals.
- Be aware that gifted children may have a learning disability or depression along with being gifted. By being gifted, the child is automatically out of sync with their peers at a time that they are desperately trying to fit in and be like everyone else.

- For a [list of characteristics that parents can use](#).
- **Odyssey of the Mind**: Have them participate in if they are gifted. It is a worldwide organization that has a contest every year where gifted students work on a project together and learn social skills. Ask local gifted teachers to sponsor this at their school.
- Have them read this book and write a two page summary on the book and how it affected them.
  - **And Still We Rise** by Miles Corwin  
This is a book about a group of gifted kids from an LA inner city school who find ways to avoid the temptations of the streets and go on to attend college.

#### C. **BRIGHT FUTURES SCHOLARSHIPS**:

- Research getting a free college or vocational education.
- Require a high school senior to fill out the FAFSA form.
- Require them to register at [college board.com](http://collegeboard.com).
- Require them to register and take the SAT/ACT (can be free with help of guidance counselor).

#### D. **SCHOOL CHANGE**:

- **Magnet Schools**: computers, international baccalaureate, criminal justice, broadcasting and medicine. Have the applications in the courtroom.
- **Change public schools**: Children with learning disabilities can change public schools under the [McKay Scholarship](#). You need to have a psychoeducational evaluation and an IEP (Individualized Education Plan) first to see if the child has a learning disability. [List of all public schools in Florida](#).

**Private Schools**: If they have a learning disability and an IEP, have them apply for a [McKay Scholarship](#) to go to a private school. Have the applications in the courtroom or on a computer in the courthouse that parents can use. Note: they *should not withdraw* their child from their current school until accepted into the program! For parents that have kids with an IEP, they can apply at: Toll Free: 1-800-447-1636

[List of all private schools in Florida](#).

- **PACE Centers for Girls (16 schools in Florida)**  
Ages 12-18. Court ordered, self, friend or parent referral.  
Ages 8-11 preteen program in Manatee and Broward Counties.  
<http://www.pacecenter.org/about.htm>

#### **E. ALTERNATIVE SCHOOLS:**

- **Ombudsman schools in Miami area for at risk teens.**
- **Marine Institute Schools**  
Private schools for grades 6-12 for at risk youth.
- **Online High School:** If they have access to a computer, have them take a class at [Florida Virtual School](#) to catch up in school. Have them take the Life skills class that every child in Florida needs to take to graduate to leave room for other classes.
- **Penn-Foster Career School:** Pennsylvania correspondence course to get high school diploma. Total cost is \$600. Can pay by the month. Can do without a computer. 800-230-2706
- **GED**
- **Home School**

#### **XI. CREATIVE OUTLETS:**

##### **A. MUSIC**

Most adolescents love music. If they have one possession, it is likely an iPod. Use music to talk to them.

- **Music Therapy;** Can be covered under Medicaid for children with developmental problems.
- **Have a contest** that they can enter and submit their music online. Post it on the court's web site. Read about the [Brevard County state attorney's rap contest](#).
- **Band at school**
- **Music lessons: churches often have low cost ones.**

*Note: kids that are having trouble with math will do better if they listen to classical music. Research the [Mozart Effect](#).*

## **B. JOURNALING**

- A page a day using cursive writing. (Cursive writing is not taught in many public schools today) or typing it. There are free typing tutorials online.

## **C. POETRY:**

- [Write Side Poets](#) in South Florida
- [Runaway with Words](#): a 10 week portable workshop that was developed by an FSU professor for at risk youth. It significantly decreases recidivism. It dramatically improves test scores.
- [Online Writing Courses: Teen Ink](#)
- Have them enter a poetry contest with three pieces of work.

## **D. PHOTOGRAPHY:**

- [Teen Ink](#) and have them submit three photos.

## **E. ART:**

- Have them enter an art contest on [Teen Ink](#).
- Showcase their work in the courtroom or online. Ask them to submit an original piece of art to their probation officer. Have a contest with prizes.
- Often times the court drags on for hours. Have the kids color mandalas with magic markers. They will listen better while occupied and be relaxed. Display them in the courtroom.
- Free [Mandalas](#)

## **F. MOVIE REVIEW:**

- Pick a relevant movie (*See Appendix J*).
- Write a two page reaction paper.

## **G. PEACE JAM:**

- [Peace Jam](#) is a worldwide organization that allows youth to meet Nobel Laureate Peace Prize winners and participate in projects and workshops about creating peace in the world around them. Volunteers such as teachers or parents can bring it to their school.

PeaceJam Foundation Headquarters  
5605 Yukon St.  
Arvada, CO 80002  
Phone: (303) 455-2099  
Fax: (303) 455-3921 [info@peacejam.org](mailto:info@peacejam.org)

## **H. SUMMER CAMP:**

### **Florida Summer Camps**

#### **Florida Summer Camps for LD/ADHD Kids (*see Appendix J*)**

Many camps offer scholarships for disadvantaged youth and foster care kids. For those that don't have scholarships, many camps will charge a very reduced fee if you ask. For example: [Camp WeWa](#) in Central Florida and the [United Methodist church](#).

## **XII. SPIRITUALITY:**

### **A. MISSION TRIPS:**

- As a judge, you cannot force religious activities on kids. However, spirituality is an important part of human existence. It can be a powerful motivator and support system for kids.
- Have these suggestions as simply options for probation along with other nonreligious choices that the child goes on a week
- Mission trip with the church of their choice. Most mission trips are funded by stock sales so the child can go for free.
- If they are learning a different language in school or are bilingual, suggest they go on a mission trip where that language is spoken.

- Judges can have a list of area churches with the youth director's phone numbers and email so that information can be provided.

#### **B. YOUTH GROUPS AT CHURCHES:**

Youth groups usually have several grounded adults that can serve as mentors for children. Many kids in youth groups find nonjudgmental acceptance, friends and knowledge about that particular religion. They usually have lots of service projects which teach empathy.

#### **C. VACATION BIBLE SCHOOL:**

Many local churches have vacation bible school with any middle school or high school student welcome to teach it with adults. There is usually a week of planning for half days and then a week of VBS for half days or at night. Kids do not have to be affiliated with the church to volunteer for that week

### **XIII. COUNSELING:**

There are many different types of counseling, both individual and group for children in outpatient and family settings. Finding the right type of therapy though for a child may be the key to that child's success. The parent can be required to participate in the rehabilitation for the child by their attendance in family counseling or other counseling services or their assistance in the child's individual counseling. Below are some types of therapy that are briefly explained.

#### **Behavioral Family Therapy Programs**

- Conduct Disorder or
- Substance Abuse or
- Depression or
- Young mothers using substances
- Parent and child learn skills in separate groups and are then brought together for group sessions.

### **Brief Strategic Family Therapy (BSFT)**

- High conflict between child and family.
- Substance Abuse or
- Conduct Disorder or
- Behavioral problems
- BSFT is a short-term, problem-oriented intervention. A typical session lasts 60 to 90 minutes. The average length of treatment is 12 to 15 sessions over 3 months.

### **Cognitive Behavioral Therapy (CBT)**

- Behavioral problems
- Anxiety and depression
- Eating disorders
- Mood disorder
- Substance Abuse
- Eating disorders
- Psychotic Disorders.
- With cognitive therapy, people may learn to recognize and change faulty or maladaptive thinking patterns.

### **Dialectal Behavior Therapy (DBT)**

- Suicidal or high risk behavior
- Borderline personality disorder
- Teaches interpersonal effectiveness, distress tolerance/reality acceptance skills, emotion regulation, and mindfulness skills.

### **Eye Movement Desensitization and Reprocessing (EMDR)**

- Post traumatic stress disorder
- It can reduce the incidence of repetitive thought patterns regarding traumatic events and decrease the anxiety and depression associated with

them. It usually only takes a few sessions so it is cost effective. [EMDR Therapy for PTSD](#)

- Find an [EMDR therapist](#) (There are over 700 trained in Florida); Many of them also specialize in child sexual abuse.

### [Family Systems Therapy](#)

- Family relationship problems
- Does not focus on causes or the past but rather the current behavior.
- Looks at family as a group.

### [Functional Family Therapy](#)

- Behavior problems
- Substance Abuse
- Conduct disorder
- Alternative to commitment or out of home placement.
- The average is 8 to 12 one-hour sessions for mild cases and up to 30 sessions for families in more difficult situations. Sessions are usually spread over three months and can be outpatient or in the home.

### [Grief Counseling:](#)

- Loss of family member or friend
- Life threatening illness: [Make a Wish Foundation](#) , [Children's Wish Foundation](#) in Maitland, Florida.
- Grief counseling is offered through Hospice, schools and separate centers. It is usually free or low cost. Most grief counseling is in groups so it is beneficial for children to hear that they are not alone with their pain.

[New Hope for Kids](#): Central Florida: group and individual counseling, summer camps, ages 3-18

Grief Line - Caring listeners who can make referrals to support groups or counseling, as needed. **Call 407-447-3388**

### [Florida Hospice Centers](#)

Florida Pet Grief Support Hotline: **352-392-4700-4080**

University of Florida: 24 hours a day, 7 days a week, free

## Horseback Riding Therapy

- Amputee
- Autism
- Brain Injuries
- Cardiovascular Accident/Stroke
- Cerebral Palsy
- Chemical Abuse
- Down Syndrome
- Emotional Disabilities
- Hearing Impairments
- Learning Disabilities
- Mental Retardation
- Multiple Sclerosis
- Muscular Dystrophy
- Post Polio Speech Impairments
- Spina Bifida
- Spinal Cord Injuries
- Visual Impairments

### List of horseback riding therapy offered in Florida

- Foster kids: have the money taken out of their master trust for it.
- Other kids, ask for a scholarship.
- Medicaid or health insurance pay for some disabilities.

