

# MED

# *express*

FALL 2008

Health and Minority Medicine

## WHAT'S *inside*

Barry Ranked #1 for  
Graduating Hispanic Students

The Barry PA Team  
Building Approach



# MESSAGE FROM THE

# dean



**Chet Evans, DPM, CWS**

## Meeting the Challenge for Podiatric Post-graduate Medical Education

*As a profession, podiatric medicine is in the process of developing standards for its residency training programs that will bring parity to all podiatric post-graduate training programs. Vision 2015, advanced by the APMA Board of Trustees, calls for residency programs to be a minimum of three years in length with uniform competencies. The goal is to achieve universal recognition of Doctors of Podiatric Medicine as physicians with similar education, training, and experiences as allopathic and osteopathic physicians. The editor spoke with Dr. Chet Evans, dean of the School of Podiatric Medicine about the monumental changes and the role the School at Barry will play.*

**Editor:** What is Vision 2015 and how did it come about?

**Dr. Evans:** Vision 2015 is the American Podiatric Medical Association's Board of Trustees' plan to bring universal recognition to DPMs as physicians with similar education, training and experiences as allopathic and osteopathic physicians. It requires all residency programs to be a minimum of three years in length with uniform competencies. All other medical specialties have residencies that are at least three years in length. Podiatric medicine should be no different in order to achieve parity.

**EDITOR:** How many residency programs are there in the United States at the present time? How many are three years in length?

**DR. EVANS:** There are over 300 residency programs nationally. Podiatric medicine is making steady progress as more than two thirds of our current residency programs are three years in length.

**Editor:** What are the competency requirements that the Council on Podiatric Medical Education (CPME) will be rewriting?

**Dr. Evans:** CPME Document 320 will redefine what competencies must be met to complete a three year residency program. It will detail the specific requirements for our residency programs. As the profession rewrites these competencies, input has been given by faculty from the colleges of podiatric medicine, practitioners in the field, and residency directors. Once CPME 320 has been rewritten and the process completed all existing residency programs will be required to convert to the new model. This rewrite, however, will take some time. The critical issue that must be resolved is to be sure that there are adequate numbers of entry level residency positions to

accommodate all graduates of the podiatric medical schools.

**Editor:** Is Barry's School of Podiatric Medicine associated with any residency programs?

**Dr. Evans:** The School has an affiliated three year podiatric residency program (PM & S - 36) with Mercy Hospital, as well as a relationship with the program at Mt. Sinai Hospital and Medical Center. In both instances, the hospital is the primary sponsor of training for the podiatric residency programs and receives funding from Medicare to support that training.

**Editor:** Will there be enough residency programs for students graduating from the eight schools of podiatric medicine in the future?

**Dr. Evans:** As we stand today, the projected number of graduates from the eight schools in the next two years is expected to exceed the current number of residency programs. This is just a short term issue. The podiatric colleges have no federal

cap on the development of new residency programs for podiatric physician graduates. Therefore, we can easily develop additional programs to meet the number of current and future graduates. In addition, many of the existing programs can expand their numbers of residency positions and still meet CPME standards. Since there are nearly 7,000 hospitals in the United States, establishing 700 CPME approved positions should be well within reach.

**Editor:** How can podiatric physicians who practice in a hospital setting develop a residency program?

**Dr. Evans:** There is an incentive for hospitals to establish residency programs as they receive funding from Medicare for each residency position. The Council on Teaching Hospitals (COH) and CPME have materials that are available to assist with the development of a residency program. It is in the interest of all of us in the profession for podiatric physicians who practice in a hospital to develop residency programs. In addition, and as we do here at Barry, all of the podiatric medical schools have individuals and resources to assist in the development of residency programs.

**Editor:** Currently 14 states do not have a single residency program. Why should residency programs be developed in these states?

**Dr. Evans:** These states are in the dark ages and are not helping our profession. It is curious, in fact, that most of those states require residency training for licensure. It behooves the podiatric physicians who practice in these states to immediately begin the process of establishing residency programs. As a result, there will be more podiatric practitioners in these states, increasing the viability of our profession and helping it to achieve parity.

**Editor:** In what way have Barry faculty participated in the changes occurring in residency training?

**Dr. Evans:** Through our affiliated hospitals, two of our podiatric clinical faculty members are presently residency directors. At least four others, including myself, have been directors of programs in the past. The Barry podiatric faculty are vitally aware of residency training requirements and keep abreast of the latest changes that are occurring in graduate medical education (GME). The clinical faculty are on staff at many teaching hospitals, and are actually training residents, not just in podiatric medicine and surgery but in other specialties as well.

# WHAT'S *inside*



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**MEDEXpress** is published for the alumni, students, faculty, staff, and friends of the Barry University Division of Medicine. The primary purpose of Barry University is to offer its students a quality education. Furthermore, Barry University commits itself to assuring a religious dimension and to providing community service and presence within a more caring environment.

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## Barry Ranked #1 for Graduating Hispanic Students



For the fifth consecutive year, Barry University's School of Podiatric Medicine has graduated more Hispanic podiatric physicians than any other school in the nation, according to *The Hispanic Outlook in Higher Education Magazine*. The publication, which is the only Hispanic educational magazine for the higher education community, ranked Barry as No. 1 in its annual Top 100 issue.

