Sambra Zaoui, LMSW

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**Licensure/Certifications:**

* Licensed Master Social Worker, New York City, NY, Awarded 2004
* Certified Addiction Severity Index Counselor, Redwood City, CA, Awarded 1998
* Certified Substance Abuse Assessment Counselor, Redwood City, CA, Awarded 1998
* Parenting Classes : *Children’s Home Society, 1999*
* Relapse Prevention Workshop: *El Centro De Libertad, California 1998*
* Substance Abuse and Our Latin American Community: *El Centro De Libertad, California 1998*
* ***In Press****:*
  + To be published June 2016 in *Crime and Punishment in America: An Encyclopedia of Trends and Controversies in the Justice System*: The Lighthouse Effect: A therapeutic conversation about childhood sexual abuse and its relationship to commercial sexual exploitation/ human trafficking.
* ***In Process:*** 
  + Currently working on a sexual trauma curriculum specifically targeting the inmate population for Jail Solutions
  + Area of study: How survivors of childhood sexual abuse trauma bonded with their perpetrator and its relationship to continued adult exploitive intimate partner relationships and repetition compulsion.

**Presentations in the Community:2015**

* Tricked: Human trafficking film screening with expert panel Barry University
* F.E.M.A.L.E.S. : Moderated a discussion on healthy intimate partner relationships
* The Life of Freedom Center: Working with women in trauma using narrative therapy
* DCF Leadership Academy 2014-2015 *Trauma Informed Practice*

**Presentations in the Community: 2014**

* A panelist at Deliberative Dialogue, Human Trafficking at Barry University
* Provided training at Agape Women’s Rehabilitation Center: The Neurobiology of women and trauma with a special focus on childhood survivors of sexual abuse and human trafficking
* Nefarious: Human trafficking workshop Barry University
* The Life of Freedom Center: Working with women in trauma using narrative therapy
* Peace-In Workshop Barry University: Systemic Overview of Commercial Sexual Exploitation of Children
* Fund Raiser Celebrating Heroes/Sheroes at Barry University
* Systemic Overview of CSEC Survivors through a Clinical Lens: *The 11th Annual Light up the Night Conference on Child Abuse and Neglect*

**Presentations in the Community: 2013**

* Systemic Overview of Commercial Sexual Exploitation of Children(CSEC): *Reclaiming Community from a Culture of Violence Barry University*
* Systemic Overview of CSEC Survivors through a Clinical Lens: *The 10th Annual Light up the Night Conference on Child Abuse and Neglect*
* Systemic Overview of CSEC Survivors through a Clinical Lens: *PATHS 2013 Conference*
* Addressing Treatment Needs of Families Challenged with Substance Misuse from a Family Systems & Motivational Interviewing Perspective: *PATHS 2013 Conference*
* Systemic Overview of Commercial Sexual Exploitation of Children: *FIU Colloquium*

*Non-Traditional Security Threats*

* NARRATIVE IDEAS with Women and Trauma: *Lotus House*
* Lotus House: A CBT approach working with Women and Trauma workshop
* The Life of Freedom Center: Crossing The Jordan: *A Women’s Survivor Group*

**Presentations in the Community: 2012**

* Addressing Treatment Needs of Families Challenged with Substance Misuse from a Family Systems Perspective: *The 9th Annual Light up the Night Conference on Child Abuse and Neglect*
* Fundamental Engaging Skills: *The Life of Freedom (Human Trafficking Resource Center)*
* Trauma Focused Narrative Therapy: *The Life of Freedom (Human Trafficking Resource Center)*
* How to Explore Narratives from a Narrative Therapy Approach: *Barry University*
* Identifying Signs of Sexual Abuse: *EAB’s School of Education, Barry University*
* Core Performance Standards for the new BSW students: *School of Social Work, Barry University*

**Continued Community Engagement:**

* Advisory board member to *The Life of Freedom Center*, a human trafficking resource and service provider where I also serve as a clinical consultant, field educator, trainer to the community
* Recently assigned as the *clinical coordinator* for the Hawthorne Center (the safe house for CSEC/DMST)

**Community Outreach: 2014**

* One Billion Rising Revolution, 2014

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* The Life of Freedom (LOF)educating our community about human trafficking: Ultra Dance Festival Outreach
* The Life of Freedom (LOF): Motel Outreach for human trafficking victims

**Community Outreach: 2012**

* Kristy House Project GOLD (Girls Owning Their Own Lives and Dreams): Street Outreach for human trafficking victims
* The Life of Freedom (LOF): Motel Outreach for human trafficking victims

**Continuing Education/Certificates**

* Rapid Trauma Resolution w/Dr. Jon Connolly
* Frontiers of Trauma w/ Bessel van der Kolk, Cape Cod, Mass 2014
* Evolutionary Healing Center, Miami, Florida 2013
* Working with Transgender & LGBTQ community, 2013
* Evolutionary Healing Unified Therapy Treatment: A Break Through Re-regulation Therapy(unifying the body and mind)

Coral Gables, Florida 2012

* Certified in working with and presenting on Commercially Sexually Exploited Children(CSEC )

Miami, Florida 2012

* Certified Outreach worker with CSEC population

Miami, Florida-2012

* Attachment Difficulties, Childhood Trauma, and Reactive Attachment Disorder

University of Miami- 2011

* Treating Adolescents and Families: Ackerman Institute for Families

New York City, NY 2011

* Depression and Women: New Alternatives for Children(Dr. Mar)

New York City, NY 2003

* Substance Abuse and The Family-A Systems Approach: Ackerman Institute for Families(Sari Kutch, LCSW)

New York City, NY 2003

* Sexual Abuse and Women: New Alternatives for Children(Fiona True, LCSW)

New York City, NY

* Foster Care/Adoption: Integration of the blended Family(Catherine Lewis, LCSW)

New York City, NY

* Understanding Domestic Violence : Children’s Home Society(Joan S. Farr, LMFT & Robert Kelley, LCSW)

Teaching Experience

Courses Taught at *Undergraduate* Level

Barry University

* Human Behavior and Social Environment I
* Personal, Social, and Cultural Influences on Helping
* Practice I
* Practice II
* Practice III

Courses Taught at *Graduate* Level

Barry University

* Trauma & Resilience
* Human Behavior and Social Environment I
* Practice I
* Practice II
* Advanced Practice with Individuals
* Advanced Practice with Families
* Social Work Practice with Addictions
* Social Work Practice with Women
* Professional Seminar

Professional Experience

***Private Practice Miami Beach, Florida 2013-present*** : Clinical Private Practice: provide individual, couple, family therapy as well as conduct a women’s survivor group (*Crossing the Jordan: Where Women Heal)with a special focus on survivors of sex trafficking, CSE and CSA*

***The Life Of Freedom Center(Human Trafficking Resource Center) 2013-present***

***Educational Consultant***, ***Clinical Consultant to Mentors, Counselors and interns; Therapist to survivors of commercial sexual exploitation/human trafficking***

Review modules and curriculums used in presentations

Meet with mentors/counselors/ for clinical consultation

Supervise interns weekly

Develop workshops highlighting The Systemic Overview of Commercial Sexual Exploitation of Children

Weekly therapy sessions with survivors of CSA, CSE and sex trafficking

***Full-Time Instructor, Barry University, Miami, FL 09/2010-present***

Teach across the curriculum: Undergraduate, Graduate and Advanced Standing level in the areas of Advanced Practice with Individuals & Families, Trauma and Resiliency Course, as well as Social Work (SW) and Women; SW and Addictions; Professional Seminar, and Self-Awareness “Helping Course”

***Contributions to the School of Social Work***

* My continued professional education in trauma work as well as my private practice experience
* Understanding of the mind and body connection and it’s direct relationship to person in environment( a social work perspective)
* Engaged in bi-weekly curriculum development groups for the foundation,

advanced standing, concentration and undergraduate course work

* Demonstrated outstanding teaching methodology as evidenced by repeated

positive evaluations

* Developed excellent rapport with students and mentees, known among the

staff and students as “student centered”

* Led students in community organized activities, such as Stop Child

trafficking walks, Project Gold workshops, street outreach and LOF presentations

* Developed a professional development workshop for the community and mental health professionals when working with families who are challenged with substance misuse through and family systems lens
* Developed a professional development workshops for the community and mental health professionals when working with women and trauma through a Narrative Approach
* Educate the mental health community through workshops on how to assess for commercial sexual exploitation of children/ sex trafficking and how to address trauma bonds

***Academic Advisor, Barry University, Miami, FL 09/2010-present***

* Responsible for advising 30-40 undergraduate students each academic semester.
* Ensure students' courses/credits are congruent with proposed date of graduation
* Aware of emotional and environmental homeostasis of each student
* Ensure that all students are registered by specific due date
* Monitor Academic Progress: Ensure all students are meeting undergraduate standards

***Adjunct Instructor, Barry University, Miami, FL 9/2009-09/2010***

Taught at the Undergraduate, Graduate and Advanced Standing Level

***Contributions:***

* Direct Practice I, II, III, Advanced Practice with Individuals and Families; Professional Seminar, and Human Behavior and Social Environment I, Self-Awareness-The “Helping” course

***LIFE WORKS FAMILY CENTER, PLANTATION FL 4/2008-10/2008***

Family, Individual, Group and Play Therapist:

***Contributions***

* Led a weekly women's group addressing: domestic violence; shame; family of origin; co-dependent relationships; addiction; parenting; childhood sexual abuse and destructive behaviors/ self-defeating choices; stigmatization, gender roles and self in environment (workplace, political, socio-economical)
* Weekly play therapy sessions with adolescents
* Weekly family and couple therapy sessions
* Weekly Individual therapy session with weekly documentation

***Private Practice, NYC/Miami 9/2004-6/2005***

Part-Time Clinical Private Practice: provided sessions to individuals, couples, and families

***TIMES SQUARE CHURCH NYC, NEW YORK 12/2003-9/2004***

Faith-Based Therapist

***Contributions:***

* Conducted weekly faith based individual counseling sessions
* Monthly Women’s Group: Faith in Culture

***NEW ALTERNATIVES FOR CHILDREN NYC, NEW YORK 8/2002-9/2004***

Bilingual Individual and Family Therapist/ Group facilitator

***Contributions:***

* Maintained a caseload of 15 families
* Conducted weekly individual sessions with adults and adolescence
* Led weekly family sessions as well as monthly caseload groups
* Lead an all women's substance abuse prevention group as well as an all male substance abuse prevention group
* Led workshops on the relationship between childhood sexual abuse and addiction
* Conducted weekly marital therapy sessions
* Prepared treatment plans and service documentation
* Assisted in supervising students

***MIAMI BEHAVIORAL HEALTH CENTER MIAMI, FL 7/2001-7/2002***

Therapist and Family Therapist

***Contributions:***

* Assessed clients by conducting admission interviews and bio-psychosocials
* Maintained a caseload of 20 individual clients (children and adults) which included weekly individual and family sessions

* Coordinated multi-disciplinary staffing
* Acted as an advocate for clients during court hearings, i.e., therapist reported on behalf of clients' mental health status
* Prepared treatment plans and service documentation
* Networked with other agencies to provide referrals

***CHILDREN'S HOME SOCIETY MIAMI, FL 8/99-1/2001 & 12/96-8/98***

Case Manager Worker/Counselor & Court Liaison

***Contributions:***

* Identified and assessed client's needs
* Facilitated the mental and physical stability of each child and family members
* Counseled clients dealing with substance abuse, and survivors of sexual abuse
* Prepared monthly updates on behalf of the children and families and acted as a voice for the clients during court hearings
* Prepared treatment plans and service documentation
* Coordinated multi disciplinary staffing to develop realistic goals for each client

***EL CENTRO DE LIBERTAD (THE FREEDOM CENTER) REDWOOD CITY, CALIFORNIA 8/98-7/99***

Drug and Alcohol Therapist/ Group Facilitator/ Latino Outreach Coordinator

***Contributions:***

* Assessed clients level of addiction by utilizing the addiction severity index
* Counseled clients implementing the motivational interviewing approach and the 12 step model
* Maintained a case load of 18 clients which included weekly individual sessions
* Led two gender specific groups addressing drug and alcohol issues, co-dependency, domestic violence, inner child work and self awareness
* Led the Latino outreach program
* Led an all male Latino group addressing drug and alcohol issues, acculturation, and stigmatization in culture
* Maintained a strong rapport with probation and parole officers as well as Children Protective Services on behalf of the clients

Accomplishments:

LICENSED CLINICAL SOCIAL WORKER: LICENSED EXAM PASSED 2015

CERTIFIED SOCIAL WORKER OF NEW YORK STATE: LICENSE EXAM PASSED ON 2004

BARRY UNIVERSITY: MASTER'S OF ARTS IN SOCIAL WORK 8/2001

FLORIDA INTERNATIONAL UNIVERSITY: BACHELOR'S OF ARTS IN SOCIAL WORK 12/96