## Music Therapy :

- Substance Abuse
- Emotional, developmental and learning problems.
- Pain

Music Therapy is evidenced based and uses music as a tool within the therapeutic relationship. No musical ability needed. To find a music therapist in your area, email: [findMT@musictherapy.org](mailto:findMT@musictherapy.org)

## Multisystemic Family Therapy (MST)

- Violent or
- Substance Abuse
- At risk for residential treatment.
- Services are more intensive than traditional family therapies because they include several hours of treatment a week. The emphasis is on developing

a support network for the family and empowering youth. The program teaches parents how to address raising teenagers. It has been shown to improve family relationships, increase school attendance and decrease psychiatric problems and substance abuse of youth. The White Foundation has contracted to provide MST services in three counties: Alachua, Duval and Escambia.

### **Multidimensional Family Therapy (MDFT)**

- Behavior problems and
- Substance abuse
- The treatment seeks to significantly reduce or eliminate an adolescent's substance abuse and other problem behavior and to improve overall family functioning. The objectives include changing the drug using lifestyle into a more productive lifestyle and improving parental responsibility and parenting skills.

### **Probation Day Treatment**

- Facility based.
- High level of supervision and services.
- Day treatment, programming, education
- Vocational training
- Counseling both individual and family.
- [Associated Marine Institutes](#) (AMI) is the major provider of day treatment services in 19 locations across the state. Eight other providers also offer similar services.

### **Rational Emotive Behavior Therapy**

- Behavior problems
- Changes irrational belief systems and consequently behavior.

### **Sex Offender Treatment in Florida**

The [Florida Association for the Treatment of Sexual Abusers](#) is the Florida State Chapter of ATSA, an international multi-disciplinary professional association dedicated to the research and treatment of sexual offenders. FATSA members offer evaluations and treatment of sexual offenders, sexually violent predators, family members and victims.

### **Sexual Offender Therapists in Florida**

Florida Department of Law Enforcement: Laws , registration requirements and penalties as of July 1, 2007.

## Evidenced Based Programs recommended by the Florida Department of Juvenile Justice

These are programs that the Department of Juvenile Justice in Florida endorses and which can be brought to various outpatient programs.

### **Life Skills Training**

The results of over a dozen studies consistently show that the Life Skills Training (LST) program dramatically reduces tobacco, alcohol, and marijuana use.

### **Project Towards No Drug Abuse**

Project Towards No Drug Abuse (Project TND) is a drug abuse prevention program that targets high school-age youth.

### **CALM (1998) and CALMER (2001)**

CALM is an educational program for males 14 and older with violent tendencies. The program gives group members skills to decrease the amount, duration, and intensity of anger. If anger is addressed, the behaviors associated with anger: aggression, violence, and loss of control will be reduced. CALM seeks to reduce thinking errors and enhance social skills. Some of the areas covered are: self-management, self-control, communication, problem solving, and recognition of high risk situations and how to appropriately deal with them.

CALMER is a booster program for males who have successfully completed the CALM program and are now in the community. It focuses on relapse prevention.

### **Corrective Thinking Juvenile Curriculum: Charting a New Course**

The program concentrates on identification of inappropriate thinking and how to adjust these thought patterns. Youth identify nine thinking barriers and associated correctives. It restructures thinking patterns rather than behaviors.

### **Moral Reconstruction Therapy**

MRT is a decision-based model designed to help participants re-examine their choices and develop cognitive structures that will improve decision-making skills. In session, participants are provided with workbooks that focus on a specific issue (i.e. Substance abuse) that lay out homework assignments. Youth are able to express themselves through their homework assignments in drawings or short answers. This program does not focus on talking or require a high level of intellectual functioning. The group member is allowed a mode of self-expression that is most comfortable. The actual treatment is when the youth shares his or her assignment with other group members. Although MRT was created for substance abuse populations, MRT has been extended to the following treatment issues: driving while intoxicated, sex offenders, domestic violence, and anti-social thinking.

### **New Freedom Programs (NF)**

Workbooks (4-6<sup>th</sup> grade level) stress skill development through homework, charts, checklists and group work. Materials address cognitive change, problem identification, problem solving, and coping skills. In order to engage in relapse preventions, the curriculum helps the youth identify risk factors. Programs for juveniles range from 25 hours to 120 hours. There is a

specific curriculum for male and female juveniles related to: substance abuse, gang intervention, community re-entry, behavioral health, and violence/aggression. The manuals are highly structured and the programs can range from 25 to 120 hours.

### **Reasoning and Re-Acting**

Reasoning and Re-acting teaches youth skills to use in problem situation and how to avoid problem scenarios. The focus is on *how* a youth thinks rather than *what* a youth thinks. The cognitive approach focuses on two areas: a) some youth have not been provided the skills to interact socially in an appropriate manner; and b) social skills can be taught. The program focuses on youth ages 14-18.

### **Skills for Responsible Thinking (SRT) Adolescent Substance Abuse Program**

The skills for Responsible thinking program is a cognitive behavioral program that consists of 15 sessions. The major focus is on helping youth gain motivation to change and helping to modify anti-social attitudes to reduce anti-social behaviors. Strategies address peer pressure, moral development, and empathy training and then relapse prevention.

### **Thinking for Change (T4C)**

The curriculum was initially developed to address two underlying factors that were found to be important in effecting change among offenders: cognitive re-structuring and cognitive skill development. As a problem-solving program, youth are encouraged to examine their thought processes and challenge their beliefs. Through these exercises, youth will be able to alter their behaviors.

### **Brief Strategic Family Therapy (BSFT)**

The purpose of BSFT is to provide a preventative intervention for at risk youth, and early intervention for youth who abuse substances or are delinquent. BSFT seeks to improve family relationships caused by the youth's problems and improve family relationships outside the family that impact the youth's behavior.

### **Aggression Replacement Training**

Aggression Replacement Training is a cognitive behavioral intervention designed to alter the behavior of aggressive youth, reduce anti-social behaviors and teach better social skills. The ART program consists of three components: Skillstreaming teaches interpersonal skills. Anger Control Training teaches youth techniques for reducing and managing feelings of anger. Moral Reasoning is a method of developing acceptable social values.

## **Conclusion**

Restorative justice is about holding children accountable for their behavior but also having them connect to the community in which they live. By understanding the needs of the child as well as their dreams, we can structure community service, tasks and school to make the juvenile system a positive turning point for children. We can reduce recidivism by providing opportunities for youth to meet successful adults in their communities. We can make a difference by linking them to long term resources. The services and resources are all around us. All we have to do is be creative. Most of the resources are free or would be free if an adult asked for the child. Judges, probation officers and lawyers can make a tremendous impact on youth. All of you have the power to link children with resources that can benefit them. It is not just a social worker's job. It is our job to understand the needs of the children in front of us and reach out for them to their communities.

We need to act as if these children are our own and in trouble. What would we do to help them become responsible citizens? How would you teach a child to be more responsible and at the same time help the child to dream of a future? They are not just the responsibility of parents. Children are our collective responsibility. They are the future of our society.


## **About the Authors:**

Polly McIntyre is a therapist and a lawyer who has practiced law for 27 years. She has been a GAL and AAL for most of those years. She is married to Tom, a CPA and they have four daughters, one of whom they adopted after meeting as a GAL client. Their former "juvenile delinquent" is happily married, lives nearby, and has twin three year old boys. Polly is currently serving as the Director of the Juvenile Justice Center at Barry Law School.

Carrie Lee is a former public defender in Orange County where she worked with juveniles in the delinquency court for 6 years. She also spent a year working in the dependency court, representing the state. She is the staff attorney for the Juvenile Justice Center at Barry Law School.

# Appendix A

## Family Tree Form



In RR: \_\_\_\_\_

Case No. \_\_\_\_\_  
Division No. \_\_\_\_\_

**FAMILY TREE**  
*For use in child support, custody and maintenance cases*

Child: \_\_\_\_\_

Siblings: \_\_\_\_\_ Brothers: \_\_\_\_\_

Mat. Aunt/Uncle: \_\_\_\_\_ Mother: \_\_\_\_\_ Father: \_\_\_\_\_ Pat. Aunt/Uncle: \_\_\_\_\_

Maternal Grandparents: \_\_\_\_\_ Paternal Grandparents: \_\_\_\_\_

Maternal Great Grandparents: \_\_\_\_\_ Paternal Great Grandparents: \_\_\_\_\_

Other Relatives/Non-Relatives: \_\_\_\_\_

## APPENDIX B

### PACE Centers in Florida

<b>STATE OFFICE</b>	<b>PACE Center for Girls, Inc. One West Adams Street, Suite 301 Jacksonville, FL 32202</b>	<b>Donna Gallagher</b>	<b>904-421-8585 904-421-8599 Fax</b>
<b>ALACHUA</b>	PACE Center for Girls of Alachua County 1010 SE 4th Avenue Gainesville, FL 32601	<b>Kathie Southwick</b>	<b>352-374-8799 352-378-6602 Fax</b>
<b>BROWARD</b>	PACE Center for Girls of Broward County 2225 N. Andrews Avenue Wilton Manors, FL 33311	<b>Aggie Pappas</b>	<b>954-561-6939 954-561-7317 Fax</b>
<b>COLLIER</b>	PACE Center, Collier at Immokalee 201 North 1st Street Immokalee, FL 34142	<b>Threasa Miller</b>	<b>239-657-2400 239-657-2409 Fax</b>
<b>ESCAMBIA-SANTA ROSA</b>	PACE Center for Girls of Escambia-SR 1201 College Boulevard Pensacola, FL 32504	<b>Laurie Rodgers</b>	<b>850-478-7060 850-494-0840 Fax</b>
<b>HILLSBOROUGH</b>	PACE Center for Girls of Hillsborough 7402 56th Street, N., Suite 306 Tampa, FL 33617	<b>Chantel Griffin-Stampfer</b>	<b>813-739-0410 813-739-0416 Fax</b>
<b>JACKSONVILLE</b>	PACE Center for Girls of Jacksonville 2933 University Boulevard North Jacksonville, FL 32211	<b>Lynn Bertram</b>	<b>904-448-8002 904-448-2808 Fax</b>
<b>LEON</b>	PACE Center for Girls of Leon County 1344 Cross Creek Circle Tallahassee, FL 32301	<b>Janet Ter Louw</b>	<b>850-921-9280 850-921-9279 Fax</b>
<b>MANATEE</b>	PACE Center for Girls of Manatee County 3508 26th Street West Bradenton, FL 34205	<b>Amy Mavis</b>	<b>941-751-4566 941-756-7101 Fax</b>