The Top 100 ranking lists colleges and universities that awarded the most degrees to Hispanics based on the latest information from the U.S. Department of Education's National Center for

Education Statistics (NCES). Barry's School of Podiatric Medicine graduated nine Hispanics – five females and four males – in 2007. Barry University was designated as a Hispanic Serving Institution by the United States Department of Education in 2006.

"This statistic exemplifies Barry University's mission of providing a caring, quality education with service to the community," said Dr. Chet Evans, dean of the School of Podiatric Medicine. "The idea that our podiatric medical student body should reflect the demographic of our community is an important component of that mission."

# PROGRAM DIRECTOR'S *column*

## The Barry PA Team Building Approach: *A Model for Success*

by Doreen C. Parkhurst, MD, FACEP

The recent restructuring of the School of Graduate Medical Sciences was the catalyst for Barry's Physician Assistant program to create a series of teambuilding sessions which culminated in a three day retreat held in St. Petersburg, Florida. Dr. Doreen C. Parkhurst, assistant dean and director of the Physician Assistant program, wanted to be proactive going forward and set the goal of becoming a "more efficient, collegial team that works together like a well-oiled machine. Establishing a new order of collegial relationships and a new efficiency are really a top priority right now. The team and program needs always take top priority."

Combining the goals of personal and team renewal with creating standards for becoming a more productive and effective department, the sessions focused on understanding team members' communication styles, their preferences for team interaction and building trust. Facilitated by Roxanne S. Davies, assistant to the president for organizational effectiveness, the sessions used discussion points from the Myers Briggs and The Five Dysfunctions of a Team by Patrick Lencioni. Dr. Parkhurst asked all members of the 19 member Physician Assistant Team to read The Five Dysfunctions of a Team to aid in the session discussions. The faculty and staff felt this was a useful model to guide them in understanding issues around trust, conflict, accountability and results-oriented actions.

Davies, said, "My hat goes off to the PA team as they face the challenge of creating an effective structure for faculty, staff and student interactions between Miami Shores and St. Petersburg. More and more universities are facing this challenge and I compliment the PA team for their use of technology, team building and innovative strategies to create a cohesive spirit."

Some positive outcomes from these summer efforts were:

- The development of a procedure manual designed to create standards of best practice for the PA Team.
- The creation of Team Rules that will be used to guide the PA team on everything from e-mail etiquette to effective communication.
- The adoption of an action planning model which will create a mechanism for long-term

follow-up on projects, process review and tasks.

- The review of job descriptions related to the new organizational chart.
- Accreditation procedures were reviewed by Keith Moore, associate program director, as the team heads into a rigorous accreditation cycle.
- Terry Helopoulos, operations director, St. Petersburg, created a new faculty orientation

format that will be used to orient all students to the PA program with an accountability component.

- The most successful outcome was the establishment of a team with many new players who got to know one another and who practiced and learned how to communicate with each other, verbally and non-verbally.

### Physician Assistants



Best Results

Accountability  
Commitment  
Resolution of Conflict  
Trust  
Barry Physician Assistant Team

## 2008 Retreat

# STUDENT *news*

## Barry Podiatric Student Physicians Begin Clinical Training



**Barry University School of Podiatric Medicine, Class of 2010**

“The academic foundation for your future as a podiatric physician has been put in place, now you will begin to build upon that strong foundation in your clinical training,” said Dr. Robert Schwartz to the 51 Barry University podiatric medical students participating in the May 30, 2008 Rite of Passage ceremony at Broad Center on the Miami Shores campus. Dr. Schwartz served as the keynote speaker and presented his daughter, Jaelyn Schwartz, with her white coat.

The Rite of Passage ceremony, narrated by David Auguste, president, Class of 2011, continues a tradition at Barry University for podiatric medical students. The lab coats presented to the students have been recognized since the 1800’s as the attire of the medical profession. Each student was presented with

their coat by Ramjeet Pemsingh, PhD, chair of basic medical sciences and John Nelson, DPM, associate dean of clinics.

Over 400 family, friends, students, and members of Barry’s faculty and staff attended the program to celebrate this important milestone and recognize the accomplishments of the School of Podiatric Medicine, Class of 2010.

Bradley Haves, DPM, Class of 1990 delivered an inspiring alumni address recommending to the Class of 2010 that they “study hard but always make time for friends and family and also remember to give back to Barry and the community.” Dr. Haves described his first clinical rotations at Barry as humbling but enlightening, including those supervised by Dr. Charles Southerland, one of the founding Barry podiatric faculty members and director of

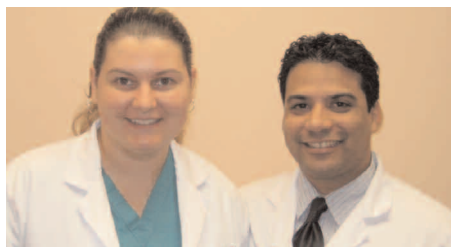
the Yucatan Crippled Children’s Project.

The Barry School of Podiatric Medicine has made impressive progress since its humble beginnings in 1988. There were eighteen students in the first class, no clinics, and only one hospital affiliation. Now, the Program has over 200 podiatric medical students with at least 200 hospital based externships, a 36 month podiatric medical and surgical residency training program, and over 1,000 podiatric graduates.

