Jennifer L. Williams, PhD, LCSW

# Education

Ph.D. *Barry University,* Miami Shores, FL

Social Work

May, 2016

MSW *Barry University,* Miami Shores, FL

Clinical Social Work

May, 1998

BSW *University of Central Florida,* Orlando, FL

Social Work

May, 1997

Continuing Education/Certificates

**Mindfulness-Based Stress Reduction (MBSR) Level 1, September 2018**

AHAM Education, Ft. Lauderdale, FL

**EMDR Basic Course for Mental Health Professionals, January 2018**

Insight Counseling and Education, Boca Raton, FL

**Doctoral Symposium: An Intellectual Discourse for Students Conducting Advanced Research, April, 2017**

Barry University School of Social Work, Miami Shores, FL

**How the Body Releases Trauma and Restores Goodness, October 2016**

Peter Levine, PhD, Stockbridge , MA

**Mindful Educator Essentials, August 2016**

Mindful Schools

**Mindfulness Fundamentals, July 2016**

Cheryl Slean, Mindful Schools

**Certified Clinical Trauma Professional, May 2016**

J. Eric Gentry, PhD, LMHC, International Association of Trauma Professionals, Miami Shores, Florida

**Resolving Sexual Trauma, May 2015**

Jon Connelly, Ph.D., LCSW, The Institute for Rapid Resolution Therapy, Davie, Florida

**Integrating Neuroscience, Attachment Theory and Mindfulness in Your Clinical Practice: An Effective Approach to Improve Therapy Outcomes, January 2014**

Terry Fralich, LCPC, PESI, Ft. Lauderdale, Florida

**Compassion Fatigue Prevention & Resiliency: Fitness for the Frontline, April 2013**

J. Eric Gentry, Ph.D., LMHC, CMI Premier EducationSolutions

**Interpersonal Neurobiology Conference: How People Change, March 2013**

Lifespan Learning Institute, UCLA, Los Angeles, California

**Clinical Implications and Applications of the Adult Attachment Interview, October 2012**

Daniel Siegel, MD, CMI Premier Education Solutions

**Clinical Implications and Applications of Neuroplasticity, October 2012**

Daniel Siegel, MD, CMI Premier Education Solutions

**Neural Integration and Psychotherapy, October 2012**

Daniel Siegel, MD, CMI Premier Education Solutions

**Memory: Neural Substrates of Memory, Developing, Adult, and Aging Brain, September 2012**

David Diamond, PhD, West Palm Beach, Florida

**Addressing Religion and Spirituality in Psychotherapy, August 2012**

Edward Shafranske, PhD, Siang-Yang Tan, PhD, American Psychological Association, Orlando, FL

**How Therapy Changes the Brain: The Neuroscience of Psychotherapy, July 2012**

Louis Cozolino, PhD, CMI Premier Education Solutions

**Neuroscience for Psychotherapists: Brain Training for Effective Treatment, June 2012**

Jonathan Jordan, LCSW, CMI Premier Education Solutions

**Building Resilience: The Mind Body Revolution in Health and Healing, March 2012**

Harvard Medical School, Benson-Henry Institute for Mind Body Medicine, Boston, Massachusetts

**Hypnosis Training, 2010**

Omni Hypnosis Training Center, Fort Lauderdale, Florida

**Disaster & Extreme Event Preparedness, 2009**

Miami Shores, Florida

**Mindfulness Therapy through Meditation, 2007**

Coral Gables, Florida

**Energy Medicine, 2007**

Lynne McTaggert, William Tiller, PhD, Joyce Hawkes, PhD, Julie Motz, Rhinebeck, New York

**Brief Therapy MRI Style, 2006**

Richard Fisch, MD, Barbara Anger-Diaz, PhD, Katharina Anger, PhD, Miami Shores, Florida