<b>MONROE/ Key West</b>	PACE Center for Girls of Monroe County 3130 Flagler Avenue Key West, FL 33040	<b>Diana Reagan</b>	<b>305-293-1593</b> 305-293-1597 Fax
<b>MONROE/ Tavernier</b>	PACE Center for Girls of Monroe County 89015 Overseas Highway Tavernier, Florida 33070	<b>Diana Reagan</b>	<b>305-853-1920</b> 305-853-1924 Fax
<b>ORANGE</b>	PACE Center for Girls of Orange County 728 Gear Lake Avenue Orlando, FL 32803	<b>Jill Gentry</b>	<b>407-992-0456</b> 407-992-0455 Fax
<b>PALM BEACH</b>	PACE Center for Girls of Palm Beach County 1225 D South Military Trail West Palm Beach, FL 33415	<b>Angela Clarke</b>	<b>561-472-1990</b> 561-472-1991 Fax
<b>PASCO</b>	PACE Center for Girls of Pasco County 5462 Grand Boulevard New Port Richey, FL 34652	<b>Danielle Taylor- Fagan</b>	<b>727-849-1901</b> <b>x23</b> 727-849-1977 Fax
<b>PINELLAS</b>	PACE Center for Girls of Pinellas 5540 Park Boulevard Pinellas Park, FL 33781	<b>Sally Zeh</b>	<b>727-456-1566</b> 727-456-1570 Fax
<b>POLK</b>	PACE Center for Girls of Polk County Vista Professional Center 3037 Lakeland Hills Blvd., Suite 1 Lakeland, FL 33805	<b>Suzanne Weed</b>	<b>863-688-5596</b> 863-688-9566 Fax
<b>TREASURE COAST</b>	PACE Center for Girls, Treasure Coast 3651 Virginia Ave Ft Pierce, FL 34981	<b>Lisa von Seelan</b>	<b>772-595-8880</b> 772-595-8980 Fax
<b>VOLUSIA-FLAGLER</b>	PACE Center for Girls of Volusia-Flagler 208 Central Avenue Ormond Beach, FL 32174	<b>Renee McQueen</b>	<b>386-944-1111</b> 386-944-1112

## APPENDIX C

### National Food Disorder Resources:

#### [Academy for Eating Disorders \(AED\)](#)

A multidisciplinary professional organization that focuses on Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and related disorders. Also sponsors a newsletter and a conference.

#### [American Dietetic Association](#)

Clicking on Nutrition Resources will get you to information about eating disorders, including an extensive nutrition reading list.

#### [American Obesity Association](#)

AOA provides obesity awareness and prevention information.

#### [Anna Westin Foundation](#)

The Anna Westin Foundation is a nonprofit organization providing education, support and referral information to the general and professional public.

#### [Anorexia Nervosa and Related Eating Disorders](#)

ANRED, which merged with the National Eating Disorders Association, still maintains its website. This site provides a wealth of information on eating disorders.

#### [BodyImageHealth.org](#)

A building healthy body esteem website from the author of NEDA's *Healthy Body Image* curriculum.

#### [BulimiaGuide.org](#)

A resource for supporting a family member or friend with bulimia nervosa.

#### [CampusBlues](#)

This site provides information about the many issues facing students today, as well as other resources to support the mental health and well being of individuals as they move through major life transitions.

#### [Dads and Daughters](#)

DADS provides tools for fathers to strengthen relationships with their daughters and to transform the pervasive messages that value young women more for how they look than who they are.

#### [Eating Disorders Anonymous](#)

EDA provides information about local support group meetings.

#### [Eating Disorders Coalition for Research, Policy & Action \(EDC\)](#)

This website offers the opportunity to join advocacy efforts at the federal level.

#### [Eating Disorder Referral and Information Center](#)

Provides information, treatment resources, and client and provider e-mail message lists for all forms of eating disorders.

#### [Finding Balance](#)

Dedicated to creating awareness and understanding of non-extreme eating disorders, referred to clinically as Eating Disorders Not Otherwise Specified (EDNOS). Offers videos-on-demand

featuring a variety of experts covering eating and body image issues.

[Food Addicts Anonymous](#)

This website offers hope for recovery from the despair and shame of food obsession.

[GirlsHealth.gov](#)

GirlsHealth.gov was created to help girls (ages 10-16) learn about health, growing up, and issues they may face.

[Gürze Books](#)

Gürze Books publishes and distributes a wide variety of book titles dealing with eating and body image issues.

[Healthy Weight Network](#)

Healthy Weight Network provides information and resources pertaining to the “health at any size” paradigm..

[International Association of Eating Disorders Professionals \(IAEDP\)](#)

IAEDP offers nationwide education, training, certification, and a semiannual conference for practitioners who treat people with eating disorders.

[Media Education Foundation](#)

Media Education Foundation produces and distributes video documentaries and other educational resources.

[National Eating Disorders Information Centre \(NEDIC\)](#)

NEDIC provides information and resources on eating disorders and food and weight preoccupation, a Canada-wide database of intervention resources, and Canadian Eating Disorders Awareness Week.

[The National Association for Males with Eating Disorders, Inc. \(N.A.M.E.D.\)](#)

N.A.M.E.D. is dedicated to offering support to and public awareness about males with eating disorders.

[National Eating Disorders Screening Program](#)

NEDSP provides eating disorders screening.

[National Health Information Center](#)

NHIC offers a nationwide referral service, produces directories and resource guides.

[National Institutes of Health](#)

This homepage provides information on a variety of health issues currently under study at the NIH.

[National Institute of Mental Health](#)

This homepage provides information on a number of mental health issues, including information about eating disorders.

[National Women’s Health Information Center](#)

The National Women's Health Information Center is a government agency with free health information for women.

[Overeaters Anonymous](#)

OA provides information about local support group meetings.

[Something Fishy](#)

This extensive page provides numerous links and lots of information about eating disorders and body image issues.

[The Weight-control Information Network](#)

The Weight-control Information Network provides information on obesity, weight-control & nutrition.

[“Understanding Eating Disorders” with Dr. Tom Scales](#)

An online radio show offering archived interviews with eating disorders professionals and others in the field, including NEDA CEO Lynn Grefe's interview on 2/7/07.

## APPENDIX E

### List of Florida Providers for Eating Disorders

<a href="#"><u>The Renfrew Center</u></a>		Coconut Creek	FL
<a href="#"><u>Karen Samuels, PhD</u></a>		Ormond Beach	FL
<a href="#"><u>Lori Osachy, MSS, LCSW</u></a>	<a href="#"><u>The Body Image Counseling Center</u></a>	Jacksonville	FL
	<a href="#"><u>The Boswell Center</u></a>	Jacksonville	FL
<a href="#"><u>Kathy Shane, LMHC</u></a>		Jacksonville	FL
	<a href="#"><u>Canopy Cove Eating Disorder Center</u></a>	Tallahasee	FL
<a href="#"><u>Linnea Lindholm, PhD</u></a>		Gainesville	FL
<a href="#"><u>Julia D. Howe, LCSW, DCSW</u></a>	<a href="#"><u>Sarkis Family Psychiatry</u></a>	Gainesville	FL
<a href="#"><u>Vicki O'Grady, MA, LMHC, NCC</u></a>		Maitland	FL
<a href="#"><u>Catherine J. Stoehr, MA, LMHC, CEDS, PA</u></a>		Maitland	FL
<a href="#"><u>Blanche M. Stokley, LMHC, CEDS</u></a>		Maitland	FL
<a href="#"><u>Karen Sue Beerbower, MS, RD, LD</u></a>		Maitland	FL
<a href="#"><u>Alice Baker</u></a>	<a href="#"><u>Joyful Nutrition</u></a>	Winter Park	FL
<a href="#"><u>Becky Eades, Ph.D.</u></a>		Orlando	FL
<a href="#"><u>Elisha M. Contner, M.S., LMFT</u></a>		Winter Park	FL
<a href="#"><u>Kathie Einstein, LCSW, BCED</u></a>		Hollywood	FL
<a href="#"><u>Betty Hughes, PhD, LMHC</u></a>		Hollywood	FL
	<a href="#"><u>The Rega Mental Health Center</u></a>	Coral Springs	FL