Ashish Kapila, president, Class of 2010, indicated, “We have learned together, laughed together, and most of all, grown together. We are now armed with the knowledge to begin learning to heal patients,” he added.

The Podiatry Insurance Company of America (PICA) sponsored this event in its entirety and has generously committed to being the exclusive sponsor for the next four years. According to Vice President for Medical Affairs and Dean of the School of Podiatric Medicine, Dr. Chet Evans, “This magnanimous gift demonstrates the dedication and commitment that PICA has to this important transition for the podiatric medical students at Barry.”

## Barry Alumni Join Residency Program



**Drs. Mario Cala and Karina Baesso, Class of 2008, first year Mercy/Barry residents**

The Mercy Hospital/Barry University Podiatric Medicine and Surgery Residency Program is proud to welcome two recent podiatric medical graduates to the program. Dr. Karina Baesso and Dr. Mario Cala (DPM ‘08) joined the residency program in July 2008 to begin their 36 month post-graduate training at Mercy Hospital under Dr. Thomas Merrill, residency director and professor of surgery, and Dr. James Losito, professor of orthopedics and biomechanics and podiatric physician to the Miami Heat Basketball team. Dr. Baesso, originally from Sao Paulo, Brazil and Dr. Cala, from Camaguey, Cuba are both Miami residents and plan to maintain their practices in South Florida after completion of their training.



**(l to r) Comprehensive Board Review Attendees: Drs. Michael Baker, Adam Katz, Joshua Mitnick, Sarah Phelps, Monique Mitchell and Brian Kobylus**

# ALUMNI *news*



## Barry DPM Grad Dedicated to Saving the Diabetic Foot

*Ace Anglin, DPM ('96) graduate of the Barry University School of Podiatric Medicine has dedicated his life's work to preventing unnecessary amputations. His book [Saving the Diabetic Foot](#) teaches patients and health care providers about proper foot care for diabetics. Over the past decade, Dr. Anglin has lectured on diabetic foot care to over 100 professional organizations.*

EDITOR: How did you become interested in a career in medicine?

DR. ANGLIN: Ironically, I did not choose podiatric medicine but it chose me. In 1989, I received a letter which was intended for my college's pre-med advisor. That letter was an invitation for select pre-med students to attend an interview for Barry University's School of Podiatric Medicine. I attended the interview and the rest is history.

EDITOR: Please describe your educational career at Barry University.

DR. ANGLIN: Attending Barry's School of Podiatric Medicine truly enhanced my life and career on both a personal and spiritual level. I was fortunate to have wonderful mentors such as Dr. Ramjeet S. Pemsingh who gave me an opportunity to become a teaching assistant in Pathology and Anatomy. Under the direction of Dr. Pemsingh, I wrote and published two articles which appeared in *Podiatric Quarterly*.

EDITOR: Where do you currently practice and what are your areas of specialty?

DR. ANGLIN: I have served as the chief of podiatric medicine and surgery for Health Services Incorporated of Montgomery, Alabama for over a decade. I have had the opportunity to establish podiatric medical departments at four community health centers which service six counties providing health care for more than 30,000 patients of which many are uninsured or underinsured.

EDITOR: What other degrees do you hold and from what university?

DR. ANGLIN: I received my Bachelor of Science and Master of Science degree in biology from Alabama State University. I completed my residency in podiatric medicine and surgery at the Central Alabama Veterans Health Care System in Tuskegee, Alabama.

EDITOR: What inspired you to write *Saving the Diabetic Foot*?

DR. ANGLIN: As a podiatric physician working in Alabama, a state which has the

highest rate of diabetes in the nation, I was inspired to write the book because I witnessed too many amputations. *Saving the Diabetic Foot* is a dedication to the remarkable work of the late Dr. Paul Brand. I was forever changed after reading the collaboration between Dr. Brand and Philip Yancey entitled, *Pain: The Gift Nobody Wants*. Their book inspired me to travel to Carville, Louisiana to visit the National Hansen's Disease (leprosy) Museum and train at Summit Hospital in Baton Rouge, Louisiana. The National Hansen's Museum is dedicated to collecting, preserving and interpreting the medical and cultural artifacts of the Carville Historic District and promoting the understanding, identification and treatment of Hansen's disease (leprosy), commemorating those who lived at the National Leprosarium as patients, as well as the health care professionals who made medical history as they battled the disease.

EDITOR: Have you presented lectures on diabetes to the public and professional audiences?

DR. ANGLIN: Yes. From 1997 to 2008, I have had the opportunity to speak on diabetic foot care to over 100 professional organizations. I have served as a professional speaker and consultant for the Bureau of Primary Health Care Health Disparities Collaborative. As a speaker for the collaborative, I had the privilege of educating nurses and health care providers throughout the Southeast Atlantic region how to perform a proper foot examination and when to refer their diabetic patient to a podiatric physician.

In 2007, I became an advisory member and professional speaker for the Alabama Department of Public Health, Diabetes Control and Prevention Program.

EDITOR: What honors or recognitions have you received for your work in podiatric medicine?