**Hypnosis and Regression Therapy, 2005**

Weiss Institute, Austin, Texas

**Field Instructor Training, 2004**

Florida International University, Miami, Florida

Academic Positions

**Barry University, Miami Shores, Florida**

Assistant Professor, School of Social Work (July 2018 – present)

**Barry University, Miami Shores, Florida**

Undergraduate Program Director, School of Social Work (August 2008 – September

2018)

**Florida International University, Miami, Florida**

Instructor, School of Social Work (January 2004 – August 2008)

Coordinator of Student Services, School of Social Work (August 2003 – August 2008)

Professional Experience

**Private Practice, Pembroke Pines, Florida**

Qualified Supervisor (October 2007 – Present)

Clinical Social Worker (October 2006 – Present)

**Preferred Providers Coalition, Longwood, Florida**

Affiliate Therapist (January 2009 – January 2011)

**PsychSolutions, Inc., Coral Gables, Florida**

Program Manager (April 2002 – June 2003)

Clinical Staffing Coordinator (June 2001 – April 2002)

Therapist (April 2001 – June 2001)

**Devereux Therapeutic Foster Care, Miami, Florida**

MAPP Trainer (October 1998 – April 2001)

Primary Therapist (February 1998 – April 2001)

Professional Memberships

Council on Social Work Education (CSWE)

Global Association for Interpersonal Neurobiology Studies (GAINS)

National Association of Social Workers, Florida Chapter (NASW)

Community Service

**American Red Cross, Armed Forces Division, Southeast and the Caribbean Division**

Resiliency Facilitator of Mind & Body Workshops, Child Reconnection Workshops, and

Adult Reconnection Workshops for active duty, guard, reserve and military family

Members (September 2018 – Present)

**Mindfulness Children’s Group (ages 7-10), Miramar, Florida**

Group leader and facilitator (August 2016 – Present)

**Dolphin Bay Elementary School, Miramar, Florida**

Parent Teacher Association Board Member, Recording Secretary (June 2016 – Present)

Parent Teacher Association Board Member, Website Co-Administrator

(August 2015 – June 2016)

Parent Teacher Association Member (August 2014 – Present)

**Barry University Wellness Initiative Network, Miami Shores, Florida**

Teach meditation and stress reduction techniques to faculty, staff, and students (August 2010 – Present)

**Barry University Nourish International, Miami Shores, Florida**

Faculty Advisor (August 2014 – May 2017)

**Barry University Student Social Work Association, Miami Shores, Florida**

Faculty Advisor (August 2008 – August 2017)

Licensure and Professional Regulation

*Licensed Clinical Social Worker*, 2005, Florida

*Qualified Clinical Supervisor for Licensure, 2007,* Florida Department of Health

Professional Presentations

**Papers Presented**

Williams, J. (2017, January). *Understanding the impact of access to high speed connectivity among*

*vulnerable and marginalized populations*. Paper presented to steering committee for the Governor of Alabama as part of the Telecommunications Infrastructure Study, Montgomery, AL.

Levenson, J., **Williams, J**., & Feldman, D. (2015, March). *Adverse childhood experiences,*

*criminality, and trauma-informed practices*. Paper presented at the annual meeting of the Academy of Criminal Justice Sciences, Orlando, FL.

Williams, J., Feldman, D., & Whelley, J. (2014, October). *CAM: Critical component in*

*advancing 21st century social work education*. Paper presented at the Council on Social Work Education (CSWE) Annual Program Meeting, Tampa, FL.

Williams, J., & Whelley, J. (2013, October). *Enhancing BIOpsychosocial competency: The brain*

*behavior connection in social work curricula*. Paper presented at the Council on Social Work Education (CSWE) Annual Program Meeting, Dallas, TX.

**Peer-Reviewed Presentations at Professional Conferences**

Williams, J. (2016, September). *Utilizing Mindfulness Approaches to Reduce the Consequences of Toxic Stress and Enhance Resiliency with Children That Have Experienced Adversity*. Children’s Bureau’s 20th National Conference on Child Abuse and Neglect, Washington, DC.

