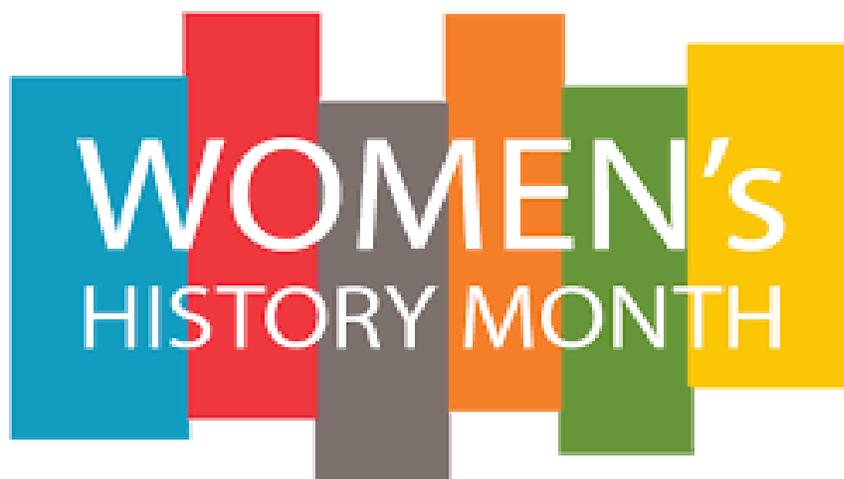


GASP NEWSLETTER!



Upcoming Events

March 1-31st:
Women's History
Month

March 17th :
St. Patrick's Day
March 20th : Barry
Drive-In Tour 10:00 -
12:00 p.m.

Women's History Month is a celebration of women's contribution to history, culture, society, and has been recognized since 1987 in the United States, and it has spread internationally as well. The commemoration began in Sonoma County, California, and was championed by Gerda Lerner and the National Women's History Alliance. Women have continuously fought for their rightful place in the world. We must honor those women before us that have granted us new opportunities to succeed.



Girls Run The World!

Melanie Jordan



This Newsletter will provide you with different perspectives from the two of your fellow second years. This includes their experience of the virtual life in school and their practicum sites. Also, to inform you with the latest upcoming events. Remember to wear green on St. Patty's day! If you would like to share your comments, questions, concerns, or suggestions, we would love to hear from you! 😊

Practicum Experience

North Miami Foundation

Selena Minota

As I write this reflection about my experience with practicum, I think about how thankful I am for having the opportunity to work doing something that I love. During my undergraduate years, I always wondered how it would feel to be working for the practicum. After I was accepted into Barry, I read the curriculum, questioned myself, and thought if I was ready for it. Time goes by so fast, and I suddenly realized that it was already my turn to experience it. From the beginning, I stated that I did not have any preference regarding the type of population I would like to work with. I felt that since I really do not have any experience at all, I might as well be open to any site, as long as I can learn and grow doing what I have studied for.

I must admit that when I was assigned to North Miami Foundation, I was anxious and excited, but mostly anxious. Unfortunately, face-to-face psychotherapy is not possible due to our current pandemic, which means I will miss some of the behavioral observations that may be seen during a face-to-face session. Nevertheless, I have found that working with the older population takes particular insight, compassion, and emotional support. During my short time at practicum, I realized that I am constantly taken out of my comfort zone, which is good for me because it lets me know that I am growing intellectually as a person, and most importantly, as a therapist. I understand that this is just the beginning, and I still have a long way to go. However, for now, I am grateful for all our professors who are always guiding and supervising us throughout this process.

What We Believe

The mission of the North Miami Foundation For Senior Citizens' Services, Inc. is to maximize the opportunities for the elderly of Northeast Miami-Dade County to maintain their personal independence and to enhance their quality of life by providing a broad array of social services.



Practicum Experience

Neuro Science Center

Erica Ackerman

When I began my second year in Barry Universities clinical psychology master's program, I had no prior clinical experience. As unnerving as this was, I was prepared to apply the knowledge that I had gained throughout my first year in the program and apply it to one of the various practicum sites that Barry has to offer. Of course, acquiring knowledge on a given topic is far different than applying such knowledge in a clinical setting. However, I decided to remain confident in the fact that Barry's clinical psychology master's program is structured in a way so that you are given all of the tools that you need to succeed at your practicum site. Now that I have been a training psychology student at my site for a few months, I can confidently say that I was adequately prepared to engage with patients in a clinical setting.

Furthermore, my practicum site has provided me with an enriching learning environment that serves as great motivation. What I have learned most from this experience is that it is okay to be overwhelmed or nervous, this is completely normal. You are not expected to know everything, but you are expected to gain knowledge and put the effort in. It is imperative to remain confident in yourself and know that you are exactly where you are supposed to be. As I reflect on my first few months at my practicum site, I begin to realize just how far I have come in such a short amount of time in terms of interacting with other professionals, navigating a clinical setting, and managing my time. I am excited to continue gaining insight and experience at my practicum site and above all else, grow as a clinician.



The shoe that fits one person pinches another; there is no recipe for living that suits all cases.

- Carl Jung



GO BARRY BUCS!!!

If you are a sports fan, you can tune in to watch live any sports game by simply going to gobarrybucs.com. There are several upcoming games for Men's/Women's Tennis, Men's/Women's Soccer, Men's/Women's Golf, Baseball, Softball, and Men's/Women's Basketball.

Here are some of the few dates!

March 6th : Men's and Women's Basketball vs. Tampa @ 4:00 p.m.

Women's Tennis vs Embry-Riddle @ 2:00 p.m.

March 7th : Softball and Baseball vs. St. Leo @ 2:00 p.m.

March 10th : Men's Basketball vs. Palm Beach Atlantic @ 5:00 p.m.

Women's Basketball vs. Pam Beach Atlantic @ 6:00 p.m.

Baseball vs. Nova Southeastern @ 6:00 p.m.

March 13th : Men's Tennis vs. Embry-Riddle @ 2:00 p.m.

March 15th : Men's Golf at Southeastern Collegiate @ 8:00 a.m.

Women's Golf at Peggy Kirk Bell Invitational @ 8:00 a.m.

March 21st : Men's Tennis vs Palm Beach Atlantic @ 1:00 p.m.





Saturday, March 20th 2021 DRIVE-IN TOUR

Barry University has made adjustments with the current pandemic and now offer a drive-in tour of our beautiful campus!

You will have an opportunity to experience what life is like as a Barry Buccaneer from the comfort of your car through a self-guided campus tour.

Come receive a free Barry swag bag, meet staff and current students, and learn about what Barry has to offer.

You can visit this link for more detailed information:

<https://www.barry.edu/drive-in-tour/>



<https://www.youtube.com/watch?v=datUxsVTokU>

RESERVE YOUR SPOT!!!