<a href="#"><u>Lisa C. Palmer, LMFT, CHT, PhD Cand.</u></a>	<a href="#"><u>The Renew Center of Florida</u></a>	Boca Raton	FL
<a href="#"><u>Mario Carballo</u></a>		Miami	FL
<a href="#"><u>Amy Boyers, PhD</u></a>		South Miami	FL
<a href="#"><u>Eliot Erlichman, PhD, CEDS, CAP</u></a>		South Miami	FL
<a href="#"><u>Rosina Pellerano, MD</u></a>		Miami	FL
<a href="#"><u>Pamela Mark, PsyD</u></a>		Fort Lauderdale	FL
<a href="#"><u>Mariana Martinasevic, MD, PA</u></a>		Fort Lauderdale	FL
	<a href="#"><u>Milestones Eating Disorders Program</u></a>	Cooper City	FL
<a href="#"><u>Joann Hendelman, RN, PhD</u></a>		Palm Beach Gardens	FL
<a href="#"><u>Christine Bruno, JD,MSW</u></a>	<a href="#"><u>Individual, Family, &amp; Group Therapy</u></a>	Wellington / Palm Beach	FL
<a href="#"><u>JoAnne Lapi-Nuccio LMHC, CAP</u></a>		West Palm Beach	FL
<a href="#"><u>Jill Hranicka, PsyD</u></a>		Fort Lauderdale	FL
<a href="#"><u>Jill M. Hranicka, PsyD</u></a>		Boca Raton	FL
<a href="#"><u>Barbara Winter Ph.D.</u></a>		Boca Raton	FL
<a href="#"><u>Rozana Zaifer-Sims, PsyD</u></a>		Boca Raton	FL
<a href="#"><u>Lila Abello, PsyD</u></a>		Fort Lauderdale	FL
<a href="#"><u>Shawn Gersman, MD</u></a>		Boca Raton	FL
<a href="#"><u>Laura D'Angelo, LCSW</u></a>	<a href="#"><u>Laura D'Angelo, LLC</u></a>	Tampa	FL
<a href="#"><u>Pauline S. Powers, MD</u></a>		Tampa	FL
	<a href="#"><u>Turning Point of Tampa</u></a>	Tampa	FL

	<a href="#">Fairwinds Treatment Center for Anorexia and Bulimia</a>	Clearwater	FL
<a href="#">Pamela W. Paul, NCC, LMHC, CFT</a>		Largo	FL
<a href="#">Lisa Beck &amp; John Hatten, PhD</a>	<a href="#">La Bonne Maison L.L.C.</a>	Lakeland	FL
<a href="#">Chrisanna G. Harrington MA, RD/LD, NCMHC</a>		Port Charlotte	FL
	<a href="#">Eating Disorders Associates</a>	Sarasota	FL
<a href="#">Janet Carlson, LCSW</a>		Sarasota	FL
<a href="#">Valerie Sciaretta LMFT</a>		Punta Gorda	FL
<a href="#">Diane A. McKay Psy.D.</a>	<a href="#">Diane A. McKay, Psy.D., P.A.</a>	Sarasota	FL
<a href="#">Kathleen Fuller, LMHC</a>	<a href="#">Center of Life Health Inc.</a>	Stuart	FL
	<a href="#">Pine Grove Women's Center</a>	Hattiesburg	MS
	<a href="#">Rogers Memorial Hospital</a>	Oconomowoc	WI
<a href="#">Dorothy Hopkins LMHC,CAP</a>		Lakeland	FL
	<a href="#">Oliver-Pyatt Centers</a>	Miami	FL

## Appendix F

### Florida Teen Book Map Project Book List by the Florida Reading Association

These books have familiar scenes and references in them for the kids to relate to. Many are for middle school level.

<b>Book</b>	<b>Author</b>	<b>Location</b>
<u>Adventures on Amelia Island: A Pirate, A Princess, and Buried Treasure</u>	Jane R. Wood	Amelia Island (northeast Florida)
<u>Alas Babylon</u>	Pat Frank	East Central Florida along the river, between Orlando and Cape Canaveral
<u>Anna Casey's Place in the World</u>	Adrian Fogelin	Tallahassee
<u>A Spell for Chameleon</u>	Piers Anthony	Florida
<u>Because of Winn-Dixie</u>	Kate Dicamillo	North East Florida
<u>Big Nothing, The</u>	Adrian Fogelin	Tallahassee
<u>Blood Moon Rider</u>	Zack C. Waters	Big Bend area
<u>Breaking Point</u>	Alex Flinn	Key Biscayne
<u>Breathing Underwater</u>	Alex Flinn	Miami
<u>Catfish and Spaghetti</u>	Marcia Freeman	Myakka River Basin, east of Sarasota
<u>Crossing Jordan</u>	Adrian Fogelin	Tallahassee
<u>Deadly Waters</u>	Gloria Skurzynski	Everglades National Park
<u>El Lector</u>	William Durbin	Ybor City / Tampa
<u>Escape to the Everglades</u>	Edwina Raffa and Annelle Rigsby	Everglades in 1830s
<u>Everglades</u>	Jean Craighead George	Everglades swamp near Seminole reservation

<b><u>Flush</u></b>	Carl Hiaasen	Florida Keys
<b><u>Grandpa Sydney's Anancy Stories</u></b>	Geoffrey Phylip	Miami
<b><u>Hoot</u></b>	Carl Hiaasen	Coconut Grove
<b><u>House on the Gulf, The</u></b>	Margaret Peterson Haddix	Gulf of Mexico near Sarasota
<b><u>Kingdom Keepers</u></b>	Ridley Pearson	Orlando, Kissimmee, Walt Disney World
<b><u>Land Remembered</u></b>	Patrick Smith	North Central Florida
<b><u>Lay That Trumpet In Our Hands</u></b>	Susan Carol McCarthy	Central Florida - Apopka area
<b><u>Lostman's River</u></b>	Cynthia DeFelice	Everglades
<b><u>Oonawassee Summer: Something Is Lurking Beneath the Surface</u></b>	Melissa Forney	Central Florida
<b><u>Missing 'Gator of Gumbo Limbo</u></b>	Jean Craighead George	Florida Everglades
<b><u>My Brother's Hero</u></b>	Adrian Fogelin	Florida Keys
<b><u>Panther Girl</u></b>	Maity Schrecengost	Near Tampa
<b><u>Red Thunder</u></b>	John Varley	Daytona
<b><u>Talking Earth, The</u></b>	Jean Craighead George	Everglades
<b><u>Tangerine</u></b>	Edward Bloor	North Central Florida, near Gainesville
<b><u>Their Eyes Were Watching God</u></b>	Zora Neale Hurston	Panhandle to Eatonville (Orlando Suburb) to the Glades
<b><u>To Walk the Sky Path</u></b>	Phyllis Reynolds Naylor	Florida Everglades
<b><u>Solomon</u></b>	Marilyn Bishop Shaw	North Central Florida
<b><u>Spy Who Came In From the Sea, The</u></b>	Peggy Nolan	Ponte Vedra near Jacksonville
<b><u>Voices in St. Augustine</u></b>	Jane R. Wood	St. Augustine, FL

<b><u>The Yearling</u></b>	Marjorie Kinnan Rawlings	Central Florida near Lake George
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## **APPENDIX G**

### **Recommended Contemporary Reading List for Teenage Girls to Encourage Them to Read**

This Lullaby by Sarah Dessen

The Truth about Forever by Sarah Dessen

Just Listen by Sarah Dessen

Dreamland by Sarah Dessen

Someone like You by Sarah Dessen

That Summer by Sarah Dessen

Keeping the Moon by Sarah Dessen

Twilight by Stephenie Meyer

New Moon by Stephenie Meyer

Eclipse by Stephenie Meyer

This Sisterhood of the Traveling Pants by Anne Brashers

The Second Summer of the Sisterhood by Anne Brashers

Girls in Pants by Anne Brashers

Forever in Blue by Anne Brashers

Speak by Laurie Halse Anderson

Cut by Patricia McCormick

A Great and Terrible Beauty by Libba Bray

Rebel Angels by Libba Bray

A Sweet Far Thing by Libba Bray

Uglies by Scott Westerfield

Pretties by Scott Westerfield

Specials by Scott Westerfield

Blue Bloods by Melissa De La Cruz

Masquerade by Melissa De La Cruz

Impulse by Ellen Hopkins

Burned by Ellen Hopkins

Avalon High by Meg Cabot

Tuck Everlasting by Natalie Babbitt

Ella Enchanted by Gail Carlson Levine

Eragon by Christopher Paolini

Eldest by Christopher Paolini

Nick and Norah's Infinite Playlist by Rachel Cohn

Perfect by Natasha Friend

Elsewhere by Gabrielle Zevin

In These Girls, Hope is a Muscle by Madeline Blais

*Submitted by: Lauren Polhill, age 15*

## Appendix H

### Outpatient and Low Risk Treatment Contracted with the Florida Department of Juvenile Justice

Circuit	Name and Address	Type of Program
1	<b>Escambia Bay Marine Institute</b> Mr. Richard Messner, Director 3685 Muldoon Rd. Pensacola, FL 32526-0000	Day Treatment
1	<b>Emerald Coast Marine Institute</b> Mr. Bernard Williams, Executive Director 207 4th Street SE Ft. Walton Beach, FL 32548-0000	Day Treatment
1	<b>Hope House</b> Ms. Beth Deck, Regional Director 5127 Eastland Street Crestview, FL 32539-0000	CINS/FINS
1	<b>Currie House</b> Ms. Beth Deck, Director of Operations 4610 Fairfield Road Pensacola, FL 32506-0000	CINS/FINS
1	<b>PACE- Escambia - Santa Rosa PACE</b> Ms. Laurie Rodgers, Executive Director 1200 College Blvd. Bldg. 98 Pensacola, FL 32504-0000	Girls
1	<b>Milton Girls Juvenile Residential Facility</b> <b>Mental Health Female</b> Ms. Carol Andrus, Program Director 5770 E. Milton Road Milton, FL 32583-0000	Girls
1	<b>Intensive Delinquency Diversion Services</b> Bev Mueller, Coordinator 11000 University Parkway #78 Pensacola, FL 32514-0000	IDDS
2	<b>Tallahassee Marine Institute</b> Ms. Shannon Baker, Program Director 2514 W. Tharpe Street Tallahassee, FL 32303-0000	Day Treatment