DR. ANGLIN: I received my Doctor of Podiatric Medicine degree from Barry University where I was awarded the Scholarly Development Award and the first Clinical Faculty Scholarship for Clinical Excellence. In 2007, the City of Dothan, Alabama invited me to be a featured speaker for their annual Diabetes Wellness Workshop. I also have also been a featured speaker for both the State of Alabama and Florida for their Associations of Community Health Center's annual celebration.

EDITOR: What community service endeavors have you participated in?

DR. ANGLIN: I have served as a speaker for the Bureau of Health Professions Health Careers Opportunity Program (HCOP) at Alabama State University (ASU). HCOP is committed to eliminating racial disparities by preparing disadvantaged students for a career in the health field. I am also an adjunct biology instructor at ASU.

Over a decade ago, I began to educate the public about the importance of obtaining foot examinations by performing free foot exams in both the months of August and November. First, I would celebrate August, National Foot Health Month, by offering free foot exams to all patients. Next, I would celebrate November, National Diabetes Month, by offering free foot exams to all patients with diabetes. The events were a huge success, drawing large crowds and attracting local media attention.

EDITOR: If you were giving advice to a student seeking a career in podiatric medicine, what would you recommend to them?

DR. ANGLIN: My advice for students seeking to succeed in podiatric medicine is for them to pursue podiatric medicine passionately and to be proud of their profession. Secondly, I would advise them to stay at the leading edge of the profession after residency training by participating in courses and seminars focusing on the latest breakthroughs in podiatric medicine and surgery.

I was not fortunate enough to have been selected for a surgical residency but I have completed six consecutive mini-residencies in cadaver surgery and AO fixation from the Podiatric Institute in Decatur, Georgia. Successful practitioners realize that good continuing education is very expensive but not as costly as ignorance.

# DIVISION of MEDICINE *news*

## Dr. Kopenhaver Scholarship Awarded

The Barry University School of Podiatric Medicine is pleased to announce that Kristen Diehl and Demetria Martin have been selected to receive the Patricia Ellsworth Kopenhaver, BA, MA, DPM Scholarship for 2008. Ms. Diehl ('10) and Ms. Martin ('09) will each receive a \$500 scholarship to defray tuition costs for their medical education solely through the generous support of Dr. Patricia Kopenhaver.

The Patricia Ellsworth Kopenhaver Endowed Scholarship Fund was established by Dr. Kopenhaver to benefit female students in podiatric medicine who are academically qualified at Barry University's School of Podiatric Medicine.

The students were selected for the scholarship based upon their membership in the American Association of Women Podiatrists (AAWP), podiatric affiliations, activities, and positions they have held, their academic merit, financial need, membership and involvement with other organizations, and an essay about "Why I am the most qualified for the Patricia Ellsworth Kopenhaver Scholarship."

According to Dr. Chet Evans, vice president for medical affairs and dean of the School of



**(l to r ) Dr. John Nelson, associate dean of clinics, School of Podiatric Medicine, with scholarship recipients Demetria Martin, Class of '09 and Kristen Diehl, Class of '10 and Dr. Chet Evans, vice president for Medical Affairs and dean**

Podiatric Medicine, "Both student doctors Diehl and Martin serve as fine role models for their classmates for their hard work and high level of achievement. We are sincerely grateful to Dr.

Kopenhaver for making this scholarship possible and helping our female students achieve their dreams of becoming podiatric physicians."

## Faculty and Staff Move into Center for Community Health and Minority Medicine

by Paige Stein



**School of Podiatric Medicine and Physician Assistant Program faculty and staff at the new Center for Community Health and Minority Medicine**

Faculty and staff from Barry University's School of Podiatric Medicine and the Physician Assistant Program began moving into the Center for Community Health and Minority Medicine on Monday, July 14. The move into the new facility, located at 320 NW 115th Street in Miami, is expected to continue throughout the summer.

on this project, and we are tremendously proud to see it become a reality," said Dr. Chet Evans, dean of the School of Podiatric Medicine. "The Center is going to be an important resource in our efforts to train the next generation of health professionals and will allow us to significantly extend our outreach in a number of South Florida communities."

The Center will serve more than 400 health professional students, including students from the College of Health Sciences. Working from a collaborative model, the Center will provide an enormous opportunity not only for the university but for the South Florida community it serves.

"A great many people have worked very hard

With its three-phase development plan, the Center will house classroom, research and clinical facilities used to focus on diseases that adversely affect minority and underserved communities. It will also facilitate the development of educational programs for the prevention, treatment and management of these diseases.

Both the School of Podiatric Medicine and the Physician Assistant Program have established traditions of service to minority and underserved communities. Since 1989, Barry's Podiatric Primary Care Residency Training Program has trained 150 residents to work in medically underserved communities, while the Physician Assistant's Cross Cultural Primary Care Training Program focuses on training physician assistants using a cultural competency curriculum. A medical Creole or medical Spanish course is required for all students in the PA program.

Phase I of the center cost approximately \$5 million with the total cost of constructing the Barry University Center for Community Health and Minority Medicine estimated at more than \$18 million. Third- and fourth-year podiatric medical students will attend classes in the new facility in the fall 2008 semester, just 19 months after its groundbreaking in January of 2007.

## Demetria Martin Named Dr. Stelnicki Scholarship Winner



**Demetria Martin, Class of 2009, Stelnicki Scholarship recipient with Dr. John Nelson, associate dean of clinics, School of Podiatric Medicine**

The Barry University School of Podiatric Medicine (BUSPM) is pleased to announce that Demetria Martin has been awarded the Dr. James V. Stelnicki Scholarship for Excellence in Lower Extremity Vascular Medicine. The scholarship, which is based on Dr. Stelnicki's \$100,000 donation to the School of Podiatric Medicine, will award a \$10,000 scholarship to Martin, a senior podiatric medical student at Barry University.

Martin was unanimously selected for the Stelnicki Scholarship by the BUSPM clinical faculty based upon her strong interest in lower extremity vascular medicine, clinical excellence in a vascular medicine rotation at the Miami Veteran's Administration Medical Center, and submission of a research paper on the circulator boot.

According to Martin, "I am very appreciative of this tremendous gift from Dr. Stelnicki. As a single parent of an eleven year old daughter the road has been challenging. Since both my grandparents passed away from complications of Type II Diabetes I chose podiatric medicine as a career to diagnose and treat endocrine disorders like diabetes before it leads to permanent neuropathic damage and cardiovascular conditions such as Peripheral Vascular Disease (PVD). This scholarship will help me to attain my goal to become a podiatric physician." The scholarship will be applied to the tuition account of Martin during her senior year of podiatric medical school.

"Dr. Stelnicki has been a vital supporter of the School of Podiatric Medicine for many years," said Dr. Chet Evans, vice president for medical affairs and dean. "The Stelnicki Scholarship will recognize students who have excelled in lower extremity vascular medicine clinical training for years to come. Demetria Martin is an exceptional student and is truly deserving of this significant scholarship," Evans added.

## Sharing Culture, Business, and Health Experiences with the Chinese



**Carmen Queral, PhD,  
MPH, PA-C**

I recently had the good fortune of being part of a delegation to China. The focus of the delegation was that of promoting friendships between the US and China. We visited Beijing, Shanghai, Nanjing, Xi'an, and Shenzhen. The members of the delegation were:

Major General Bernard Loeffke (Retired), Mr. John Mumford, President of The Washington Group, Engineer, and Adjunct Professor at Harvard University, his grandson Zach, Mr. Jim Winner, businessman and entrepreneur, his grandson Ricky and me.

In the 1970s, General Loeffke, Mr. Mumford and General Colin Powell, were members of the first group of Americans to go into China with President Richard Nixon and Dr. Henry Kissinger. Mr. Winner has recently donated a considerable amount of money to General Loeffke's Friendship Fund, which enables West Point Cadets to visit and teach English in China, a great opportunity to expand language skills and, more importantly, develop friendships.

Our hosts, in particular Mr. James Jiang and his brother, Peter, both businessmen, showered us with attention throughout the entire trip. They, along with their colleagues, arranged for us to visit several universities and primary schools, as well as other organizations. General Loeffke, Mr. Mumford, and Mr. Winner spoke at Beijing's Tsinghua University School of Public Policy and Management, where I also briefly participated. General Loeffke and Mr. Winner visited and spoke at Johns Hopkins University Nanjing University Center and the President's Leadership Academy (PLA) in Nanjing.

The trip was a great success. I was delighted with our hosts and new friends. We were treated extremely well. My perceptions of the Chinese have changed forever. Chinese are certainly attentive, interested, and humorous. It was not only a learning experience but one of cultural awareness as well. The cities we visited were beyond my imagination. There was so much contrast between the old and the new, the traditional and the modern, the extraordinary architecture, the landscaping, the exquisite food, and the progress. It was very difficult to imagine that we were in a communist nation.

# Money Matters

## Who Needs an NPI Number?

Are you having a difficult time understanding the requirements and processes for obtaining a National Provider Identifier (NPI) number? The National Provider Identifier (NPI) number was created as part of the Health Insurance Portability and Accountability Act (HIPAA) of 1996. The Centers for Medicare & Medicaid Services (CMS) developed the National Plan and Provider Enumeration System (NPPES) to collect information on health care providers and assign a unique NPI.

Every provider needs an Individual NPI number (Type 1). If you are part of a group or have a group name (other than your name with DPM, PA at the end), you must have an Organization NPI number (Type 2). For providers with multiple locations or who provide Durable Medical Equipment (DME) for Medicare, an Organization NPI number (Type 2) is required for "each" location.

After obtaining an Individual NPI number (Type 1), an "individual provider number" needs to be added for "any insurance with which you have a provider number." If you have an Organization NPI number (Type 2), you will need to add "group numbers" (not individual numbers) for "any insurance with which you have a group number." If your organization supplies DME, you must have a DME supplier number. If you have multiple locations, you will need an Organization NPI (Type 2) for each location.

For information concerning the NPI application process or updating your current information, you can visit the NPI Enumerator website:

<https://www.nppes.cms.hhs.gov/> or telephone: 1-800-465-3203. At Podiatry Billing Services we have helped our clients in the application and acquisition of their NPI number(s). If you need help, please call us at (800) 394-1169.

# Global Medicine Becoming a Reality



**Cynthia Ferchak, MS, PA-C, assistant professor and clinical coordinator, BUPAP**

Ask Cynthia Ferchak, MS, PA-C, assistant professor and Miami Shores clinical coordinator for the Barry University Physician Assistant (PA) Program, what aspiration she has had since childhood, and she will reply “to be of use to others”. Growing up in an affluent suburb of Chicago, Ferchak was stunned, at a young age, to find that not everyone lived the same life as she did. Driving through the inner city, (her father was taking her to see the world famous Lipizzaner stallions) Ferchak saw a man with no legs, pulling himself along the street on a small square of wood with wheels, and even at such a young age, it was the turning point of her life. This awareness eventually led to a career in medicine and a particular interest in the medically underserved. Ferchak feels her position at Barry enables her to impart to students the importance of service to others.

Ferchak moved from Chicago to Switzerland when she was 10 years old. As an adult, she married and moved back to the U.S. Ferchak earned a bachelor's degree in medical technology, at Moravian College in Bethlehem, Pennsylvania. She then completed a second bachelor's degree as a physician assistant from Hahnemann University in Philadelphia. Finally, she pursued and completed a master's degree in International Health from Tuoro University.

Besides her work in the U.S., Ferchak has done medical work in Jamaica, Nepal and

Laos. She spent four years in Nepal as a volunteer, sponsored by the United Church of Christ. In Nepal, she practiced emergency medicine as part of an international team of health care providers, at the primary hospital for the entire western region of the country. In a country with few roads, and often a 3 day walk to reach the hospital, most of the disease processes she encountered were progressed beyond what is usual to see in the U.S. where people seek medical intervention at a relatively early stage of illness. During this time, Ferchak also co-authored a book of emergency management procedures for Nepali Health Assistants. The work earned her the International Humanitarian Award from the American Academy of Physician Assistants.

Prior to coming to Barry in September 2007, Ferchak was a practicing physician assistant at the Diabetes Research Institute at the University of Miami (UM) School of Medicine. During the years she spent at UM, in addition to managing the needs of her patients, she was responsible for creating a new program, to coordinate patient care between the Diabetes Research Institute and the Department of Transplant Surgery.

At Barry University, Ferchak teaches in the physical diagnosis class during the first didactic year. As clinical coordinator she arranges and assigns Barry Miami Shores PA students to their clinical rotations.

Ferchak is enthusiastic about the interactive video teaching utilized by the Barry University PA Program, which lends itself well to students who may aspire to work in global medicine. One of the positions she had considered was that of a paid Peace Corps PA-C, overseeing the health care needs of the Peace Corps volunteers in Mongolia. In this position, her supervising physician would have been located at a military base in Japan and she would have interacted with the doctor via interactive video. These innovative global medical arrangements are becoming more common and Barry PA students will be uniquely well prepared to take advantage of them.

With her interest in international medicine, Ferchak hopes to inspire her students to become creative and contributive health care professionals who will make a difference in the lives of others.

## Dr. Bradley Haves Appointed as Alumni Chapter President



**Bradley Haves, DPM with Sister Linda M. Bevilacqua, OP, PhD president, Barry University**

Bradley Haves, DPM, ('90) has been appointed to serve a three year term as President of the Barry University Podiatric Alumni Chapter. Haves appointment will be his second term as the chapter president having previously served from 1995-2000. Haves replaces Marti Solomon, DPM ('95) who served as president from 2006-2008.

“It is always a privilege for me to give back to Barry University in any capacity I can,” said Haves. “I am deeply honored to be appointed to serve as president of the podiatric alumni chapter. I hope to encourage my fellow alumni to take an active role in the alumni association,” Haves indicated.

Currently in private practice in Miami, Florida Haves has served as the president of the Dade County Podiatric Medical Society. He now holds the position as First Vice President of the Florida Podiatric Medical Association and will be installed as president in January 2009.

According to Dr. Chet Evans, vice president for medical affairs and dean of the School of Podiatric Medicine, “Dr. Haves will give his all to serve the alumni chapter for the school and the university. We are proud and pleased to have him leading our alumni chapter as president.”

Haves was previously recognized by Barry University as Alumni of the Year and has received the Dr. Marvin Steinberg Podiatric Alumni Award by the School of Podiatric Medicine for his contributions to the School and the field of podiatric medicine.

Haves, his wife Milly, and their two children reside in Weston, Florida.

## Barry Alum Earns National Service Award



**Bradley Bakotic, DPM, DO**

The Barry University School of Podiatric Medicine is pleased to announce that Bradley Bakotic, DPM, DO (DPM '92) was selected as the recipient of the Northwest Podiatric Foundation for Education and Research's National Service Award.

"During my tenure at Barry University I grew increasingly interested in pathology, more specifically, oncologic and dermatopathology. At some point I realized that as the older generation of podiatric pathologists retired, there was no one stepping up to take their place," said Bakotic.

As one of the nation's leading podiatric pathologists, Dr. Bakotic has recently launched a new company, Bako Podiatric Pathology Services, with his brother, Wayne L. Bakotic, DO, in Alpharetta, Georgia.

"For the first time in nearly thirty-five years a laboratory has been created with podiatric medical needs in mind," said Dr. Wayne Bakotic.

Dr. Bakotic received the Northwest National Service Award based for these efforts to promote podiatric medicine and surgery on a national and international level through service on national committees, presentation of lectures, and publications of scientific importance in podiatric pathology.

"It is this type of dedication to podiatric medicine which provides a powerful professional role model to our current podiatric medical students," said Dr. Chet Evans, vice president for medical affairs and dean of the Barry School of Podiatric Medicine.

## Faculty News

**Dr. Albert V. Armstrong, Jr.**, Assistant Professor, School of Podiatric Medicine, published "Synovial Sarcoma: A Case Report" in the *Clinics in Podiatric Medicine and Surgery* 25(2); 167-181, April 2008. Dr. Armstrong received a Governor's reappointment to a two year term on the Florida Advisory Council on Radiation Protection. He was appointed for a two year term as Vice President of the American College of Podiatric Radiology.

**Dr. Jacqueline Buchman**, Associate Professor of Podiatric Medicine for the School of Podiatric Medicine, became vice president of the American College of Foot and Ankle Surgeons Division Five (Florida) in January 2008. She co-presented a poster "Methicillin Resistant Staphylococcus Aureus: A Review of Virulence Factors and Antibiotic Treatments" with a case report at the American College of Foot and Ankle Surgeons Annual Meeting in Long Beach, California.

**Dr. Sanjay Sesodia**, Associate Professor of Anatomy and Neurophysiology for the School of Podiatric Medicine co-authored a presentation entitled, "The expression of the oxidative and the glycolytic capacities after skeletal muscle denervation" at the 72nd Annual Florida Academy of Sciences meeting March 12-15, 2008 at Jacksonville University, Jacksonville, Florida.

**Dr. Allen A. Smith**, Professor of Anatomy, School of Podiatric Medicine, published an article with two collaborators entitled "Mucin immunohistochemistry in the diagnosis and mapping of extramammary Paget's disease" in the online edition of the *Journal of Cellular and Molecular Medicine*, December 2007.

**Dr. Oghale Eleyae**, recent graduate from the Barry University Sports Fellowship Program, published an article entitled "Sports Medicine: Does Arch Height Affect Athletic Ability?" in *Podiatry Today*, August 2008.



## Correction

**Page 5 summer 2008 issue: (l to r) Dr. Mario Cala, Dr. Patricia Bedoya, class vice president, Dr. Chet Evans, Dr. Diana Rogers**

## Barry Podiatric Faculty Member Dispels Some Common Foot Health Myths



**Jacqueline Brill, DPM, assistant professor of podiatric medicine**

According to the American Podiatric Medical Association, three out of four Americans experience serious foot problems in their lifetimes. "From the time we spend on our feet to the shoes we wear to hereditary and medical issues, all of these can impact our feet," said Dr. Jacqueline Brill, Barry University School of Podiatric Medicine, assistant professor of surgery and practicing podiatric physician. In the search for relief, Brill said many consumers look to products with big promises. "I'm stunned sometimes by the claims," Brill said.

A popular product called Yoga Toes promises to ease tired feet and eliminate bunions. "There is nothing, not even the old bunion splints, that can change this toe deformity," Brill said. She added that using Yoga Toes would be a good way to stretch out tired feet. "They will relax the toes, which is nice at the end of a long day," Brill said. Another product called "Kinoki Foot Pads" didn't score any points with Brill. Wearing the foot pads overnight is supposed to cleanse the body of toxins. "This is patently absurd," Brill said. "The liver cleanses the body, not the skin."

Brill said consumers need to buy with a skeptical eye and should disregard some common foot-care myths. "It's a myth that shaving calluses makes them grow back faster or thicker," Brill said. "Reducing calluses, as long as you don't go too far, is actually good for your feet."

Source: WPLG-ABC Local10.com - Miami and Fort Lauderdale (FL) [8/22/08]

# RESEARCH *news*



**Kaloian G. Ouzounov, DPM**

**DR. OUZOUNOV:** Yes, they do. During their first year I teach them the Basic Research Methodology Course. In it I emphasize over and over again the simplicity and feasibility of the Case Study as the main option for publication and research on a student level.

**EDITOR:** How will you help students prepare a Case Study?

**DR. OUZOUNOV:** I will be available to both the mentoring clinical faculty and the student and will directly oversee the completion of the project. Most of my input will be editorial in nature, reflecting on the organization of the article, succinctly expressing its most salient features, and implementing specific journal editorial guidelines for article revisions and resubmissions, if necessary.

**EDITOR:** Can this result in a published article?

## Utilizing Case Studies for Research Opportunities

*Dr. Kaloian Ouzounov serves as the research director for the Barry University School of Podiatric Medicine. The editor asked Dr. Ouzounov to discuss how students can utilize case studies to get involved in research opportunities early in their podiatric medical education.*

**EDITOR:** How would students collect data for a Case Study?

**DR. OUZOUNOV:** The data for the Case Studies will come from our four clinics. Our clinical faculty would be more than happy to recommend some of their patient encounters as suitable for Case Studies. Once a faculty advice is obtained, the student will have to review the patient's chart. This includes any X-rays, path reports, lab work-ups and available clinical pictures. If the patient case is closed then the student will already have all the information. If the case is currently ongoing, the student often takes procedure photos during surgical interventions and follow-up visits in the office. After all the information is collected, the rest of the Case Study requires proper review of literature and relevant case discussion. The chart review and the clinical photos take about 2-4 weeks to complete and submit to the editorial staff of a journal. The Case Study is the most efficient and straight forward way to basic clinical research and publication.

