


# The Village Youth Services, Inc.

## Summer Food Service Program – Hot Lunch & Snack Menu 2009

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		June 8	June 9	June 10	June 11	June 12	
June 8 – 12	8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Snack American Cheese 1 oz. Saltine Crackers 8 sq.	White/Choc Milk 8oz. Graham Crackers .9 oz.	Apple Juice 6 oz. Soft or Hard Pretzels .9 oz.	100% Orange-Pine Juice 6oz. Tortilla Chips .9 oz.	White/Chocolate Milk 8 oz. Sugar Cookies 2.2oz	
		Lunch/Supper Crispy Chicken Patty on a Bun 3oz (CN label) 3/8 cup Carrots 1/2 cup Sliced Peaches	Hamburger on a Bun 2.7oz 3/8 cup Green Beans 1/2 cup Pineapple Tidbits Ketchup 1oz	1 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2 oz. meat) Pasta 2.5oz 3/8 cup Green Peas 1/2 cup Fruit Cocktail Pasta 1/2 cup	1 Turkey Hot Dog on a Bun 2oz 3/8 cup Corn 100% Orange Juice 4oz	1 Slice Pizza 4.5oz (CN Label) 3/8 cup Salad 100% Apple Juice 4oz 2 teaspoon Salad Dressing	
June 15 – 19	8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Snack 100% Orange Juice 6 oz. Granola Bar 2.2 oz	June 16 Cheese Crackers(1 oz. cheese) 100% Apple Juice 6 oz.	June 17 Fresh Seasonal Fruit 1/4 cup Tortilla Chips .9 oz.	June 18 White/Choc. Milk 8 oz. Choc. Chip Cookies 2.2 oz.	June 19 Snack Mix ( 1 oz. peanuts in mix) Whole Banana 1/4 c.	
		Lunch/Supper 1 Baked Chicken 4oz 3/8 cup Green Peas 1/2 cup Sliced Pears 1/2 cup Rice	BBQ Pork Rib on a Bun 3oz 3/8 cup Corn 1/2 cup Mandarin Orange	1 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2 oz meat) Pasta 2.5oz 3/8 cup Green Peas 1/2 cup Fruit Cocktail Pasta 1/2 cup	1 Turkey Corn Dog 4oz (CN Label) 3/8 cup Green Peas 1/2 cup Applesauce Mustard 1oz	1 Slice Pizza 4.5oz (CN Label) 3/8 cup Salad 1/2 cup Pineapple Tidbits 2 t Salad Dressing	
June 22 – 26	8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Snack Granola Bar 2.2 oz 100% Grape Juice 6oz	June 23 White/Choc Milk 8oz. Graham Crackers .9 oz.	June 24 Apple Juice 6 oz. Soft or Hard Pretzels .9 oz.	June 25 100% Orange-Pine Juice 6oz. Tortilla Chips .9 oz.	June 26 White/Chocolate Milk 8 oz. Oatmeal Cookies .9 oz	
		Lunch/Supper 3 Chicken Tenders 2.7oz (CN Label) 1/2 cup Carrots 1/2 cup Banana 1 White Dinner Roll .9oz	Salisbury Steak 4oz (CN Label) 3/8 cup Green Peas & Carrots 1/2 cup Applesauce 1/2 cup Rice Beef Gravy 1oz	1 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2oz meat) Pasta 2.5 oz 3/8 cup Green Peas 1/2 cup Fruit Cocktail	4 Piece Meatball Sub Sandwich 4oz 3/8 cup Green Beans 1/2 c Pineapple Tidbits Mayonnaise 1oz	1 Slice Pizza 4.5oz (CN Label) 3/8 cup Salad 100% Apple Juice 4oz 2 teaspoon Salad Dressing	
June 29 – 30	8oz WHITE/CHOC MILKSERVED WITH ALL MEALS	Snack 100% Grape Juice 6 oz. Animal Crackers .9 oz.	June 30 White/Choc Milk 8oz. Graham Crackers .9 oz.				
		Lunch/Supper 1 Teriyaki Chicken 4oz (CN Label) 3/8 cup Mixed Vegetables 1/2 cup Applesauce 1/2 cup Rice Teriyaki Gravy 1oz	Crispy Chicken Patty on a Bun 3oz (CN label) 3/8 cup Carrots 1/2 cup Sliced Peaches				