2	<p><b>Capital City Youth Services</b>  Ms. Gina Dozier, CEO  2407 Roberts Avenue  Tallahassee, FL 32310-0000</p>	CINS/FINS
2	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Monica Proctor, Program Director  3333 W. Pensacola St. Suite 200  Tallahassee, FL 32304-0000</p>	IDDS
2	<p><b>PACE- Leon PACE</b>  Ms. Janet Terlouw, Executive Director  1344 Cross Creek Circle  Tallahassee, FL 32301-0000</p>	Girls
2	<p><b>Seminole Work and Learn Center</b>  Ms. Connie Jones, Program Director  3420 Capital Circle SW  Tallahassee, FL 32310</p>	Low Risk Male
3	<p><b>CDS Interface Northwest - Lake City</b>  Ms. Rhonda Lockwood, Regional Coordinator  1884 SW Grandview Avenue  Lake City, FL 32025-0000</p>	CINS/FINS
3	<p><b>Intensive Delinquency Diversion Services</b>  Mr. William Futch, Program Director  P.O. Box 729  Bronson, FL 32621</p>	IDDS
3	<p><b>Juvenile Unit for Specialized Treatment</b>  Mr. Sean Golder, Program Director  742 SW Greenville Hills Road  Greenville, FL 32331-0000</p>	Mental Health Male
3	<p><b>Residential Alternative for the Mentally Challenged</b> Mr. Sean Golder, Program Director  742 SW Greenville Hills Road  Greenville, FL 32331-0000</p>	Developmentally Disabled Offender
4	<p><b>Jacksonville Marine Institute</b>  Mr. Kevin Casey, Executive Director  13375 Beach Blvd.  Jacksonville, FL 32246-0000</p>	Day Treatment
4	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Shelley Grant, Director of Youth Programs  323 East Bay Street, Suite 101  Jacksonville, FL 32202-0000</p>	IDDS

4	<p><b>PACE- Jacksonville PACE</b>  Ms. Lynn Bertram, Executive Director  2933 University Blvd., North  Jacksonville, FL 32211-0000</p>	<b>Girls</b>
4	<p><b>Jacksonville Youth Center</b>  Ms. Julie Wintz, Executive Director  202 Century 21 Drive, Suite 1  Jacksonville, FL 32216-0000</p>	<b>Day Treatment</b>
	<p><b>White Foundation Family Homes</b>  Mr. Craig Jones, Acting Program Director  707 Mill Creek Road  Jacksonville, FL 32211-0000</p>	<b>Low Risk Male/Female</b>
4	<p><b>Youth Crisis Center - Duval</b>  Mr. Tom Patania, President  3015 Parental Home Road  Jacksonville, FL 32216-0000</p>	<b>CINS/FINS</b>
4	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Shelley Grant, Director of Youth Programs  323 East Bay Street, Suite 101  Jacksonville, FL 32202-0000</p>	<b>ID IDDS</b>
5	<p><b>Arnette House</b>  Mr. Kevin Priest, Executive Director  2310 N. E. 24 th Street  Ocala, FL 34470-0000</p>	<b>CINS/FINS</b>
5	<p><b>Marion County Marine Institute</b>  <b>Intensive Delinquency Diversion Services</b>  Mr. Linford Hayes, IDDS Supervisor  1107 E. Silver Springs Blvd. #8  Ocala, FL 34470-</p>	<b>Day Treatment</b> <b>ID IDDS</b>
5	<p><b>PACE - Marion PACE</b>  Ms. Cathleen Blagay, Executive Director  1601 NE 25th Avenue, Suite 302 Suite 302  Ocala, FL 34470-</p>	<b>Girls</b>
5	<p><b>New Beginnings</b>  Mr. Glenn Parkinson, Program Director  18377 Clinton Blvd.  Brooksville, FL 34601-0000</p>	<b>CINS/FINS</b>
6	<p><b>New Port Richey Marine Institute</b>  Ms. Beth Harding, Program Manager  5324 Sunset Road  New Port Richey, FL 34652-0000</p>	<b>Day Treatment</b>

6	<p><b>Pinellas Marine Institute</b>  Mr. Brad Gianneschi, Executive Director  3101 Gulf Boulevard____  St. Petersburg Beach, FL 33706-0000</p>	<b>Day Treatment</b>
6	<p><b>Intensive Delinquency Diversion Services</b>  Mr. John Burek, Deputy Director  18830 US Highway 19 North Building 3,Suite 324</p>	<b>ID IDDS</b>
6	<p><b>Boley Young Adult Program</b>  Mr. Curtis Anderson, Program Director  2901 44th Avenue North  St. Petersburg, FL 33714-0000</p>	<b>Day Treatment</b>
6	<p><b>PACE- Pinellas PACE</b>  Ms. Sally Zeh, Executive Director  5540 Park Blvd. Suite 201  Pinellas Park, FL 33781-3455</p>	<b>Girls</b>
6	<p><b>PACE- Pasco PACE</b>  Ms. Danielle Taylor-Fagan, Executive Director  5462 Grand Blvd. 2nd Floor  New Port Richey, FL 34652-0000</p>	<b>Girls</b>
6	<p><b>Runaway Alternative Project (RAP)</b>  Mr. Mark Phillips, Vice President  7522 Plathe Rd.  New Port Richey, FL 34653-1421</p>	<b>CINS/FINS</b>
7	<p><b>BEACH House</b> Ms. Jill Mathew, Program Director  1004 Big Tree Rd.  South Daytona, FL 32119</p>	<b>CINS/FINS</b>
7	<p><b>Volusia Marine Institute</b>  Mr. Daniel Toffoli, Program Director  1420 Mason Avenue  Daytona Beach, FL 32117</p>	<b>Day Treatment</b>
7	<p><b>CDS Interface East</b>  Ms. Cynthia Starling, Regional Coordinator  100 Underwood Drive  Palatka, FL 32177-0000</p>	<b>CINS/FINS</b>
7	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Mary Brown, Program Administrator  3840 Old Deland Rd.  Daytona Beach, FL 32124-0000</p>	<b>IDDS</b>
7	<p><b>PACE- Volusia-Flagler PACE</b>  Dr. Renee McQueen, Executive Director  208 Central Avenue  Ormond Beach, FL 32174</p>	<b>Girls</b>

8	<b>Gainesville Wilderness Institute</b> Mr. John Davidson, Executive Director 100 SW 134th Avenue Micanopy, FL 32667-0000	<b>Day Treatment</b>
8	<b>Forestry Youth Academy</b> Ms. Marilyn Anderson, Coordinator 14251 SE Glass Road Inglis, FL 34449-0000	<b>Low Risk Male</b>
8	<b>Intensive Delinquency Diversion Services</b> Mr. William Futch, Program Director P.O. Box 729 Bronson, FL 32621-	<b>IDDS</b>
8	<b>PACE- Alachua PACE</b> Ms. Kathleen Southwick, Executive Director 1010 SE 4th Avenue Gainesville, FL 32601	<b>Girls</b>
9	<b>Orlando Marine Institute</b> Mr. Jeremiah Carter, Executive Director 1461 South Lake Pleasant Rd. Apopka, FL 32703-0000	<b>Day Treatment</b>
9	<b>Eckerd Academy</b> Ms. Sharon Knauth, Program Director 451 St. Nicholas Avenue Christmas, FL 32709-	
9	<b>Intensive Delinquency Diversion Services</b> Ms. Marquette Smith, Director of Operations 823 W. Central Blvd. Orlando, FL 32805-0000	<b>IDDS</b>
9	<b>The Oaks Community Based Treatment Program Ancillary Case Management Services</b> Mr. Richard Radin, Program Manager 823 W. Central Blvd. Orlando, FL 32805-1808	<b>Day treatment substance abuse</b>
9	<b>PACE- Orange PACE</b> Ms. Jiu Gentry, Executive Director 728 Gear Lake Ave. Orlando, FL 32803-0000	<b>Girls</b>
9	<b>Youth and Family Services Program</b> Ms. Tracey Salem, Program Manager 1800 East Michigan Avenue Orlando, FL 32806	<b>CINS/FINS</b>

9	<p><b>Park Place Behavioral HealthCare</b>  Dr Garrett Griffin,  Director of Children Services  206 Park Place Blvd.  Kissimmee, FL 34740-0000</p>	
9	<p><b>Sunnyside Village</b>  Mr. Geoffrey Wright, Program Manager  84 Beehive Circle  St. Cloud, FL 34769-</p>	<b>CINS/FINS</b>
10	<p><b>Central Florida Marine</b> Mr. Monti Sommer,  Executive Director  618 N. Massachusetts Ave.  Lakeland, FL 33801-</p>	<b>Institute Day Treatment</b>
10	<p><b>Intensive Community Commitment Services</b>  Mr. John Burek, Deputy Director  1831 N. Crystal Lake Dr.  Lakeland, FL 33801-0000</p>	<b>Conditional Release</b>
10	<p><b>Intensive Delinquency Diversion Services</b>  Mr. John Burek, Program Director  1831 N. Crystal Lake Dr.  Lakeland, FL 33801-0000</p>	<b>ID IDDS</b>
10	<p><b>Bowling Green New Beginnings Substance</b>  Mr. Corey Burgess, Program Director  P.O. Box 369 4705 US HWY 17 North  Bowling Green, FL 33834-0369</p>	<b>Substance Abuse Female</b>
10	<p><b>PACE - Lakeland PACE</b>  Ms. Suzanne Weed, Executive Director  440 S. Florida Ave.  Lakeland, FL 33801-0000</p>	<b>Girls</b>
10	<p><b>Polk STAR Program STAR</b>  Capt. Kurt D. Lockwood, Commander  2325 Bob Phillips Road  Bartow, FL 33830-000</p>	
10	<p><b>George W. Harris Jr. Runaway &amp; Youth Crisi</b>  Ms. Carol Looney, Program Director  1060 U.S. Highway 17 South  Bartow, FL 33830-0000</p>	<b>CINS/FINS</b>
11	<p><b>Dade Marine Institute - North</b>  Ms. Casandra Alpert, Executive Director  2701 NE 151 Street  North Miami Beach, FL 33160-0000</p>	<b>Day Treatment</b>

