

What Can I do with a major in....?

Exercise Science

Typical Employers

- Facility manager at YMCA
- Research Coordinator at University
- Exercise Physiologist at Jackson Memorial Hospital
- Personal Trainer at Don Shula's Fitness Club

Typical Work Activities

- Fitness assessment
- Exercise prescription
- Evaluate rehabilitation programs
- Write research proposals

Occupational Titles

- Personal Trainer
- Strength and Conditioning Coach
- Cardiopulmonary Rehabilitation Specialist
- Exercise Instructor
- Exercise Physiologist
- Exercise Test Technologist
- Dietician
- Health Care Administrator/ Advocate
- Occupational Therapist Assistant
- Recreation Director
- Professor
- Researcher

Professional Associations

- American College of Sports Medicine
- American Society of Exercise Physiologists
- National Strength and Conditioning Association
- American Council on Exercise
- American Association for Leisure & Recreation

Skills and Abilities

- Knowledge of human anatomy and physiology
- Ability to motivate and educate
- Ability to communicate effectively
- Good observation skills
- Ability to conduct research
- Independent decision making

Internet Sites

- www.acsm.org
- www.afa.com
- www.exercisejobs.com
- www.asep.org
- www.humankinetics.com
-



Barry University
Career Planning & Placement Services

Career Planning and Placement Services

Landon Student Union, Room 105
11300 NE 2nd Ave
Miami Shores, FL 33161