Tucker, E., & **Williams, J.** (2015, October). *Mindfulness and the Implicit Curriculum: Teaching Strategies for Self-Care.* Council on Social Work Education (CSWE) Annual Program Meeting, Denver, CO.

Scott, C., Teahan, M., Ingram-Herring, & **Williams, J.** (2015, October). *Actualizing New Generation of Social Workers: Exploring High School Service Learning Programs*. Council on Social Work Education (CSWE) Annual Program Meeting, Denver, CO.

Pacirski, D., **Williams, J.,** & Tucker, E. (2014, June). *Where East Meets West: Integrating Creative Mindfulness into Personal and Professional Practice*. National Association of Social Workers (NASW) Florida Chapter Annual Conference, Weston, FL.

Williams, J. & Feldman, D. (2014, June). *Applying Elements of Neurobiology to Psychotherapy in Clinical Social Work Practice*. National Association of Social Workers (NASW) Florida Chapter Annual Conference, Weston, FL.

Williams, J. & Feldman, D. (2013, June). *Understanding and Integrating Neuroplasticity into Clinical Practice.* National Association of Social Workers (NASW) Florida Chapter Annual Conference, Orlando, FL.

Williams, J. (2012, June)*. Journeying With Your Client: An Introduction to Regression Therapy.* National Association of Social Workers (NASW) Florida Chapter Annual Conference, Ft. Lauderdale, FL.

**Invited Presentations**

Williams, J. (2019, January). *Mindfulness as a Trauma Informed Approach and Trauma Specific Intervention.* Trauma-informed Care Certificate Program. Barry University, Miami Shores, FL

Williams, J. (2019, January). *Self-Care for Helping Professionals*. Professional Development

Series. Barry University, Miami Shores, FL

Williams, J., Zaoui, S., & Naranjo, F. (2018, September). *Theory, Power, and Practice of Social*

*Work.* Barry University, Miami Shores, FL

Williams, J. (2018, September). *Self-Care for Helping Professionals*. Professional Development

Series. Barry University, Miami Shores, FL

Williams, J. (2018, June). *Utilizing mindfulness as a self-regulatory practice for professionals in the*

*helping professions.* College of Nursing and Health Sciences High School Camp, Barry

University, Miami Shores, FL

Williams, J. (2018, May). *Stress management and resiliency.* Florida State Association of Supervisors

of Elections 2018 Annual Summer Conference, Ft. Lauderdale, FL

Williams, J. (2018, March) *Adapting to stress: understanding the neurobiology of resilience in children.* Keynote Speaker for the Global Social Welfare Virtual Conference 2018. Miami, FL

Williams, J. (2017, June). *Mindfulness practice.* The U.S. Department of Veterans Affairs LGBT Veteran Summit, Sunrise, FL

Williams, J., & Tucker, E. (2017, March). *Mindfulness healing for sexual trauma.*

Trauma Grief Mindfulness Professional Development for Miami-Dade County Public Schools,

Miami Shores, FL

Williams, J. (2017, January. *Mindfulness Practice and YOU*. Professional Development

Workshopfor the School of Social Work. Barry University. Miami Shores, FL

Williams, J. (2016, July). *Mindfulness Practice with youth.* The Neighborhood Technical

Assistance Program. Miami Shores, FL.

Williams, J. (2016, May). *Mindfulness Practice in Behavioral Health.* The Behavioral Health

Conference: Building Healthier Communities.

Williams, J. (2016, January). *Mindfulness Techniques to Promote Resiliency in the School*

*Setting*. Broward County Public School Social Workers and Family Therapists. Hollywood, FL.

Williams, J. (2015, April). *The Mind-Body: The Connection and Wellness*. Leukemia & Lymphoma Society of South Florida, Ft. Lauderdale, FL.

Williams, J. & Feldman, D. (2014, October). *The Promise and Peril of Personalized Medicine: Epigenetics, Neuroplasticity, and Mental Health Care.* Barry University’s Mini-Conference, Miami Shores, FL.