11	<b>11 Dade Marine Institute South</b> Mr. Joseph King, Executive Director 1820 Arthur Lamb Road Key Biscayne, FL 33149-0000	<b>Day Treatment</b>
11	<b>Miami Halfway House</b> Mr. John Fletcher, Campus Director 10855 SW 84th St. Miami, FL 33173-	<b>Substance Abuse Male</b>
11	<b>Community Based Youth Intervention</b> Ms. Sylvia Williams, Program Manager 1825 North West 167th St, Suite 102 Miami, FL 33056-0000	<b>CINS/FINS</b>
11	<b>JESCA Day Treatment North Day Treatment (James E. Scott Community Association)</b> Mr. Greg Davis, Program Manager 2267 Northwest 72nd Street Miami, FL 33147-0000	<b>Day</b>
11	<b>JESCA Day Treatment South Day Treatment</b> Ms. Jolonda Rudolph, Program Director 17623 Homestead Avenue Miami, FL 33157-0000	<b>Day</b>
11	<b>Miami Bridge North and South</b> Ms. Stephanie Solovei, Executive Director 2810 NW South River Drive Miami, FL 33125-0000	<b>CINS/FINS</b>
11	<b>Juvenile Alternative Sanctions Program</b> Mr. Wansley Walters, Director 275 NW 2nd Street, 2nd Floor Miami, FL 33128-0000	<b>JASP</b>
11	<b>Intensive Delinquency Diversion Services</b> Mr. Wansley Walters, Division Director 275 North West 2nd Street Miami, FL 33128-0000	<b>IDDS</b>
11	<b>Dade Group Treatment Home</b> Mr. Jeffrey Glover, Program Director 25345 SW 197th Avenue Homestead, FL 33031-0000	<b>Low Risk Male</b>
12	<b>Gulf Coast Marine Institute – North</b> Mr. Mike Kohler, Executive Director 906 17th Street West Palmetto, FL 34221	<b>Day Treatment</b>

12	<p><b>12 Gulf Coast Marine Institute - South</b>  Mr. Reggie Jackson, Executive Director  220 Bahama Street  Venice, FL 34285-2401</p>	<b>Day Treatment</b>
12	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Sandy Trieb, Program Operations manager  1750 17th Street Building H  Sarasota, FL 34234-0000</p>	<b>IDDS</b>
12	<p><b>Family Resources of Manatee</b>  Ms. Anne Melton, Executive Director  361 6th Avenue West  Bradenton, FL 34205-0000</p>	<b>IDDS</b> <b>CINS/FINS</b>
12	<p><b>Peace River Outward Bound</b>  Mr. David Rodgers, Program Director  8806 SW Start Center Street  Arcadia, FL 32466-0000</p>	<b>Low Risk Male</b>
12	<p><b>PACE- Manatee PACE</b>  Ms. Amy Wick, Executive Director  3508 26th Street West  Bradenton, FL 34205-0000</p>	<b>Girls</b>
12	<p><b>Sarasota YMCA Youth Shelter</b>  Mr. Marlin Fitts, Program Director  1106 South Briggs Avenue  Sarasota, FL 34237-8140</p>	<b>CINS/FINS</b>
13	<p><b>Tampa Marine Institute</b>  Mr. Robert Johnson, Executive Director  1730 Maritime Blvd..  Tampa, FL 33605-6819</p>	<b>Day Treatment</b>
13	<p><b>Intensive Delinquency Diversion Services</b>  Mr. John Burek, Deputy Director  5118 N. 56th Street, Suite 206  Tampa, FL 33610-0000</p>	<b>IDDS</b>
	<p><b>Child and Family Counseling Program</b>  Mr. Bill Hogan, Program Manager  207 Beach Place  Tampa, FL 33606-</p>	<b>CINS/FINS</b>
	<p><b>PACE - Hillsborough PACE</b>  Ms. Chantel Griffin, Executive Director  7402 56th Street North Suite 306  Tampa, FL 33617-0000</p>	<b>GIRLS</b>

14	<p><b>Hidle House</b>  Ms. Barbara Cloud, Executive Director  2121 Lisenby Avenue  Panama City, FL 32305-0000</p>	<b>CINS/FINS</b>
14	<p><b>Panama City Marine Institute</b> Mr. Rusty Russell,  Executive Director  200 E. Beach Drive PO Box 268  Panama City, FL 32401-0000</p>	<b>Day Treatment</b>
14	<p><b>Safe Harbor Runaway Center</b>  Mr. Rosby Glover, Director of Program Operations  3335 Forest Hill Blvd.  West Palm Beach, FL 33406-</p>	<b>CINS/FINS</b>
14	<p><b>Helping Ourselves Progress Effectively (Hope)</b>  Ms. Linda Ellis, Program Director  11712 Van Doren Lane PO Box 616  Fountain, FL 3243</p>	<b>Mental Health Female</b>
14	<p><b>Intensive Delinquency Diversion Services</b>  Bev Mueller, Coordinator  11000 University Parkway #78  Pensacola, FL 32514-0000</p>	<b>IDDS</b>
15	<p><b>Palm Beach Marine Institute</b>  Mr. Jovon Edwards, Executive Director  13425 Ellison Wilson Road  Juno Beach, FL 33408-0000</p>	<b>Day Treatment</b>
15	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Carolyne Ditullio, Regional Director  3400 Belvedere Road  West Palm Beach, FL 33406-0000</p>	<b>IDDS</b>
15	<p><b>PACE- Palm Beach PACE</b>  Ms. Sharon Cohen, Executive Director  1225 D.South Military Trail  West Palm Beach, FL 33415-0000</p>	<b>Girls</b>
16	<p><b>A Positive Step</b>  Mr. Billy Davis, Executive Director  422 Fleming St. #614  Key West, FL 33040-0000</p>	<b>Day Treatment</b>
16	<p><b>FL Keys Childrens Shelter-Tavernier</b>  Ms. Kathy Tuell, Executive Director  73 High Point Road  Tavernier, FL 33070</p>	<b>CINS/FINS</b>

	<p><b>Intensive Delinquency Diversion Services</b>  Mr. Greg Artman, Program Director  5503 College Road Suite 208  Key West, FL 33040-0000</p>	<p><b>IDDS</b></p>
	<p><b>PACE- Upper Keys PACE</b>  Ms. Diane Regan, Executive Director  89015 Overseas Highway  Tavernier, FL 33070-</p>	<p><b>Girls</b></p>
	<p><b>PACE- Lower Keys PACE</b>  Ms. Diane Regan, Executive Director  3130 Flagler Avenue #8  Key West, FL 33040-0000</p>	
17	<p><b>Florida Ocean Science Institute</b>  Mr. Luis Ceruti, Executive Director  3220 SW 4th Avenue  Ft. Lauderdale, FL 33025-</p>	<p><b>Day Treatment</b></p>
17	<p><b>Devereux Florida</b>  Ms. Lee Helmick, Program Manager  4782W. Commercial Blvd.  Tamarac, FL 33319-</p>	<p><b>CINS/FINS</b></p>
17	<p><b>Friends of Children</b>  Ms. Dawn Mitchell, Family Services Manager  7272 West Oakland Park Blvd.  Lauderhill, FL 33313-</p>	<p><b>CINS/FINS</b></p>
	<p><b>Lutheran Services of Florida, Inc./Broward</b>  Ms. Martha Rubio, Regional Director  4675 North State Road 7  Lauderdale Lakes, FL 33315-0000</p>	<p><b>CINS/FINS</b></p>
	<p><b>PACE- Broward PACE</b>  Ms. Agatha Pappas, Executive Director  2225 N. Andrews Avenue  Wilton Manors, FL 33311-000</p>	<p><b>Girls</b></p>
	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Patricia Snow, Program Director Program  Manager  2600 SW 4th Avenue  Ft. Lauderdale, FL 33315-0000</p>	<p><b>IDDS</b></p>
18	<p><b>Brevard Group Treatment Home</b>  Mr. John Bollinger, Program Director  3905 Grissom Parkway  Cocoa, FL 32926-0000</p>	<p><b>Low Risk Male</b></p>

18	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Suzanne Beacham, Program Coordinator  1407 Dixon Blvd.  Cocoa, FL 32922</p> <p><b>Crosswinds Shelter</b>  Mr. Richard Robischeau, Program Coordinator  1407 Dixon Blvd.  Cocoa, FL 32922-6411</p> <p><b>Rainwater Center for Girls</b>  Ms. Kimberly Koplal, Program Coordinator  1417 Dixon Blvd.  Cocoa, FL 32922-0000</p> <p><b>Crosswinds Boys Day Treatment</b>  Ms. Kim Koplal, Program Coordinator  1407 Dixon Blvd.  Cocoa, FL</p>	<p><b>IDDS</b></p> <p><b>CINS/FINS</b></p> <p><b>Day Treatment</b></p> <p><b>Day Treatment</b></p>
18	<p><b>Girls &amp; Boys Town of Central Florida</b>  Ms. Karen Johnson, Program Director  975 Oklahoma St.  Oviedo, FL 32765-0000</p>	<p><b>CINS/FINS</b></p>
19	<p><b>Wave CREST Shelter</b>  Mr. Dennis McCune, Program Director  4520 Selvitz Road  Fort Pierce, FL 34951-0000</p>	<p><b>CINS/FINS</b></p>
19	<p><b>Eckerd Conditional Release Circuit 19</b>  Mrs. Teresa Barron-Gornto, Sr Re-entry Manager  2100 Sunrise Blvd. Suite D  Ft. Pierce, FL 34945-</p>	<p><b>Conditional Release</b></p>
19	<p><b>Eckerd Leadership Program</b>  Mr. Kenny Graves, Center Director  8500 Orange Avenue  Fort Pierce, FL 34945-0000</p>	<p><b>Day Treatment</b></p>
19	<p><b>Family Resources- Pinellas</b>  Ms. Patricia Gerard, VP of Pinellas Programs  5180 62nd Avenue North  Pinellas Park, FL 33781-</p>	<p><b>CINS/FINS</b></p>
19	<p><b>Intensive Delinquency Diversion Services</b>  Ms. Candice Coghil, Program Administrator  2510 SE Willoughby Blvd.  Stuart, FL 34994-0000</p>	<p><b>IDDS</b></p>
19	<p><b>PACE - Treasure Coast PACE</b>  Ms. Lisa Von Seelen, Executive Director  3651 Virginia Ave.  Ft. Pierce, FL 34981-5543</p>	<p><b>Girls</b></p>

19      **Vision Quest - Warrington**      **Low Risk Female**  
Ms. Nanette Jorge, Clinical Director  
42660 Highway 441 North  
Okeechobee, FL 34972-0000

20      **Naples Marine Institute**      **Day Treatment**  
Mr. Daniel Washington, Acting Executive Director  
616 9th Street  
Naples, FL 34102-0000

20      **Southwest Florida Marine Institute**      **Day Treatment**  
Ms. Windye McNeil, Executive Director  
1190 West Main Street  
Ft. Myers Beach, FL 33931-0000

**Eckerd Youth Development Center Condition  
Conditional Release**

Mr. Peter Knowler,  
1560 Matthew Drive Suite G Box 11  
Ft. Myers, FL 33907-

20      **PACE - Immokalee PACE**  
Ms. Theresa Miller, Executive Director  
201 North First Street  
Immokalee, FL 34142-0000

**Intensive Delinquency Diversion Services IDDS**

Ms. Carol Ahlgreen, Program Director  
2830 Winkler Avenue Suite 103B  
Ft Myers, FL 33916-0000

**Oasis Youth & Family Services CINS/FINS**

Ms. Patricia Leonard, Regional Director  
3634 Central Avenue  
Ft. Myers, FL 33901-7965

**PACE Lee PACE**

Ms. Debbie Webb, Executive Director  
3760 Schoolhouse Rd. West  
Ft. Myers, FL 33916-0000

**Collier Academy Substance Abuse Male**

Ms. Nathaniel Van, Program Director  
323 Sgt. Joe Jones Road  
Immokalee, FL 34112-

## Appendix I

### **Big Brothers and Sisters in Florida**

They cite that kids who participate in this program are:

- 52% less likely to skip school
- 46% less likely to begin using illegal drugs,
- 33% less likely to hit someone and more likely to get along with their families and peers.

#### **Central Florida**

Orange, Osceola, Seminole,  
& Lake Counties: 407.478.2996  
Brevard: 321.690.2221

#### **Martin County**

Stuart: 772.283.8373

#### **Miami and Greater Miami**

305-644-0066

#### **Northeast Florida**

Nassau County 904- 261-9500  
Jacksonville 904-727-9797

#### **Northwest Florida**

Escambia Toll Free 1-866-646-3518  
850-433-5437  
Santa Rosa 850-983-5579  
Okaloosa 850-664-5437  
Bay 850-763-5437

#### **Southwest Florida**

Fort Myer : 239-278-0003  
Naples : 239-403-0815

**Suncoast**

Venice:	941-488-4009
Sarasota:	941-331-4376
Bradenton	941- 746-7000
Englewood	941- 473-4003
North Port	941- 423-9357
DeSoto County	863 -494-3434
Florida Ridge Sebring	863 -402-9001

**Tampa Bay**

Hillsborough	813-769-3617
Pasco	727-372-1458
Polk :	863-682-5191

## **Appendix J**

### **Educational and Inspirational Movies**

These movies are recommended to inspire and educate teenagers and those working with them in the juvenile delinquency system. They can be used as assignments by judges to write a two page report as a condition of probation.

#### **Akeelah and the Bee**, 2006

A young girl from South LA tries to make it in the National Spelling Bee.

Won 8 awards.

#### **American History X**, 1998

A former Neo Nazi is sent to prison where he learns respect for diversity and then tries to teach his brother when he is released. Nominated for an Oscar.

#### **August Rush** 2007

A young boy learns to appreciate his unique gift of music and is reunited with his parents after living in foster care.

#### **Boyz in the Hood**, 1991

Three friends in South Central LA struggle to escape violence and drugs. Nominated for two Oscars.

#### **Boys Don't Cry**, 1999

Hillary Swank won an Oscar for this movie based on a true story about a transgender teenager.

#### **Coach Carter, 2005**

A basketball coach builds a winning team in a poor area of Richmond, California and expects respect and good academic performance.

#### **Dangerous Minds**, 1995

Michelle Pfeiffer stars in this drama about an ex-marine high school teacher in an inner city high school that uses karate to inspire her students.

**Dead Poets Society, 1989**

Robin Williams plays an English professor that inspires his students to love poetry and seize the day. Won an Oscar.

**Finding Forrester, 2000**

Sean Connery stars in this movie about a gifted African American high school student who finds a mentor. Won four awards.

**Freedom Writers, 2007**

Hillary Swank is a young teacher who helps her at risk students to pursue their dreams through writing.

**When Friendship Kills, 1996 (TV)**

Two high school girls share secrets about their eating disorders.

**Gridiron Gang, 2006**

A probation officer in a detention center gives a group of teenage boys discipline, self esteem and purpose by turning them into a football team. Based on a true story.

**Homeless to Harvard: The Liz Murray Story 2003 (TV)**

A homeless New York teenager wins a full scholarship to Harvard. Based on a true story. Nominated for three Emmy's.

**Juno, 2007**

This is a comedy about a quirky teenager who has an unplanned pregnancy starring Ellen Page and Jennifer Garner. It won an Oscar.

**Just Another Girl on the IRT, 1993**

A high school teenage girl from Brooklyn dreams of medical school but faces some obstacles along the way.

**Life Stories: Families in Crisis, 1992-1996 TV series**

An HBO series that deals with issues such as abortion, sexual abuse, homosexuality, AIDS, anorexia and homelessness regarding teenagers. Ben Affleck, Calista Flockhart, Claire Danes star in some of the episodes. Won 15 awards.

**Little Man Tate, 1991**

Jodi Foster plays a single mom raising an extremely gifted child who tries to nurture his talents but protect him.

**Lean on Me, 1989**

Morgan Freeman plays a principal that turns around a school. Based on a true story. Won outstanding actor and motion picture.

**Mean Girls**

This comedy evaluates the struggles of high school girls to fit in. Lindsay Lohan stars in it.

**Miracle Run 2004 (TV)**

A single mother finds out that her twins are autistic and fights the school system.

**Mom at 16, 2005**

A 16 year old girl struggles with raising a baby. Stars Danielle Panabaker.

**Music of the Heart, 2000**

Meryl Streep was nominated for an Academy Award in this movie about a teacher who gives her elementary kids in Harlem a sense of purpose and love of classical music by teaching them the violin. Based on a true story.

**Radio, 2003**

A story about a coach who takes a developmentally challenged young man under his wing. Won three awards.

**Remember the Titans, 2000**

This is a true story about a football team that is forced to be racially integrated.

**Riding in Cars with Boys,**

Drew Barrymore plays a 16 year old pregnant teenager who dreams of going to college.

**Save the Last Dance, 2001**

Julia Stiles is a teenager who loses her mother and goes to live with her father in a rougher part of Chicago. She achieves some of her dreams through dance.

**Simon Birch 1998**

Simon has stunted growth but believes God has a special purpose for him.

Won three awards.

**Speak**, 2004

Kristen Stewart stars in this movie about a high school girl who is raped and becomes selectively mute. Won several awards.

**Stand and Deliver**, 1988

A calculus teacher inspires his students. Based on a true story.

**Step Up**, 2006

A street dancer living in a foster home learns ballet.

**Stick It**, 2006

A delinquent rebellious teenager benefits from the world of gymnastics.

**Take the Lead**, 2006

Antonio Banderas won best actor in this movie about a dance teacher who believed in the talent of a group of problem kids.

**The Adolescent Brain**

PBS documentary on the physiological and developmental aspects of the teenage brain.

**The Hurricane**, 1999

Denzel Washington plays a boxer who is wrongly sentenced to prison for murder.

Nominated for an Oscar. Won 6 awards.

**Thirteen**, 2003

A straight A, 13 year old girl finds sex, drugs and theft with a new friend.

**Too Young To Be A Dad**, 2002

A 15 year old boy becomes a father. Nominated for a Golden Globe Award.

**Trainspotting**, 1996

A group of Scottish teens are immersed in drugs and one of them tries to kick the habit. Nominated for an Oscar. Won 18 other awards.

**Where the Heart Is**

A teenager gives birth in a Walmart and ends up creating a family of her own with her daughter.

## Appendix N

### Florida Resources for Children With Learning Disabilities.

#### CHADD - Florida

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) is a national nonprofit organization providing education, advocacy, and support for individuals with AD/HD.

#### Florida Department of Education — Exceptional Student Education Publications:

#### International Dyslexia Association — Florida

The International Dyslexia Association (IDA) is a nonprofit organization dedicated to helping individuals with dyslexia, their families, and the communities that support them.

#### K-12 Schools with LD Programs — Florida

K-12 Schools with LD Programs is a list compiled by LD Resources

#### **Learning Disabilities Association of America — Florida**

LDA is the largest nonprofit volunteer organization advocating for individuals with learning disabilities and has over 200 state and local affiliates in 42 states and Puerto Rico.