**EDITOR:** Do 1st & 2nd year students have research subjects covered in any of their courses?

**DR. OUZOUNOV:** Absolutely yes. In fact the single case study, or serial case studies, is the bread and butter of currently published podiatric research literature. This is quite evident when one counts the number of case study articles in eminent podiatric journals such as the *Journal of Foot and Ankle Surgery*, *Foot and Ankle International*, and *Journal of the Podiatric Medical Association*. Although in the minds of the purist professional researcher and the rigorous academician the pursuit of research truth envisions Randomized Controlled Trials (RCTs), Systematic Reviews and Meta-Analyses, from the practical stand point the case study has always been the foundation of research for the single physician since the time of Hippocrates. It does take time to publish an article. Even with an exceptionally well written case study it takes on average 10 – 12 months from the date of journal submission. Therefore I encourage the students to initiate the case study process as soon as possible and before they go on externships in their 3rd and 4th years. This way they will have a publication by the time of the residency interview and maximize their competitive edge during this demanding and rigorous selection process.

**EDITOR:** Any advice for podiatric medical students who want to get involved in research?

**DR. OUZOUNOV:** As always, I extend an invitation to the podiatric medical students to contact me directly at [kouzounov@mail.barry.edu](mailto:kouzounov@mail.barry.edu) for any questions or remarks they may have.

### AAPPM Summer Boot Camp Focused on Young Members



**Barry Alumna Dr. Amber Shane (DPM '02) and Dr. Carly Robbins (L) at AAPPM Boot Camp**

The American Academy of Podiatric Practice Management (AAPPM) and the APMA Young Members' Committee (YMC) partnered for the first time to conduct a very successful practice management meeting focused on the needs of new practitioners and residents August 15 -17 at the Pittsburgh Airport Marriott. About 40% of the 160 attendees were new practitioners or residents. Commenting on the meeting, Ami Parikh, DPM, a third-year resident, said, "I have never met so many successful people who are so willing to help others by speaking and sharing information."

Barry School of Podiatric Medicine alumni, Dr. Amber Shane, (DPM '02) and Dr. Sherunda Smith, (DPM '08) presented the APMA Young Members Compensation Survey results at the Summer Residents Workshop that was held on Sunday in conjunction with the Summer Boot Camp meeting. Other practice management topics presented included building communication skills, associate contracts and partnerships, marketing plan development, financial benchmarks, five-star service, new practitioner billing and coding, DME and in-office dispensing and developing clinical protocols.

The AAPPM and YMC are now working co-operatively to make AAPPM's practice management educational programs, meetings and resources more available and affordable to APMA new practitioner members, according to YMC chair, Carly Robbins, DPM.

*Source: PM News*

## IMPORTANT DATES

### ■ OCTOBER 16, 2008

A Guide to Improving Income:  
Practice Management & Billing  
(3 CMEs) 5pm – 8:45pm  
Location: Barry Campus  
Contact: Urmala Roopnarinesingh 305-899-3255  
or visit website [www.barry.edu/podiatry/cme](http://www.barry.edu/podiatry/cme)

### ■ OCTOBER 25, 2008

Florida Required License Renewal Course  
(5 CMEs) 8am-1:45pm  
Location: Barry Campus  
Contact: Urmala Roopnarinesingh 305-899-3255

### ■ DECEMBER 1-5, 2008

Physician Assistant Primary Care Certification Review  
(39 CMEs - waiting approval from AAPA)  
8am-5.30pm  
Location: Barry Campus  
Center for Community Health and Minority Medicine  
Contact: Urmala Roopnarinesingh 305-899-3255

### ■ DECEMBER 13 & 14, 2008

PA Convocation Ceremony, Class of 2008  
Barry University, Broad Auditorium  
**Miami Shores** Campus, 12/13/08, 3:00pm-4:30pm  
Reception to follow on Quadrangle  
Contact: Valerie Williams 305-899-3964  
**St. Petersburg** College University Partnership Center  
9200 113th St. N., Seminole, FL., 12/14/08,  
3:00pm-4:30pm  
Contact: Debbie Winton 772-341-3376

### ■ JANUARY 15, 2009

School of Podiatric Medicine Alumni Reception  
at FPMA SAM Mtg., Caribe Royale, Orlando, FL.  
Contact: Rena Kizilisik (305)899-3269

### ■ MAY 20-24, 2009

Primary Podiatric Medicine, Orthopedics,  
And Surgery Comprehensive Board Review  
Regal Sun Resort in Walt Disney World Resort  
Contact: Urmala Roopnarinesingh  
(305) 899-3266 or (800) 319-FEET  
<http://www.barry.edu/medicine/CME/offerings.asp>

Who's on the Cover: Faculty and staff of the School of Podiatric Medicine and Physician Assistant program stand proudly in front of the new Center for Community Health and Minority Medicine.



**PA Gowning Session, Class of 2009 learn how to maintain a safe and sterile environment for the surgical patient in OR**

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