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July 1 - 3	Snack			July 1 100% Orange-Pine Juice 6 oz. Tortilla Chips .9 oz.	July 2 White/Chocolate Milk 8 oz. Sugar Cookies 2.2oz	July 3	
8oz WHITE/CHOC MILK SERVED WITH ALL MEALS		Lunch/ Supper		Hamburger on a Bun 2.7oz 3/8 cup Green Beans 1/2 cup Pineapple Tidbits Ketchup 1oz	1 Turkey Hot Dog on a Bun 2oz (minimum 2oz meat) 3/8 cup Corn 1/2 cup Applesauce		
July 6 - 10	Snack	July 6 100% Orange Juice 6 oz. Granola Bar 2.2 oz	July 7 Cheese Crackers(1 oz. ch.) 100% Apple Juice 6 oz	July 8 Fresh Seasonal Fruit 1/4 cup Tortilla Chips .9 oz.	July 9 White/Choc. Milk 8 oz. Choc. Chip Cookies 2.2 oz.	July 10 Snack Mix (1 oz. peanuts in mix) Whole Banana 1/4 c.	
8oz WHITE/CHOC MILK SERVED WITH ALL MEALS		Lunch/ Supper	1 Baked Chicken 4oz 3/8 cup Green Peas 1/2 cup Sliced Pears 1/2 cup Rice	BBQ Pork Rib on a Bun 3oz 3/8 cup Corn 1/2 cup Sliced Peaches	1 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2oz meat) Pasta 2.5oz 3/8 cup Green Peas 1/2 cup Fruit Cocktail	1 Turkey Corn Dog 4oz (CN Label) 3/8 cup Green Peas 1/2 cup Sliced Pears Mustard 1oz	
July 13 - 17	Snack	July 13 Granola Bar 2.2 oz 100% Grape Juice 6 oz	July 14 White/Choc Milk 8oz. Graham Crackers .9oz	July 15 Apple Juice 6 oz. Soft or Hard Pretzels .9 oz.	July 16 100% Grape Juice 6 oz. Tortilla Chips .9oz.	July 17 White/Choc Milk 8 oz. Oatmeal Cookies 2.2oz	
8oz WHITE/CHOC MILK SERVED WITH ALL MEALS		Lunch/ Supper	3 Chicken Tenders 2.7oz (CN Label) 1/2 cup Carrots 1/2 cup Banana 1 White Dinner Roll .9oz	Salisbury Steak 4oz (CN Label) 3/8 cup Green Peas & Carrots 1/2 cup Sliced Pears 1/2 cup Rice	1 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2oz meat) Pasta 2.5oz 3/8 cup Green Peas 1/2 cup Fruit Cocktail	4 Piece Meatball Sub Sandwich 4oz 3/8 cup Green Beans 1/2 c Pineapple Tidbits Mayonnaise 1oz	
July 20 - 24	Snack	July 20 100% Orange Juice 6 oz. Animal Crackers .9 oz.	July 21 Cheese Crackers(1 oz. ch.) 100% Grape Juice 6 oz.	July 22 Fresh Seasonal Fruit 1/4 c. Tortilla Chips .9 oz.	July 23 White/Choc. Milk 8 oz. Choc. Chip Cookies 2.2 oz.	July 24 Snack Mix (1 oz. peanuts in mix) Whole Banana 1/4 c.	
8oz WHITE/CHOC MILK SERVED WITH ALL MEALS		Lunch/ Supper	1 Teriyaki Chicken 4oz (CN Label) 3/8 cup Mixed Vegetables 1/2 cup Apple 1/2 cup Rice	1 Turkey Corn Dog 4oz (CN Label) 3/8 cup Mixed Vegetables 1/2 cup Sliced Peaches Mustard 1oz	Hamburger on a Bun 2.7oz 3/8 cup Green Beans 1/2 cup Pineapple Tidbits Ketchup 1oz	3/8 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2oz meat) Pasta 2.5oz 1/2 cup Corn 1/2 cup Banana	
July 26 - 30	Snack	July 26 Granola Bar 2.2 oz 100% Grape Juice 6 oz	July 27 White/Choc Milk 8oz. Graham Crackers .9 oz.	July 28 Apple Juice 6 oz. Soft or Hard Pretzels .9 oz.	July 29 100% Orange-Pine Juice 6 oz. Tortilla Chips .9 oz.	July 30 Snack Mix (1 oz. peanuts in mix) Whole Banana 1/4 c.	
8oz WHITE/CHOC MILK SERVED WITH ALL MEALS		Lunch/ Supper	Crispy Chicken Patty on a Bun 3oz (CN label) 3/8 cup Carrots 1/2 cup Sliced Peaches	Hamburger on a Bun 2.7oz 3/8 cup Green Beans 1/2 cup Pineapple Tidbits Ketchup 1oz	1 cup Spaghetti & Meat Sauce Meat Sauce 4.5oz (Minimum 2oz meat) Pasta 2.5oz 3/8 cup Green Peas 1/2 cup Fruit Cocktail	1 Turkey Hot Dog on a Bun 4oz (minimum 2oz meat) 3/8 cup Corn 1/2 cup Orange	