



Self-Triage for Person with Influenza-like Symptoms

Typical flu symptoms include:

- A fever that ranges from 99° to 104°
- Muscle aches
- Cough
- Headache
- Eye pain
- Feeling very cold or having chills
- Feeling very tired
- Sore throat, runny or stuffy nose
- You may also have vomiting and diarrhea

If you have some of these symptoms:

