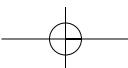


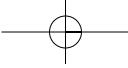
# MEDexpress

BARRY UNIVERSITY DIVISION OF MEDICINE

SPRING 2007

Groundbreaking Launches  
New Center for  
Community Health and  
Minority Medicine



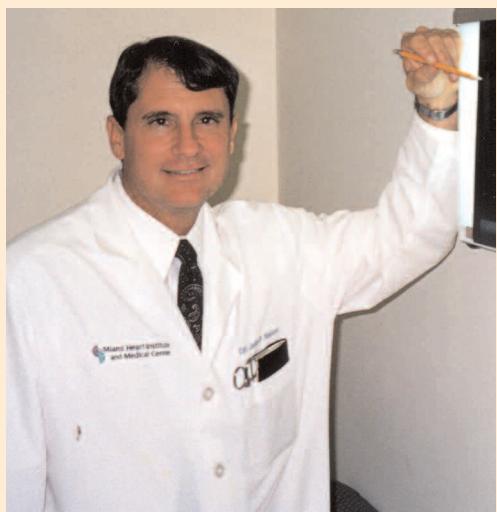


BARRY UNIVERSITY

DIVISION OF MEDICINE

SPRING 2007

# DEAN'S Column

**John P. Nelson, DPM, CWS**

## The Significance of Barry's Foot and Ankle Institutes for Clinical Education and Patient Care

*Barry University owns and operates five Foot and Ankle Institutes which provide clinical training for nearly 100 students during the last two years of their medical education at the School of Podiatric Medicine. At the same time, the Institutes provide over \$1 million of charitable care each year to Miami's indigent, homeless, migrant farm workers, senior citizens, and medically underserved populations. The editor asked Dr. John Nelson, associate dean of clinics for the Barry School of Podiatric Medicine to discuss the role the Barry Foot and Ankle Institutes play in the clinical education of the School's podiatric medical students and their significance to patient care for foot and ankle ailments, injuries, and diseases.*

**EDITOR:** How do the Barry Foot and Ankle Institutes provide clinical education for podiatric medical students at the School of Podiatric Medicine?

**DR. NELSON:** The Barry Foot and Ankle Institutes provide the major facilities and teaching resources that are utilized in the clinical education of podiatric medical students at Barry beginning in their junior year. Here, they experience six months of clinical rotations each in one month blocks. The five Foot and Ankle Institutes include three sites in teaching hospitals at Mt. Sinai, Mercy, and North Shore, and two community based podiatric clinics in North Miami and Hialeah. The rotations consist of training in lower extremity pediatrics, injuries, geriatrics, dermatology, muscular-skeletal, workman's compensation, among others geared toward general podiatric practice care.

**EDITOR:** Is this direct hands-on patient care provided by the podiatric medical students?

**DR. NELSON:** Absolutely, the students are putting into practice what they learned in their first two years of didactic education and they participate completely in the care of the patient. They conduct the history and physical, they give injections, take blood, remove warts, remove nails, perform diagnostic tests, and procedures under the doctor's supervision.

**EDITOR:** What other clinical rotations do they experience as juniors?

**DR. NELSON:** The second phase of their training as juniors is dedicated to medical and surgical rotations in local area teaching hospitals. When the Barry School of Podiatric Medicine began in 1985 there were only eighteen students, one hospital affiliation, and no clinical program. Today we have 21 local hospital and over 300 hospital based clerkships. This is a tremendous benefit to Barry's podiatric students over the other podiatric schools with these rich and diverse training experiences. Barry was the first podiatric school to offer medical and surgical rotations. These clinical rotations are one month in duration over six months in the emergency room, internal medicine, radiology, wound care, general surgery, pathology, peripheral vascular, and anesthesiology.

country. These rotations are all in podiatric medicine and students are allowed to take up to five rotations ranging from University of Medicine and Dentistry in Newark, New Jersey to Long Beach Memorial Medical Center in Long Beach, California. The purpose of participating in clerkships all over the country is to expose the students to the geographic trends and differences in care in podiatric medicine. At the same time, students are able to investigate these rotations as possible sites to conduct residency training. I work with Mona Hamaway, coordinator for clerkships and post graduate placement to arrange these rotations all of which have podiatric residency training programs.

**EDITOR:** When do seniors conclude their clinical training?

**DR. NELSON:** When they return from their clerkships in the spring, the seniors spend the last four months in one month rotation blocks in podiatric primary care and medical and surgical rotations in the greater Miami area. These rotations can also include training in practice management, pediatrics, and sports medicine in podiatric physicians' offices. Didactic classes are given in the spring which match the rotations.

**EDITOR:** Describe the significance of the clinics to patients seeking podiatric primary care?

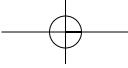
**DR. NELSON:** Our patients receive perhaps the best podiatric care in the nation as we have recruited the best podiatric physicians and surgeons in the country to teach our students the art and science of podiatric medicine. Each year, we see over 8,000 patients and provide everything from routine nail care to rear-foot surgery and amputations. Our physicians are true foot and ankle experts.

**EDITOR:** How important are the Institutes to the disadvantaged in Miami who cannot afford adequate health care?

**DR. NELSON:** I cannot overstate the importance of our podiatric care to the homeless, migrant farm workers, the disadvantaged, and the medically underserved of Miami. Each year we provide more than \$1 million in charitable care for the indigent populations through our Foot and Ankle Institutes, rotations at community clinics, community health fairs, and even emergency room referrals.

**EDITOR:** If a patient was seeking podiatric services how do they make an appointment to see a Barry University podiatric physician?

**DR. NELSON:** The Barry University Foot and Ankle Institutes will have a website very shortly where patients will be able to make an appointment with the clinic nearest them online. They may also contact 305-899-3252 to get further clinic information. Patients will be receiving the best podiatric care that is available.



BARRY UNIVERSITY

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# what's inside this ISSUE



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**MEDexpress** is published for the alumni, students, faculty, staff, and friends of the Barry University Division of Medicine. The primary purpose of Barry University is to offer its students a quality education. Furthermore, Barry University commits itself to assuring a religious dimension and to providing community service and presence within a more caring environment.

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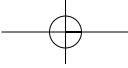
*Who's on the Cover - (l to r) Chair Barry Board of Trustees, Bill Heffernan; Chancellor, Sister Jeanne O'Laughlin, OP, PhD, Dean of School of Nursing, Pegge Bell, PhD; Vice President for Medical Affairs, Dr. Chet Evans, Senior Vice President Blue Cross/Blue Sheild, Cyrus Jollivette; and President, Sister Linda Bevilacqua, OP, PhD.*

## Barry Named "Best Private University or College" by South Florida CEO Magazine

Barry University has been named "Best Private University or College," according to *South Florida CEO* magazine. The ranking is part of a South Florida "Best in Business" list compiled for the magazine's January 2007 issue from an online reader survey. The listing calls attention to Barry's Catholic heritage and the number of programs Barry offers. In addition, it highlights Barry's recent *U.S. News and World Report* ranking as No. 1 for student diversity among southern schools of the same size. "This is exciting news," said President Sister Linda Bevilacqua, OP, PhD. "We know we are the best, but to receive such recognition from our South Florida neighbors and supporters is very encouraging and affirming news. Thank you for all you do to contribute to our very positive reputation."

Barry University was recently designated by the United States Department of Education as a Hispanic Serving Institution. According to Vice President for Medical Affairs, Dr. Chet Evans, "Barry's School of Podiatric Medicine graduates the highest percentage of Hispanic podiatrists than any other school in the country. We are living our community service mission every day and this contributes to our positive reputation for delivering a high quality podiatric medical education," he added.

*Reprinted courtesy of the Barry University Office of University Relations*



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# program interview



**Richard B. Fien, MD, MPH**

## Cardiac Care: The Physician Assistant Role

*The Physician Assistant (PA) has played a leading role in primary care since the advent of the PA profession in the 1960's. PAs have been involved with all aspects of patient care and one of the most important roles has been in cardiac care. Dr. Richard Fien, assistant professor for medical education, and medical director and director of didactic education for the Barry University PA Program (BUPAP) discussed the significant scope of patient care PAs have with cardiac patients and how BUPAP prepares PA students for the role.*

EDITOR: Describe the roles PAs play in cardiac surgical care?

DR. FIEN: Preoperatively, it is often the PA's responsibility to medically clear the patient for cardiovascular surgery. This task includes performing a history and physical exam, and reviewing pre-op lab, such as blood work, EKGs and CXRs. In the OR, the PA is often utilized as a surgical assistant. There duties may include harvesting veins/arteries for bypass grafts (including endoscopic vein/artery harvesting), Swan-Ganz catheter placement, and opening and closing the sternum. They are essentially a second pair of eyes and hands to the surgeon. Post operative care responsibilities begin immediately in the Surgical ICU. Here the PA is involved with monitoring the patient while on mechanical ventilation, titrating supportive IV medication, reviewing labs and diagnostic studies, and finally assisting patient with discharge instructions and follow-ups. It isn't unusual for the post operative cardiovascular surgery patient to have the majority of post op care delivered by the PA as cardiovascular surgeons spend most of their time in the OR.

EDITOR: How are PAs involved in cardiology outside of the operating room?

DR. FIEN: PAs will see cardiac patients in the office or ER much like the physician would. They will conduct history and physicals, interpret EKGs and echocardiograms, prescribe medications, and order diagnostics under the guidance of the cardiologist. They assist cardiologists in the hospital on rounds, consultations, and even take calls. Some assist in cardiac catheterization and electrophysiological studies as well.

EDITOR: What do you feel are the most important aspects to train PAs on in cardiac care?

DR. FIEN: PAs involved in cardiac care must feel comfortable in interpreting EKGs and identifying arrhythmias. In addition, having a good fund of knowledge in clinical therapeutics is essential in cardiovascular care. The PA must know and be aware of the potential adverse effects, and drug interactions that may result from the utilization of various anti-hypertensive, diuretics, and lipid lowering drug regimens. Lastly, they educate patients about heart disease in primary and secondary prevention.

EDITOR: Is there any post-graduate training required to specialize in cardiac care?

DR. FIEN: Additional post-graduate training is not required and most PAs learn on their job. However, I believe post graduate PA cardiac training will become more available to graduates in the future. Currently, about 7% of Barry University PA Program graduates specialize in cardiology.

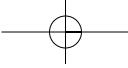
EDITOR: What about heart health? Are PAs involved in healthy heart education?

DR. FIEN: Yes! Absolutely! PAs play a pivotal role in promoting healthy heart education. One of their most important roles is that of a health educator. Barry requires a course in Health Promotion and Disease Prevention at the end of their first year. We also have incorporated nutritional training in our curriculum. PAs generally have more time than MDs to spend with patients. One of the most important tasks of PAs is to promote healthy behaviors. They instruct patients about diet and their medications. Many cardiac patients require frequent follow up to monitor their electrolytes, medication levels, clotting studies, among others and need to be educated about it.

### Art Helps Barry PA Scholarship Fund



The BUPAP is pleased to announce a unique way of enjoying the arts and contributing to the Physician Assistant Student Endowed Scholarship Fund. Bestpriceart.com is making available hand-painted oil on canvas original reproductions of any of the world's great paintings and masterpieces. Bestpriceart.com is currently having a sale for a substantial 25% off regular price discount. In addition to their sale, if you email them at Bpa999@aol.com and mention BUPAP, you will also receive an additional 10% discount. Paintings range from Old Masters, Contemporary, Portraits and Murals on Canvas. If you do not see your favorite image, email them and they will paint your favorite painting in any size. Paintings may be purchased with or without frames. Bestpriceart.com is offering a gracious donation of 20% of the proceeds being contributed to the PA Scholarship fund. Take advantage NOW of this wonderful opportunity to enrich your art collection and help the PA scholarship fund by logging on to [www.bestpriceart.com](http://www.bestpriceart.com) today. These paintings make wonderful gifts! Dr. Parkhurst has recently purchased a beautiful framed painting and is selecting more images to have additional paintings commissioned because she was so happy with the quality and the pricing.



# STUDENT *news*

## Physician Assistant Class of 2006: Be a Role Model for Yourself

The forty-four Barry University Physician Assistant (PA) graduates from the Class of 2006 were advised by keynote speaker and Barry PA Program alumna, Charity Ramsey, M.C.M.Sc., PA-C, Class of 2001 to "be a role model for yourself – be the person you have always looked up to," as they participated in the 8th Convocation for the Barry PA Program on December 16, 2006 at the Broad Center for the Performing Arts on the Barry University campus in Miami Shores. Ramsey who is assistant professor of medical education and core faculty for the Barry PA Program has been a role model for the Barry PA Program in her 5th year as a practicing PA and former chair of the Barry PA Advisory Committee. Ramsey's stirring address concluded by her challenging the graduates to "let your highest respect come from your compassion to study medicine and, pursue this career in order to practice it to the

best of your abilities and for the highest good of yourself and for your patients."

Assistant Dean and Program Director, Doreen C. Parkhurst, MD, FACEP, was also there to encourage the students to realize that the fruits of their labor will be unique as, "you will impact tens of thousands of patients, family members, and co-workers with your compassionate care. You will make a difference in the world," she exclaimed.

The ceremony honored outstanding graduates including Kasandra Anes presented with the Dean's Award as the class valedictorian; Autumn Ziobert, class salutatorian, received the Program Director's Award; Julia Dawson received the President's Award for epitomizing the values of the PA profession; Sarah Clark was



**Class of 2006, PA Program, Miami Shores Campus**

honored with the Marc and Mildred Rice Memorial Award for Excellence in Pediatrics; the Vernon A. & Virginia M. Culver Memorial Scholarship was awarded to Matthew Johnson for excellence in research analysis; Matthew Johnson was also awarded the Emanuel Fien Memorial Scholarship for outstanding

*continued on page 12*

## 13.1 Miles of Companionship and Fellowship



**Elisabeth Londono, DPM '06**

Agreeing to marry my husband, Fernando Londono, years ago was one of the wisest decisions I have ever made. Deciding to have him as my running partner may not have been so wise. Like me, Fernando is an alumni and an employee of Barry University.

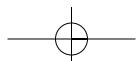
Running for me gives me the opportunity to smile as the victorious events of the day become engraved in my soul. It has become my favorite pastime. My husband and I signed up for the Miami Tropical ING Half Marathon. With my hectic schedule as a Barry University resident at Mercy Hospital, we had to be very creative about coming up with time to train. We would go to the park as a family on weekends and days I am out of work early. One of us would stay with our daughter at the playground section of the park while the other ran the two

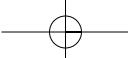
mile lap. Then we would alternate. This became serious in December. We had the same Christmas break and used the opportunity to run almost daily. Then in January, my residency rotation was lighter and I was able to run consecutively for five days of the week until January 28, 2007 (Jour J as we say in French, day of).

The event started out as a romantic getaway. We chatted up the causeway watching the ocean, running through the empty streets of South Beach with the palm trees guiding our steps. At about mile marker four, I started doubting my decision to have Fernando, my husband as my running partner. I looked at him and he was fresh as a daisy. He was on top of our running pace, telling me after each mile how fast or slow we had run. After 6 miles, this started to irritate me. Once we reached the eight mile marker my muscles were giving up. My body was failing rapidly at trying to stay warm after being showered by the rain and now dried by the cool maritime breeze. I was covered with goose bumps and the fear of hypothermia took over. My toes were numb and my fingers swollen. I mumbled to Fernando I am tired I don't know if can finish this. Can we slow down? He answered you have trained for more than ten miles; borrow my jacket to warm up. We were now nearing mile marker nine and we encountered bridge after bridge heading to downtown Miami from the beach. Well at least

it seemed like it. My legs weighted more than a ton each. I saw Fernando assess the situation. I pulled on his hand and said next time I will tie your wrist to mine to slow your pace down. I was about to give up due to exhaustion. There were several Barry cheerleaders on the left hand side of the street. This warmed my heart as I recognized most of them and they recognized us and cheered enthusiastically. We kept running yet the finish line was not visible. Fernando whispered to me we are less than a mile away from the finish line. Can you sprint? At this point it took all I had to take a step but somehow, I ran, I ran as fast as I could just to end it. From the crowd, my brother and his girlfriend screamed our names. The finish line was only a few yards away and I spotted my fellow residents with their cameras. I crossed the finish line a victorious smile on my face, God on one side, my husband on the other, and my family and coworkers cheering us on. Their enthusiasm, and my own elation, confirmed that including my family and Barry friends in my marathon experience was a wise decision. Let's see what the next Miami ING Marathon will hold for us all.

*Elisabeth Londono, DPM, '06 is a Barry University resident at Mercy Hospital. Originally from Senegal, Dr. Londono recently participated and completed the Miami Tropical Half Marathon and relates her story above.*





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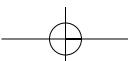
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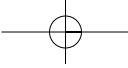
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## DIVISION of MED

- Dr. Solomon Introduced as New Podiatric Alumnus
- Barry Division of Medicine Leadership Luncheon
- Barry Alumni Elected as Florida Podiatric Physicians
- Yucatan Crippled Children's Project has Funds
- Founder's Ball Division of Medicine Faculty
- Center for Community Health and Minorities
- Barry Pride Day Triathlon Team 'Go Getters'





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DIVISION OF MEDICINE

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# MEDICINE *highlights*

New Podiatric Alumni Chapter President

Leadership Luncheon in Orlando

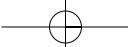
Florida Podiatric Medical Association Officers

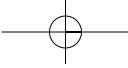
Project has Festive 10th Anniversary

Medicine Faculty Honored

Health and Minority Medicine Groundbreaking

Team 'Go Getters'





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# FACULTY news

## Podiatric Public Health Featured at National Meeting

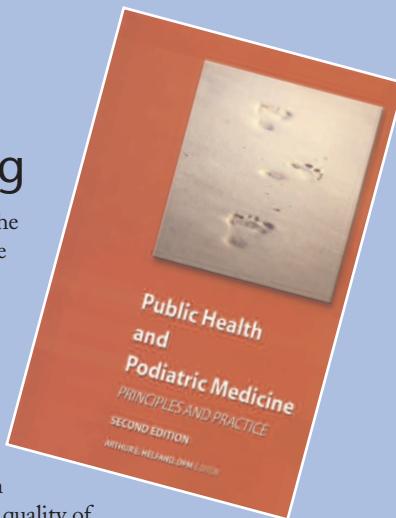
At its annual meeting in Boston in November, the American Public Health Association (APHA) announced the publication of a new textbook, *Public Health and Podiatric Medicine, Principles and Practice, 2nd Edition*. Dr. Chet Evans, vice president for Medical Affairs and dean of the School of Podiatric Medicine, authored a chapter on "Public Health Educational Considerations" discussing the important role that podiatric medical education plays in the public health arena. Dr. Evans discusses the history of podiatric medicine in public health and the educational opportunities that exist for podiatric medical students and graduate DPMs. With twenty plus years experience in medical education, podiatric medicine, and public health, he has served as chair of the podiatric section for the APHA. Dr. Evans developed the Professional Master of Public Health (MPH) for Barry University's Division of Medicine. This unique degree, for

physicians, nurses, and other professional health providers, is designed to give health practitioners the knowledge to reduce and prevent disease and maintain the well being of all populations.

According to the American Public Health Association, this new 2nd edition has been developed as a text for practitioners, students, and individuals in both the podiatric and public health professions. It is intended to serve as a model for the future, so that the public can be assured of their foot health and, as society ages, patients can retain their mobility, minimize complications related to chronic diseases, and retain their health and vigor late in life. This presentation has been authored by a group of professionals with a long history of involvement in the professions of podiatric medicine and in public health. It blends maturity, experience, vitality, and seasoning to reflect the best of podiatric public

health. The health care delivery system is ever changing. There is a need to focus concern in the future quality of podiatric medical care, the delivery of care, and availability of podiatric care for generations to come.

For further information on the Barry University Professional MPH Program contact: Richard T. Patton, MA, MPH, CHES, director, Professional MPH Program, Barry University, 11300 NE Second Avenue, Miami Shores FL 33161, call 305-899-3257, or email RPatton@mail.barry.edu.



## Dr. Ouzounov Elevates Research Efforts at Barry's Division of Medicine

*In fall 2006, Dr. Kaloian Ouzounov was appointed to serve as the research director for the Barry University Division of Medicine. Dr. Ouzounov teaches research methodology, peripheral vascular diseases, and promotes, supervises, and facilitates research activities. The editor asked Dr. Ouzounov to describe his vision for research at Barry University and how the new Center for Community Health and Minority Medicine will be a catalyst for research projects.*



**Kaloian Ouzounov, DPM**

The Division of Medicine at Barry University fosters the belief that providing both faculty and students with a variety of research opportunities and experiences we will be better prepared to care for our future patients, relieve pain and suffering, and eliminate many of the diseases that afflict mankind. I have organized the research goals into, faculty research goals, student research goals, and industry research goals.

### Faculty Research Goals

The research goals I have for the podiatric faculty include development of a podiatric research database, establishing a manual of policies, rules, and regulations for podiatric research, providing support to joint podiatric research projects among podiatric faculty, and acquisition of needed research tools to conduct quality research.

working on and enhance collaboration. At the same time, I will be able to monitor the level of research and provide assistance to faculty as needed. An initial policies, rules, and regulations manual for podiatric research has been created, subject to further modification. It is based upon Barry University's IRB Policies and Procedures Manual. I am working closely with Gretchen Harkins in the Barry University Grants Office, Dr. Chet Evans VP Medical Affairs and Dr. John Nelson, Dean of Clinics, as well as with individual members of the basic sciences and clinical faculty, to develop policies and guidelines specific and applicable to podiatric medicine.

Pertaining to joint projects, the School is interested in creating a research environment that will encourage two or more faculty to work together on a single project. I will be available to give technical support in terms of

The first faculty research goal involves creating a podiatric database on all research projects being conducted by the podiatric faculty. This will enable faculty to see what projects other faculty are

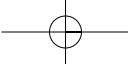
possible funding sources, a second eye to review the idea and project development, as well as, assist with facilitating submission through Barry's IRB, grants office, and to the funding source.

The School is in need of two basic research infrastructure tools that I am working on to acquire. One is to provide all podiatric faculty with direct access to Statistical Package of the Social Sciences (SPSS) software which is the industry standard for collecting and analyzing research data.

The other tool is the Universal Testing Machine. This equipment can test for tensile strength, compression, flexure, friction, tear, adhesion, insertion, shear strength, and many other parameters of various screws, pins, wires, and other metallic devices used in lower extremity surgical procedures.

These two basic research tools together with the already available cadaver specimens in our state of the art cadaver lab will enable us to have a research infrastructure capable of developing strong scientific research with significant impact for our profession.

I would like to welcome and invite readers of this article who feel they have a specific research idea and would like to develop it further, to contact me at kouzounov@mail.barry.edu. I believe together we can make the impossible possible, and as a team win where a single person often fails.



# FACULTY *profile*



**Terry Helopoulos, MMS, PA-C**

## Medicine and Teaching: The Perfect Match for Helopoulos

*Terry Helopoulos, MMS, PA-C has recently joined the core faculty as assistant professor of medical education for the Barry University Physician Assistant Program Expansion at St. Petersburg College. Previously she owned her own photography studio but her love for medicine and teaching drew her to a career as a PA. The editor asked Helopoulos about her career in medicine and her experience teaching with Barry's innovative interactive video conferencing technology.*

EDITOR: How did you become interested in medicine as a career?

HELOPOULOS: Several years ago, my husband Chris, went back to school and became a Physician Assistant (PA). We have always had good communications, so in order to speak and understand his new language (medical terminology), I decided to look into nursing school. Daytona Beach Community College just happened to have a 1-year Licensed Practical Nurse program, so I signed up and ended up falling in love with medicine.

EDITOR: Did you have any other career interests before?

HELOPOULOS: My husband and I have owned a few different businesses, including a photography studio and a restaurant. I had also been taking classes to become a high school math teacher. I did a few years of substitute teaching while working on my college degree.

EDITOR: I understand PA medicine is a family venture can you describe how this came about?

HELOPOULOS: After I worked as a nurse for a few years, I knew that I wanted to be able to

offer more to my patients, so I began looking into attending PA school myself. We moved to Miami (from Daytona Beach) so that I could join the inaugural class of Miami-Dade College's Physician Assistant Program in 1998. That was the year that Chris (also a PA) joined Barry University's faculty and I began to see the prospects of putting medicine together with my love of teaching. In the meantime, my son, Matthew was going to the University of Florida to become a Medical Technologist. But he decided early on that he, too, would probably apply to PA school when the opportunity arose. And that opportunity presented itself when Barry University decided to expand their PA program to St. Petersburg College and he was able to make the transition to a PA student.

EDITOR: What is your title and responsibilities with the Barry PA Program?

EDITOR: Discuss your academic degrees, majors, and where you obtained them?

HELOPOULOS: I hold a Master of Medical Science degree (MMS) from Nova Southeastern University in Ft. Lauderdale, Florida. My Associate of Science degree in Physician Assistant Studies is from Miami-Dade Community College. I completed the Practical Nursing Certificate from Daytona Beach Community College, where I was class president. I also received an Associates Degree in Marketing and Business from Mott Community College in Flint, Michigan.

EDITOR: What are your outside interests and hobbies?

HELOPOULOS: I am very proud to say that we have 3 beautiful grandchildren. My husband and I love to travel and have taken several trips

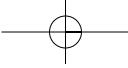
including going to Europe and Asia. We previously owned a photography studio and I continue to enjoy photography as a hobby.

EDITOR: How would you describe the use of the interactive video teaching?

HELOPOULOS: Since interactive video teaching involves cameras, microphones, and computers, there is always the potential for glitches and malfunctions - especially the most common one - "operator malfunction". Initially, it can be an intimidating experience to do a lecture in a classroom with a camera pointing at you. But eventually you begin to think of the camera as a means of communicating with your students, so it becomes a friendly tool for you - the same way that e-mail or the telephone would.

EDITOR: What advice do you have for prospective students about the future of the PA profession?

HELOPOULOS: The PA profession has a very bright future. With the Baby Boomers beginning to retire and need more medical assistance, the health care field is in need of more and more practitioners. The PA profession has been named as the 4th fastest growing profession in the country, and wages have continued to rise. But we need to continue to be well-educated, well-informed, and highly skilled if we are to maintain the level of respect and confidence that is placed on us by both physicians and patients.



BARRY UNIVERSITY

DIVISION OF MEDICINE

SPRING 2007

## Barry Offers 2007 Comprehensive Podiatric Board Review Course



**Albert W. Armstrong, DPM**

Make your plans early to register for the Barry University School of Podiatric Medicine's unique 2007 Comprehensive Board Review Course to be held at the Holiday Inn Hotel & Suites, May 23-27, 2007. According to Dawn Aleman, director of continuing medical education (CME) for the Barry University

Division of Medicine, "Barry's board review offers podiatric physicians the opportunity to pursue an intense, high quality program, while leaving time with their families to enjoy the fun and pleasures of Disney and other nearby Orlando attractions."

The goal of the comprehensive board review seminar is to educate and prepare podiatric physicians to take certification examinations in podiatric surgery, orthopedics, and primary podiatric medicine. Relevant materials will be presented in an abridged manner with notes supplied in respective areas and insight will be given on how to prepare for the oral examination. After completing the course, physicians should be able to identify disease processes, appreciate conservative treatment, surgical criteria, and appropriate therapeutic procedures.

Most traditional board reviews are geared toward full immersion in lectures, slide

presentations, and panel discussions ten hours a day. What sets Barry's review apart from the others is "that we plan the schedule to allow time with family members," Aleman said. "And it seems to work – an overwhelming number of those attendees surveyed passed their surgical or medical board exam," she added.

The greater Orlando area is America's playground with Disney, Universal Studio, Sea World, House of Blues, and many other entertainment venues. The Holiday Inn Hotel & Suites is located at Universal Studios Main Gate. Orlando is also home to Leu Gardens and nearby Winter Park featuring the Morse Museum of American Art which houses the world's most comprehensive collection of the works of Louis Comfort Tiffany.

For further info or to register contact CME Director, Dawn Aleman at 305-899-3266 or 800-319-FEET.

## Agnes Seminar Addresses Sports Medicine

On February 10, 2007 the Florida Podiatric Medical Student Association (FPMSA) continued Sister Agnes Stechschulte's vision of dedication and continuing education with the 17th annual Agnes Seminar. Through the devotion of the FPMSA and the students it represents, this seminar was able to maintain a reputation that has been built upon for many years. Now a Barry University School of Podiatric Medicine tradition, the main goals of the Agnes Seminar are to offer quality Continuing Medical Education material to podiatric physicians, strengthen the relationships between the students with the attending podiatric physicians and exhibitors, and most importantly raising money for FPMSA student events and organizations. There was a total of thirty one registered DPMs for the AGNES seminar, along with over fifty students, and twelve medical supply/pharmaceutical vendors.

This year the Agnes Seminar was a success once again, and we had a lot of help making this year's event continue the tradition. The topic this year was "Podiatric Sports Medicine Update". With the help of the American Academy of Podiatric Sports Medicine (AAPSM) and their director, Ms. Rita Yates, we were able to obtain some very notable speakers. The day began with President Elect for the AAPSM, Matthew Werd, DPM from Lakeland, Florida. Dr. Werd spoke about the newest athletic shoes and socks available on the market as well as the pros and cons for each. The second lecture of the day, "Surgical Considerations in the Athlete" was presented

by David Davidson, DPM who is from Amherst, New York, and is Chief of Podiatry for the Klein Medical Health System. Dr. Davidson was sponsored by Vilex, Inc. but was unable to make the trip due to medical concerns. Filling in for him was Dr. Marque Allen from San Antonio, Texas, who also serves as the team podiatrist for 2005 NBA World Champions, San Antonio Spurs, and WNBA San Antonio Silver Stars. Dr. Allen also lectured on the "Evaluation of Turf Toe Injuries in Athletes". Our fourth lecture of the day was delivered by Michael VanPelt, DPM and was entitled "5th Metatarsal Fractures in Sports." Dr. VanPelt, is currently a Barry University podiatric sports medicine fellow to our fifth speaker, James Losito, DPM, Barry University School of Podiatric Medicine faculty member, past president of the AAPSM, and team podiatrist for the 2006 NBA World Champion Miami Heat. Dr. Losito delivered a lecture on "Exercise Induced Leg Pain" to round out the 2007 Agnes Seminar's lecture series.

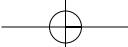
Of course these types of events cannot be possible without the help of a dedicated group of students who, through the auspices of the FPMSA, were part of the Agnes Committee. These committee members include, Co-chair, Shannon R. Schnell (2008), Alexandra M. Andes (2008), Wilbur "Richard" Boothby V (2010), Dennis P. Claire (2008), Emma S. Espiritu (2009), Martha J. Huertas (2010), Brant L. McCartan (2010), Masoud Moradi (2009), Jefferey T. Schnell (2008), Sherunda S. Smith (2008), Jenny M. Wawrzyniak (2009),

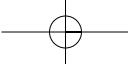


**Agnes Committee Chair Nathan Vela, M.P.H., Class of '09 and Shannon Schnell, Class of '08**

Nooshin Zolfaghari (2008). Special thanks are in order for those who sponsored our event this year and these companies include: Ocean Aide, Vilex Incorporated, BioPro, Trulife, Gorman Medical, Amerx Health Care Corporation, Gill Podiatric Supplies, Merz Pharmaceutical, Pedinol Pharmaceutical, PICA group, DJO Aircast, Biomet Incorporated, and Powerstep. With their attendance, the podiatric community gained insight on the products and services these companies had to offer. Due to the continued generosity of these companies in their support of Podiatric Medicine and its students through Barry University's Florida Podiatric Medical Student Association, the 2007 17th Annual Agnes Seminar was once again one for the books. For information regarding other upcoming CME events you may contact 800-319-FEET.

*Submitted by: Nathan D. Vela*





# Ground Breaking Launches New Center for Community Health and Minority Medicine



(l to r) Paul Klutts, Pod Class of '07; Vice President for Medical Affairs, Dr. Chet Evans; Jeffrey Schnell, Class of '08 and FPMSC President; Nathan Vela Class of '09 and FPMSC President Elect

Barry University broke ground Thursday, January 18th on the long anticipated Center for Community Health and Minority Medicine. Many community officials and major donors were present, in addition to students, faculty and staff representing the Schools of Graduate Medical Sciences, Podiatric Medicine, Nursing and various other schools and divisions.

President Sister Linda Bevilacqua, OP, PhD led the morning ceremony with a welcome address and remarks. Cyrus Jollivette, senior vice president of Public Affairs, represented major donor, Blue Cross and Blue Shield of Florida and also gave an address to those in attendance. Chaplain, Scott O'Brien, OP, DMin, blessed the site of the future building, and the Barry University Choir was also present to perform several selections.

## Corrections

Dr. Charles Southerland, director of the Yucatan Crippled Children's Project, shown last issue with Dr. Eugenio Rivera, and Dr. Nelson Gonzalez.

Division of Medicine Scholarship Recipients include Shirmeen Lakhani who received a Podiatric Merit Dean's Scholarship, 2006-07 academic year.

Once complete, the Center will house the newly formed Division of Medicine, including the Schools of Graduate Medical Sciences and Podiatric Medicine. The School of Nursing will also utilize research and classroom space in the new facilities.

"This new facility will represent a coming together of signature programs in health professional education, where there will be a great cross-fertilization of faculties," said Bevilacqua.

In addition to serving more than 400 health professional students, the Center will also enable Barry to continue its commitment to serving minority and underserved communities. Barry was designated a Hispanic Serving Institution in May of 2006 and has embraced this position in the community.