Williams, J. & Tucker, E. (2014, October) *Promoting Self-Regulation and Wellness.* Department of Children and Families Leadership Academy, Miami Shores, FL.

Williams, J. (2014, February) *Stress Reduction and Relaxation Workshop.* Barry University’s Wellness Initiative Network, Miami Shores, FL.

Williams, J. (2013, May). *Self-Care for Helping Professionals*. Miami Area Geriatric Education Center (MAGEC) Social Work Intensive, Miami Shores, FL.

Williams, J. (2013, February) *The Healthy Mind Platter.* Wellness Initiative Network’s Annual Wellness Day, Miami Shores, FL.

Williams, J. Feldman, D. (2013, January). *Understanding and Integrating Neuroplasticity into Clinical Practice*. Barry University’s School of Social Work, Professional Development Seminar, Miami Shores, FL.

Teaching Experience

**Courses Taught at Undergraduate Level**

Barry University

* Introduction to Social Work
* Personal, Social, and Cultural Influences on Helping
* Social Work and Spirituality

Florida International University

* Mental Health Services for Children & Adolescents in Child Welfare
* Methods of Social Work Practice I: Individuals
* Methods of Social Work Practice II: Families, Groups
* Self-Awareness and Self-Modification in the Helping Professions

**Courses Taught at Graduate Level**

Barry University

* Advanced Clinical Social Work Practice with Families
* Advanced Clinical Social Work Practice with Groups
* Advanced Clinical Social Work Practice with Individuals
* Introduction to Trauma and Resilience
* Mind-Body Connection: The Neurobiology of Clinical Practice
* Psychopathology
* Social Work and Spirituality

Florida International University

* Clinical Practicum III Seminar

**Courses Taught to Field Instructors**

* Field Instructor Clinical Supervision Training: Integration of Theory and Practice

**Post-Master’s Certificate Program**

* Post-Master’s Certificate in Mindfulness and Therapeutic Practice

Course Development

Williams, J. (In progress). Trauma-Informed Interventions: Non-

Talk Therapies. DSW Curriculum, Barry University, School of Social Work.

Williams, J. (2018). Neurobiology of Trauma and Resilience. DSW Curriculum, Barry

University, School of Social Work.

Williams, J. (2015) Mind Body Connection: The Neurobiology of Clinical

Practice. Graduate Multi-disciplinary Elective, Barry University, School of Social Work.

Williams, J. & Tucker, E. (2015). Post-Master’s Certificate in Mindfulness and Therapeutic

Practice. Post-Master’s Certificate, Barry University, School of Social Work

Rosenwald, M. & **Williams, J.** (2014) Service Learning and Social Work Practice. Undergraduate Elective, Barry University, School of Social Work.

Program Development/External funding

Title: Fostering Success Training Program

Role: Primary Investigator

Funding Source: The Florida State Department of Children and Families

Project Dates: 06/17/17 – 06/30/17

Amount: $33,626.00

Title: Post-Master’s Certificate in Mindfulness and Therapeutic Practice

Role: Co-Instructor (Edmon Tucker)

Funding Source: Individual Master’s Level Clinicians

Project Dates: 02/17/17, 02/18/17; 02/24/17; 02/25/17

Amount: $6,545

Title: Post-Master’s Certificate in Mindfulness and Therapeutic Practice

Role: Co-Instructor (Edmon Tucker)

Funding Source: Individual Master’s Level Clinicians

Project Dates: 02/19/16, 02/20/16; 02/26/16; 02/27/16

Amount: $6,490

Title: Post-Master’s Certificate in Mindfulness and Therapeutic Practice

Role: Co-Instructor (Edmon Tucker)

Funding Source: Individual Master’s Level Clinicians

Project Dates: 02/20/15, 02/21/15; 02/27/15; 02/28/15

Amount: $6,545