#### **NCLD's State Resource Locator — Florida**

The National Center for Learning Disabilities (NCLD) provides a variety of resources searchable by age range, topic, or keyword.

#### Parent Training and Information centers (PTIs) and Community Parent Resource Centers

(CPRCs) are parent-directed, nonprofit organizations funded by the U.S. Department of Education to help parents better understand their child's disability, rights, responsibilities, and educational needs.

## Appendix O

### National resources for children with learning disabilities and ADHD

Advocacy Institute

All Kinds of Minds

Alliance for Technology Access

American Speech-Language-and Hearing Association

Association of Higher Education and Disability

Children and Adults with Attention Deficit Disorder (CHADD)

Council for Exceptional Children's Division for Learning Disabilities (TeachingLD)

Council of Parent Attorneys and Advocates

Council on Learning Disabilities

Educational Resources Information Center (ERIC)

National Clearinghouse on Postsecondary Education for Individuals with Disabilities

LD Online

LD Resources

Learning Disabilities Association of America (LDA)

National Association for the Education of African American Children with LD (NAEAACLD)

National Center for Learning Disabilities (NCLD)

National Dissemination Center for Children with Disabilities (NICHCY)

Recording for the Blind and Dyslexic

## Appendix P

### Summer Camps in Florida for LD/ADHD Kids

[American Heritage Summer Camp](#)

[American Heritage Summer School & Camp](#)

[Camp Immokalee](#)

[Caruth Camp](#)

[Florida WMU Camps](#)

[Kentwood Summer Camp](#)

[Florida Lions Camp](#)

[Teen Tours of America](#)

[Camp Nottingham](#)

[SOAR's Florida Keys Adventure](#)

[Frontier Travel Camp](#)

[FotoCamp](#)

[Lindamood-Bell Coral Gables](#)

[Lindamood-Bell Tampa](#)

[Lindamood-Bell Weston](#)

[Get Social -](#)

[Multiplication Lab](#)

[BrickLab & Claymation Reading Intensive Camp](#)

[The Ford Center for Reading \(Readers Theater & Young Writers Workshop\) - Dyslexia, AD/HD, CAPD](#)

[Kids Digital Academy](#)

## Appendix Q

### Florida Teen Hotline Crisis Numbers

Listed alphabetically by county or city

**Bartow** - Peace River Center Crisis Line

(863) 519-3744 - Youth Line: (863) 519-8011 - Toll Free: 1-877-822-5205

**Bradenton** - Manatee Glens Hospital Crisis Center

(941) 741-3117

Web Site: [Manatee Glens](http://www.manateeglens.com)

**Cocoa - Brevard County** - Crisis Services of Brevard

Helpline Brevard - 211 (321) 632-6688 - 211 Watts Line - (321) 631-8944

Web Site: <http://www.crisis-services.org/>

**Daytona Beach - Volusia & Flagler Counties** - Act Suicide Prevention Helpline

1-800-539-4ACT (1-800-539-4228)

Web Site: <http://www.actcorp.org/>

**De Funiak Springs - Walton County** - C.O.P.E. Center Helpline

Chautauqua Offices of Psychotherapy and Evaluation

DeFuniak Springs: (850) 892-4357

Santa Rosa Beach: (850) 267-2220 or 1-800-955-8770 or 1-800-955-8771 TDD

Web Site: <http://www.copecenter.org/>

**Fort Lauderdale - Broward County** - 2-1-1 First Call For Help

3217 N.W. 10th Terrace, #308

Ft. Lauderdale, FL 33309

Open M-F, 9am-4pm

Admin. Line: (954) 390-0493, Admin. Fax: (954) 390-0499

24/7 Crisis Line Numbers:

Main Line: 211 (within Broward Co.) or (954) 537-0211

Teen Hotline: (954) 567-8336

Senior Helpline: (954) 390-0485

Phone Friend: (954) 390-0486  
INFOline(Children's MH & SA info.): (954) 396-4636  
TDD: (954) 390-0942

Web Site: <http://www.467-need.com/>

**Fort Myers** - Crisis Stabilization Unit  
Ruth Cooper Center Behavioral Health Care  
(941) 275-4242

**Fort Pierce - Indian River County** - New Horizons of the Treasure Coast  
(561) 468-5600 or Toll Free: 1-888-468-5600

**Fort Walton Beach** - Crisis Line Bridgeway Center  
Fort Walton Beach: (850) 244-9191  
Crestview: (850) 682-0101

**Gainesville** - Alachua County Crisis Center  
(352) 264-6789

**Gainesville** - Serving Alachua, Baker, Bradford, Columbia, Dixie, Gilchrist Suwannee, & Union Counties  
The Access Center Meridian Behavioral Healthcare  
Toll Free: 1-800-330-5615  
Web Site: <http://www.meridian-healthcare.org>

**Jacksonville** - Suicide Prevention Center  
United Way 2-1-1 is the suicide intervention and prevention helpline for this region and the call center is certified by the American Association of Suicidology. Call center specialists are also certified and trained to handle crisis and suicide-related calls.  
Jacksonville calling area : 1-904-632-0600  
Dial 2-1-1, in 10 Northeast Florida counties. They are: Duval, St. Johns, Clay, Baker, Nassau, Columbia, Suwannee, Hamilton, Bradford and Putnam counties.  
For Duval County: 1-866-318-0211

**Key West** - Helpline, Inc.  
(305) 296-HELP (305) 296-4357 or (305) 294-5463

Middle / Upper Keys: 1-800-273-4558  
Teen Line: (305) 292-8440

**Lantana - Serving Palm Beaches & Treasure Coast** - Center for Information & Crisis Services  
CrisisLine - Palm Beach County: (561) 930-1234  
CrisisLine - Out of County: (561) 383-1111  
Teenline - Palm Beach County: (561) 930-TEEN (561) 930-8336  
Teenline - Out of County: (561) 383-1120

**Lecanto** - Crisis Line of Marion-Citrus Mental Health Center  
(352) 726-7155  
Web Site: <http://www.marion-citrusmhc.org/>

**Maitland** - Serving Orange & Seminole Counties  
Central Florida Helpline - (7am - 11pm / 7 days): (407) 740-7477  
Teens Talk: (407) 740-TALK (407-740-7477) Web Site: <http://www.centralfloridahelpline.org/>

**Miami** - Switchboard of Miami  
(305) 358-HELP (305-358-4357)  
The Link - Youth Hotline: (305) 377-TEEN (305-377-8336)  
Web Site: <http://www.switchboardmiami.org/>

**Naples** - Hotline & Referral Project Help, Inc.  
(941) 262-7227  
Toll Free in Naples County: 1-800-329-7227

**New Port Richey** - Crisis & Suicide Hotline, Pasco County Crisis Line, The Harbor Behavioral Health Care  
Serving Hernando, Pasco & Pinellas Counties: (727) 849-9988

**Ocala** - Crisis Line of Marion-Citrus Mental Health Center  
(352) 629-9595  
Web Site: <http://www.marion-citrusmhc.org/>

**Orlando** - LifeLine of Central Florida  
Serving Orange, Osceola & Seminole Counties

Community Crisis Line: (407) 425-2624  
Teen Hotline: (407) 841-7413  
Web Site: <http://www.lifelinecentralflorida.org/>

**Panama City** - Panama City Crisis Line Life Management Center  
Blountstown: (850) 674-8790  
Bonifay: (850) 547-2472  
Marianna: (850) 482-7441  
Panama City: (850) 769-9481

**Pensacola** - Pensacola Help Line, Lakeview Center, Inc.  
Pensacola: (850) 438-1617  
Teen Line: (850) 433-TEEN (850-433-8336)

**Pinellas Park** - 2-1-1 Tampa Bay Cares, Inc.  
Serving Pinellas & Hernando Counties  
Suicide Hotline: 211  
Cell Phone caller - Pinellas County: (727) 562-1542  
Cell Phone caller - Hernando County: (727) 562-1543  
Web Site: <http://www.211tampabay.info/>

**Tallahassee** - 2-1-1 Big Bend, Inc.  
P.O. Box 10950  
Tallahassee, Florida 32302  
(850) 681-9131  
Web Site: <http://www.211bigbend.org>

**Tampa** - Hillsborough County  
Hotline of Hillsborough - Crisis Center of Tampa Bay - 211 & Hotline Services  
Web Site: <http://www.crisiscenter.com/>  
Suicide & Crisis Hotline: (813) 234-1234 TDD/TTY: (813) 234-1234  
TeenLink: (813) 236-TEEN (813-236-8336)  
ParentLink: (813) 2PARENT (813) 272-7368  
ElderNet Services: (813) 964-1577

**Tampa** - Tampa Help Line Christian Helpline Network  
Clearwater: (813) 535-5622  
Daytona Beach: (904) 676-6775

Ft. Lauderdale: (954) 722-9885  
Lake Placid: (941) 699-1685  
Largo: (813) 535-7729  
Orlando: (407) 740-7477  
Tampa: (813) 251-4000  
Titusville: (407) 264-0061  
WinterHaven: (941) 293-0955

**Vero Beach** - Serving Martin, St. Lucie, Indian River & Okeechobee Counties  
St. Lucie Crisis Line Indian River Mental Health  
(561) 562-2000

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## **National Hotline Numbers**

If you are - or someone you know is - in a crisis, please call:

**National Suicide Prevention Lifeline**  
1-800-273-TALK (1-800-273-8255).  
Toll-Free in the U.S. - 24 hours / 7 days  
Web Site: [\*\*National Suicide Prevention Lifeline\*\*](#)

**National Crisis Line** - The Help Line USA  
1-866-334-HELP (1-866-334-4357)  
Toll-Free / 24 Hours