"Of the more than 450,000 medically underserved residents in greater Miami, more than 250,000 patients have been cared for by our faculty and students," Bevilacqua said. "In the last 10 years, our doctors have treated and operated on nearly 5,000 crippled indigent children in the Yucatan Peninsula. Our five Foot and Ankle Institutes are unique to the podiatric colleges and

provide nearly \$ 1-million a year in charitable care."

Barry takes it a step beyond simply serving these communities, and is committed to training the next generation of minority health professionals. Barry's School of Podiatric Medicine graduates more Hispanic podiatrists than any other school in the country.

When all three phases of the development plan are complete, the Center will house classroom, research and clinical training facilities, and focus on diseases that disproportionately effect minority and medically underserved communities. It will also facilitate the development of educational programs for the prevention, treatment and management of these diseases.

"The Center not only provides us with increased capacity to attract and train health professional students from diverse backgrounds but better enables us to serve the health and medical needs of our diverse population in South Florida as well as the state and the nation," said Richard Patton, MA, MPH, CHES, director for the Center for Community Health and Minority Medicine.

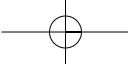
Phase I of the Center is estimated to cost approximately \$5 million with the total cost of constructing the Barry University Center for Community Health and Minority Medicine estimated at more than \$18 million. It is anticipated that students and faculty will be utilizing the facilities contained in Phase I by the fall of 2008.

*Reprinted Courtesy of the Barry University Office of University Relations*



The Barry University Physician Assistant (BUPAP) St. Petersburg Expansion is proud to congratulate Lars A.

Hafner for receiving his PhD in Educational Leadership from the Barry University Seminole campus. Dr. Hafner serves as the Associate Vice President for the University Partnership Center at St. Petersburg College and has been instrumental in the development of the BUPAP St. Petersburg Expansion.



BARRY UNIVERSITY

DIVISION OF MEDICINE

SPRING 2007

## IMPORTANT DATES

### ■ APRIL 28, 2007

School of Podiatric Medicine Class of 2007  
Commencement Ceremony  
11:00 am – 1:00 pm  
Barry University Campus, Broad Center  
Contact: Bob McKinlay/Rena Kizilisik  
305-899-3269

### ■ MAY 23-27, 2007

Primary Podiatric Medicine, Orthopedics,  
and Surgery Board Review  
Barry University School of  
Podiatric Medicine  
Holiday Inn at Universal Studios  
Contact: Dawn Aleman 305-899-3266 or  
800-319-FEET

### ■ JUNE 1, 2007

School of Podiatric Medicine Class of 2009  
Rite of Passage Ceremony  
5:00 pm – 7:00 pm  
Barry University Campus, Broad Center  
Contact: Bob McKinlay/Rena Kizilisik  
305-899-3269

### ■ AUGUST 23, 2007

Physician Assistant Class of 2008 Rite of Passage  
'White Coat' Ceremony  
6:00 pm – 9:00 pm  
Barry University Campus, Broad Center  
Contact: Valerie Williams  
305-899-3964

### ■ AUGUST 24, 2007

Physician Assistant Class of 2008 Rite of Passage  
'White Coat' Ceremony  
6:00 pm – 9:00 pm  
UPC St. Petersburg College Campus  
Contact: Deborah Winton  
727-341-4156

### ■ MARK YOUR CALENDAR!!

#### DECEMBER 2, 2007

Physician Assistant 10th Anniversary Celebration  
Details will be announced in the next issue!!  
For more information contact: Valerie Williams  
305-899-3964

*continued from page 5*

performance in Physical Diagnosis; Sherissa Chang-Williams received the Dr. Jules Ross Award for her demonstration of enthusiasm and excellence in community service; and Rikkita Russell was presented with the Barry University Physician Assistant Endowed Scholarship Award. The Marian Weinreb Memorial Scholarship was awarded to Justin Bartl, Miami Shores campus and Kristen Perdigao, St. Petersburg Expansion campus as the two first year students who demonstrated outstanding class leadership.

Narrated by Carmen Queral Fox, MPH, PA-C, core faculty member in the Barry PA Program and clinical coordinator, the event was attended by over 500 family, friends, faculty, staff, and students. Dr. Chet Evans, vice president of Medical Affairs for the Barry University Division of Medicine indicated to the graduates that "you have willingly chosen to accept the gift of

assuming the greatest burden of mankind, and that is to be responsible for the care and welfare of your fellow human beings. For that I know you are well prepared," he added.

The class gave special thanks to the core faculty of the PA Program, the adjunct faculty members, the PA Program administrative assistants, and the class officers. A special recognition was made to Julia Dawson, president, Class of 2006 for going above and beyond her call of duties. She was presented with a personalized pediatric stethoscope in preparation for her career as a pediatric PA. The Class of 2006 donated \$300 to the Barry University Physician Assistant Emergency Fund to help students financially in emergency situations and also provided each campus with industrial size coffee makers for early morning end of rotation activities.



**BARRY**  
**UNIVERSITY**  
DIVISION OF MEDICINE  
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